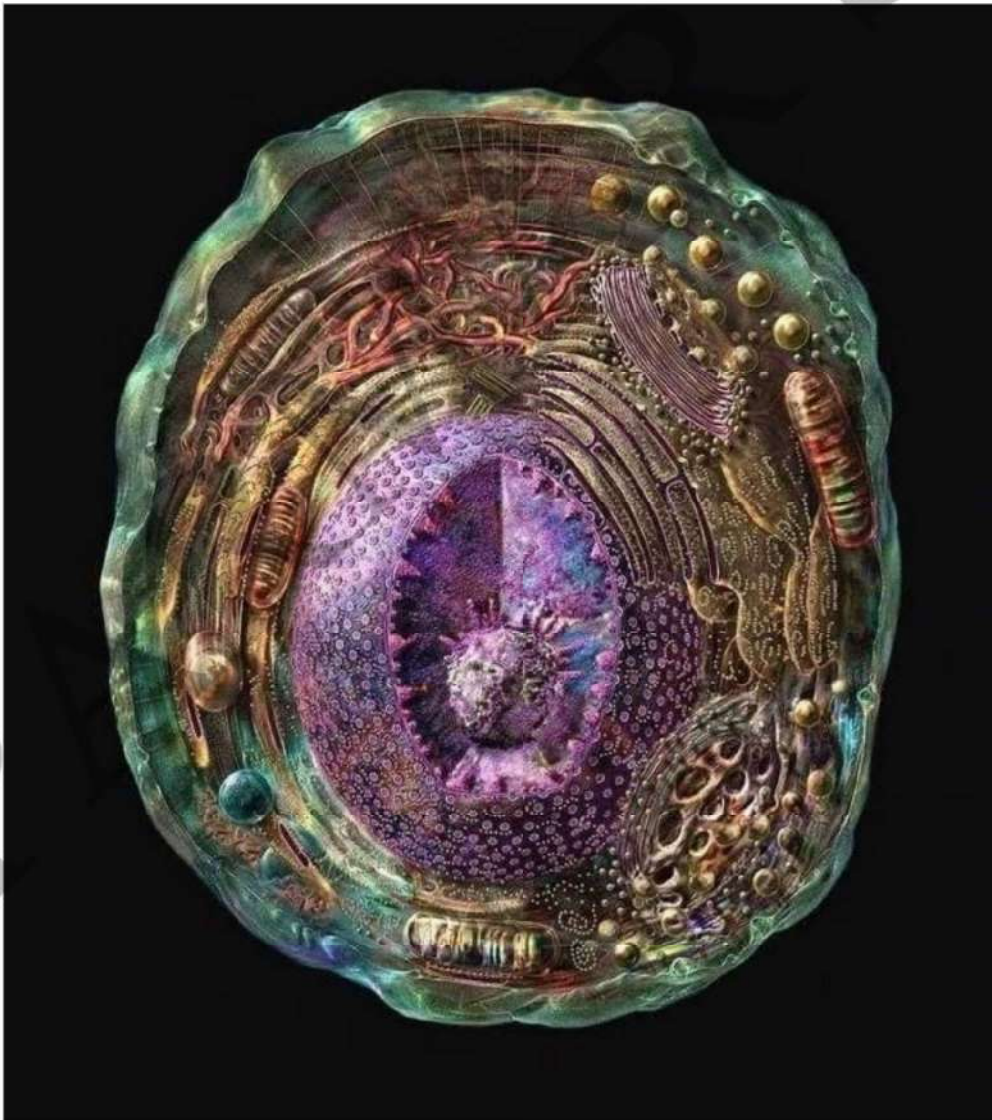


The Cell

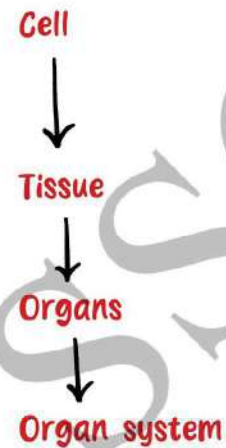


Cell Definition

- building blocks of life
- fundamental unit of life
- structural or functional basis of life

Cell Study → is called cytology

Cyto: Cell
Logy: Study



Cell Discovery

- First discovery by: Robert Hooke (1665)
- Observed in cork
- Cork is obtained from bark of tree

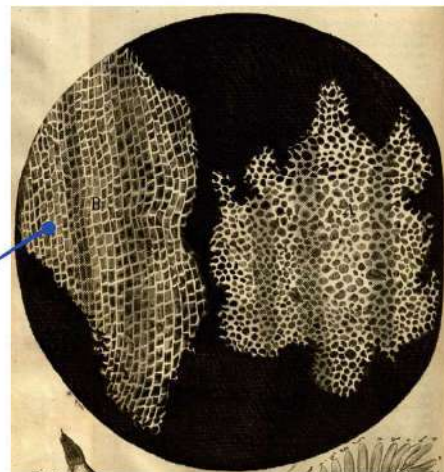


Dead cell



Cork Cell

Father of
cytology



Honeycomb shape
(with compartments)

- The word "cell" comes from a Latin word "cellula", which means "small rooms"

Some other discoveries

- Antonie van Leeuwenhoek (1674) — Free living cells in water (Father of modern cytology)
- Robert Brown (1831) — Nuclues
- Purkinje (1839) — named Protoplasm

in pond water

Cell Theory

- "All the plants and animals are composed of cells"
- "Basic unit of life"

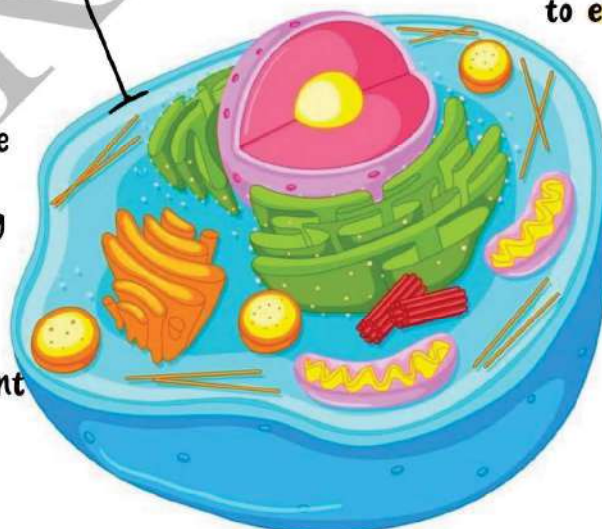
Given by: Schleiden and Schwan (1838)

Rudolf Virchow later published his famous Cell Theory "omnis cellula e cellula" in 1855

New cells are formed from the pre-existing cells

Parts of Cell

- Cell membrane
- **Protects the cell: bodyguard**
- Thin, elastic, flexible
- Living
- Outer most covering
- Provides definite shape and holds content of cell
- Present in both plant and animal cell



Also Longest cell

- Largest cell in male: Neuron
- Smallest cell in women: RBC

- Largest cell: Ostrich's egg
- Smallest cell: Mycoplasma (bacteria)
- Largest cell in human (female): Ovum
- Smallest cell in human (male): Sperm

Sex cells

Other characteristics:

- **Selectively permeable** (only allows some materials)
- **Proteins+lipids** (composition)
- Flexibility enables the cell to engulf food (Food and other materials from external environment)

Movements across Cell Membrane

• Diffusion

- Spontaneous movement of molecules from high to lower concentration

Rate of Diffusion → mixing

Gases > liquids > solids

ex: Agarbatti smell diffusion,
ions/molecules – CO_2 , O_2

- due to cellular activities, CO_2 production takes place

Conc. of CO_2 inside cell > Conc. of CO_2 in external environment

CO_2 leaves cell through diffusion

The concentration of water is always a factor in Osmosis

Osmosis: Movement from high to low Concentration (of water) but through a semipermeable membrane

Solution = Solute + Solvent

Hypertonic

Solute > Solvent

Hypotonic

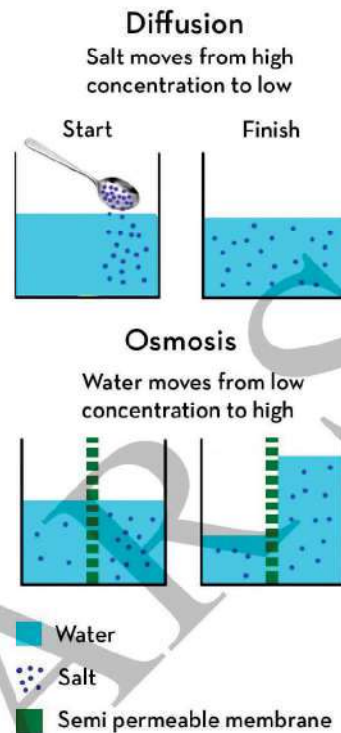
Solute < Solvent

Isotonic

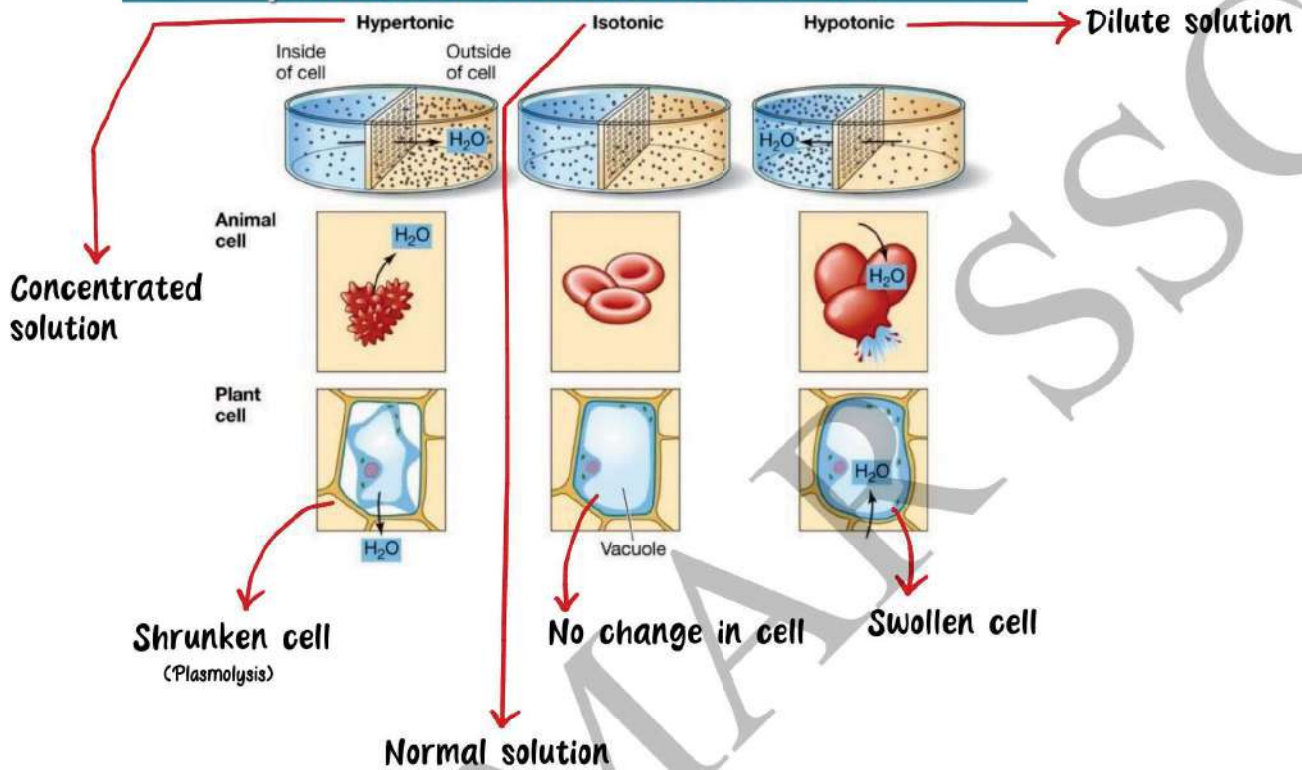
Solute = Solvent

cell absorbs water through osmosis, no energy is required and lasts upto equilibrium state

→ Active Transport/Reverse Osmosis: Movement of molecules across a cell membrane from a region of low concentration to high concentration. It requires cellular energy



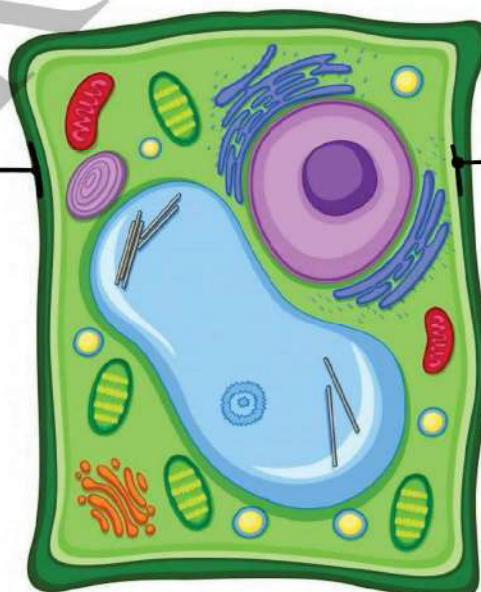
Summary: What happens to cells when placed in a solution which is :



* **Turgor pressure:** Causes enlargement and extension growth of cells

• Cell wall

- Only present in plants /bacteria/fungus/algae
- Non-living
- Freely permeable
- Determines shape
- Made up of cellulose
- Provides strength and turgidity to cells



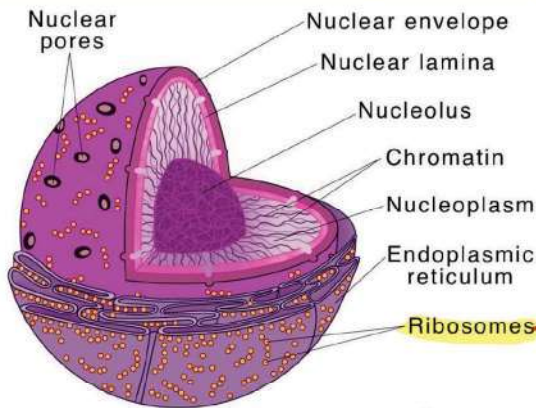
Cell membrane

- **bacteria cell wall** made of: Peptin/peptidoglycan
- **Fungi:** Chitin
- **Plant:** Cellulose
- **Algae:** Cellulose/pectin

• Glycocalyx

A surface layer (slime layer) that covers the cel membrane in bacteria

Nucleus



- cellular component of cell
- Centrally located
- Large in size
- Largest cell structure

involved in formation of proteins

- Nucleus is known as "Brain of the Cell", it controls the activities of different cell organelles
- Discovered by: Robert Brown

Components of Nucleus

Nuclear envelope

- Composed of membranes
- Covers Nucleus
- Separates nucleus from cytoplasm
- Permits materials between nucleoplasm and cytoplasm

Nucleoplasm

- Liquid ground substance of nuclear envelope

Types:

Nucleolus

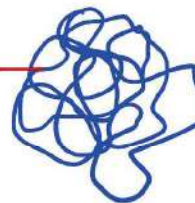
- One/more in numbers
- Form protein forming centers: Ribosomes

Chromatin material

- Do not have membranes
- Discovered by: George E. Palade

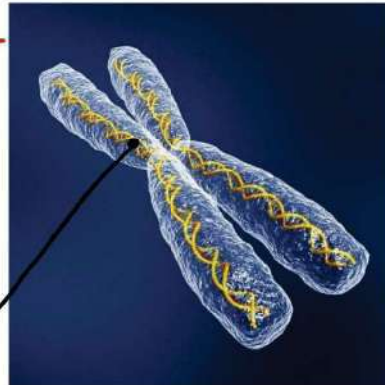
Chromatin material

- Entangled mass of thread like structures
- During cell division they get organised in chromosome



Chromosomes

- Thread like structures
- Visible during cell division
- Components:
 - DNA
 - Proteins (Histone)



chromosomes: 23 pairs

22 pairs (autosomal)
1 pair (sex pair)

Total: 46 chromosomes

XY: Male

XX: Female

DNA

- Consists of genes
- Genetic information transferred from one generation to another

Molecule discovery: Fredrick Mischer

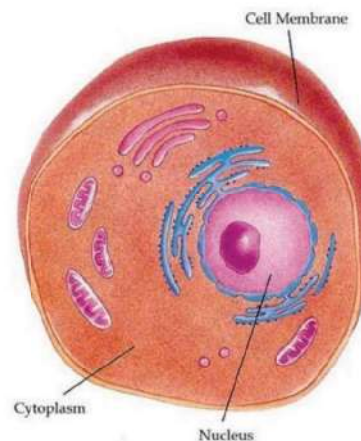
Double-helical structure: Watson and Crick (1953)

are functional segment of DNA

• Chromosome discovery: Walther Flemming

Cytoplasm

- Parts between plasma membrane and nuclear envelope
- Cell organelles present in cytoplasm
- Cytosol: Aqueous ground substances of cytoplasm



Cytoplasm Inclusions

- Non-living components (pigments, nutrients, etc.) in cytoplasm

Cell organelles

- Membrane bound organelles
- Present to support complex activity of cell
- Different types

Mitochondria

- "powerhouse of the cell"
- **ATP** (Adenosine Triphosphate), makes energy
- Two-membranes:
 - Outer: Porous
 - Inner: ATP synthesis
- Has its own DNA and ribosomes
- Shape: Sausage shape

Energy currency of the cell

Lysosomes

- "Suicidal bag of the cell" – waste disposal of cell
- Filled with digestive enzymes (Made of RER)
- Act as waste disposal system of cell
- When the cell gets damaged, lysosomes may burst and enzymes digest their own cell

Peroxisome

- It breakdowns very long chain of fatty acids through beta oxidation
- Neutralises harmful toxins
- It has free radical scavengers (oxidative crystals)

Post office of cell

- Length: 1–2 μm
- Diameter: 0.1–0.6 μm
- Involved in apoptosis (programmed cell death)

Golgi bodies

- Discovered by Camillo Golgi
- Consists of vesicles, cisternae, vacuoles
- **Cis face**: towards nucleus (Convex)
- **Trans face**: towards plasma membrane (Concave and maturing)

Functions:

- Packaging and dispatching
- Stores, modification of package
- Simple sugars from complex sugars
- Forms lysosomes

in plants:

- Large, distinct
- Store cell sap
- Provide turgidity and rigidity
- 50–90% of volume
- Permanent

Cell sap consists of:

- Amino acids
- Sugars
- Organic acids

in animals:

- Small, temporary and stores glucose, glycogen, protein

Vacuoles

- Membrane bound
- Solid or liquid filled
- Sac-like

Endoplasmic Reticulum

- Network of sac-like structures
- **Rough ER**: makes proteins, ribosomes present
- **Smooth ER**: synthesis of fats and lipids, ribosomes absent

Long Tubules
Vesicles
Cisternae

Types

- Attached to plasma membrane on one side and outer nuclear membrane on other

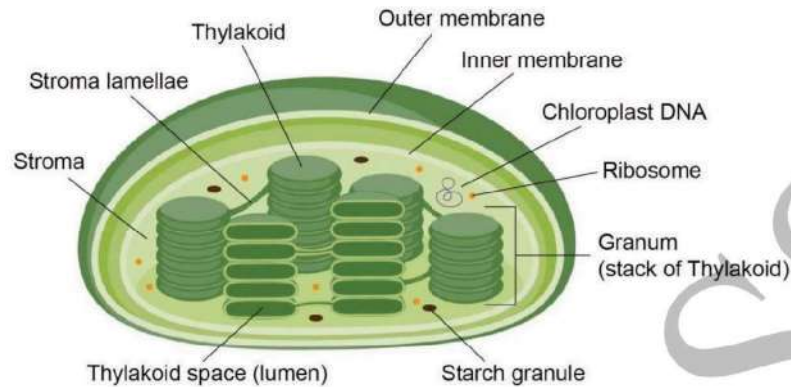
Functions:

- Proteins: RER
- Fats and lipids: SER
- Proteins and lipids act as hormones and enzymes
- ER serves as transport betⁿ cytoplasm and nucleus
- Detoxify poisons and drugs (SER in Liver)

in RER

Post office of cell

Post office of cell



Plastids

- Only in plant cell, not in animal cell
- Has its own DNA and Ribosomes

Types:

Chloroplasts: contains chlorophyll pigment
Also contain yellow and orange pigments

Chromoplasts: contains different types of pigments which provides colour

Leucoplasts: colourless or white in colour
Stores starch, oil and protein granules

Pigment: Green

contains Mg for food synthesis

Examples

- Red color in tomato: due to lycopene
- Green color in chilli: due to capsanthin

imparts colour to flowers and fruits

3 types

- **Amyloplast:** storage of carbohydrates
- **Aleuroplast:** storage of proteins
- **Elaioplast:** storage of fats

Cell Division

Division of cells into new cells

Reason for division:

- growth of organism
- replace old, dead and injured cells
- for gamete formation (Meiosis)

Types:

- Mitosis
- Meiosis

Mitosis

✓ It occurs in <u>Somatic cells</u>
✓ Nucleus divides only once
It is divided into prophase, metaphase, anaphase and telophase
✓ Daughter cells are <u>diploid</u> - 2
✓ No crossing over takes place
Increase number of normal cells
Involved in healing and growth
✓ 2 daughter cells are produced
✓ Malfunction results in cancer

Meiosis

It occurs in <u>Germ cells</u>
Nucleus divides twice
Meiosis I and II divided into prophase I and II, metaphase I and II, anaphase I and II and telophase I and II
Daughter cells are <u>haploid</u> - 1
Crossing over takes place
Produces <u>egg and sperm cells</u>
Involved in genetic variations
4 daughter cells are produced
Malfunction results in <u>genetic disorder</u> such as <u>Down's syndrome</u> , <u>klinefelter's syndrome</u> and <u>Turner's syndrome</u> .

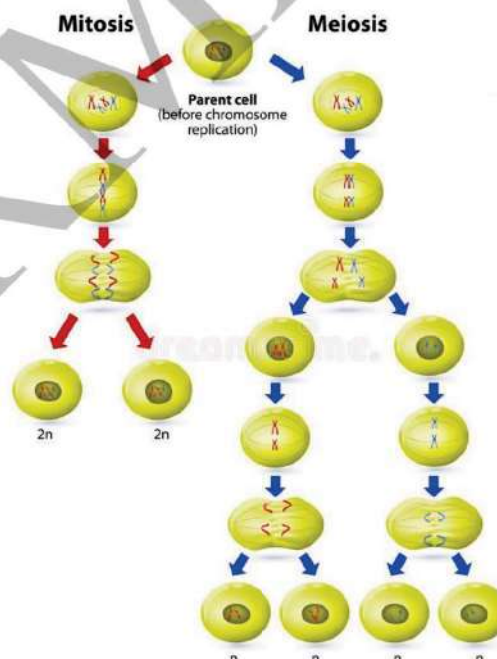
involved in reproduction

Largest cell in humans

Smallest cell in humans

* Learn only marked ones

Uncontrolled cell division



Types of cell

- Prokaryotic cell
- Eukaryotic cell

Prokaryotic Cell

- Size: 1–10 μm
- Nucleus absent
- Nucleolus absent
- Cell organelles absent
- Chromosome: single
- Example: Bacteria, Cyanobacteria (Blue green algae), mycoplasma

Eukaryotic Cell

- Size: 5–10 μm
- Nucleus present
- Nucleolus present
- Cell organelles present
- Chromosome: more than one
- Example: Plant and Animal cell

- Common in both: ribosomes

- Bacteria flagellum (helps in movement)
3 parts
- Basal body
- Hook
- Filament

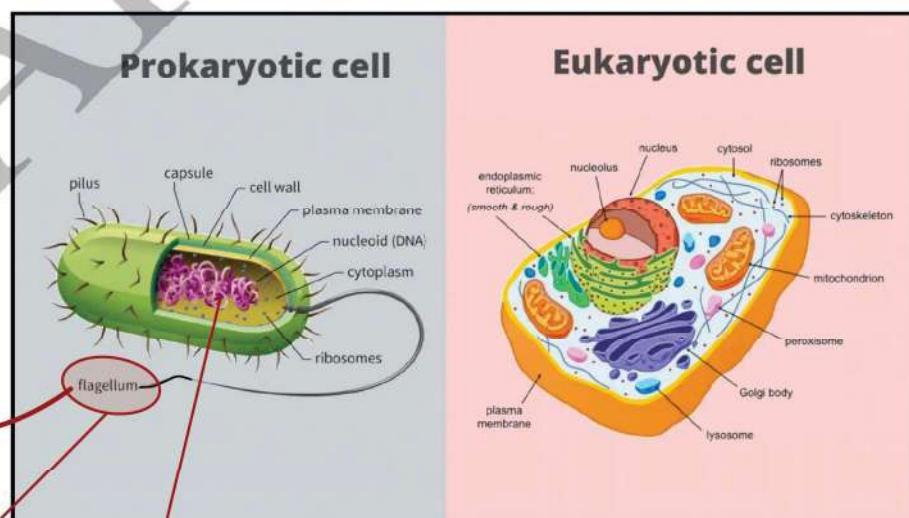
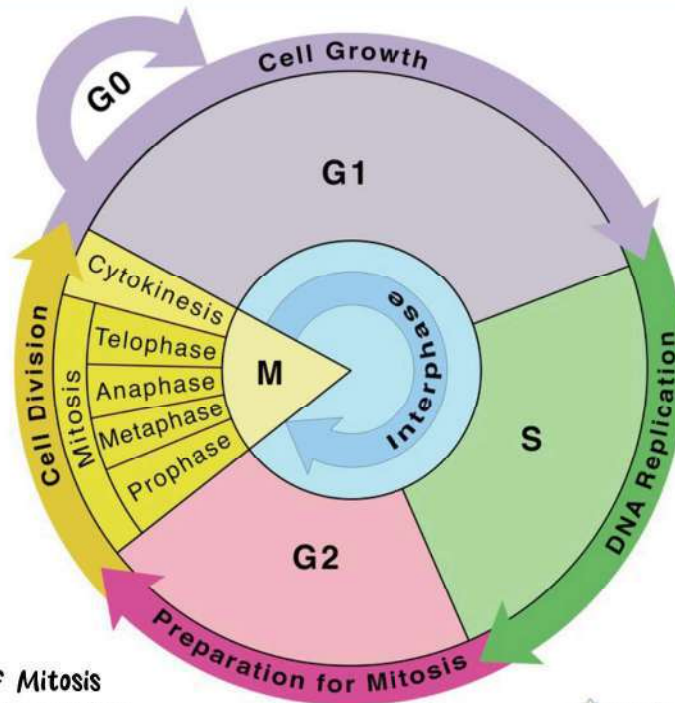


Figure: Prokaryotic Cell and Eukaryotic Cell

These are appendages

Undefined nuclear region: Nucleoid

Cell Cycle



- **G1:** Cell growth
- **S:** Synthesis phase
- **G2:** Preparation of Mitosis
- **Mitosis:** Cell division complete

ScienceFacts.net

Cytoskeleton

- Helps in providing structural support to cell
- Helps in cell movements

Centrosome

- In cylindrical form
- Made of two centrioles
- In 9 + 0/ 9 + 2 form
- Microtubules organising centre

DNA Replication

- It is the process by which cell copies its DNA before dividing, ensuring each new cell has an identical copy of original DNA

4 base pairs (in DNA)

Adenine — Thymine
Guanine — Cytosine

Base pairs (in RNA)

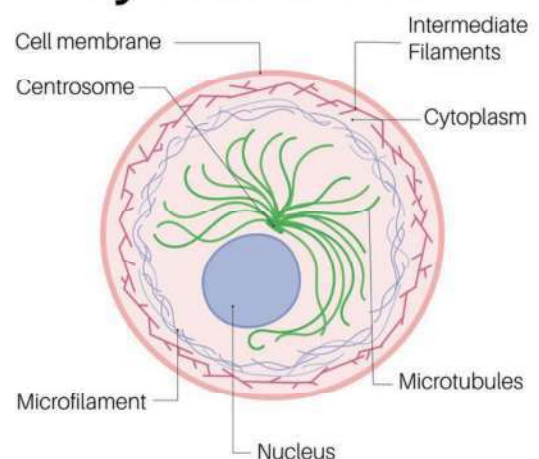
Adenine — Uracil
Guanine — Cytosine

Enzymes essential for DNA replication in an animal cell

- **Topoisomerase:** Prevents DNA from getting tangled (avoids supercoiling)
- **DNA Ligase:** This enzyme facilitates the joining of DNA strands together (Gluer)
- **DNA Polymerase:** This enzyme doubles the amount of DNA in a cell during cell division (builder)
- **DNA primase:** It initiates DNA replication (new strands are produced)
- **Helicase:** Unwinding enzyme

*** **Reverse Transcriptase:** The process of creating complimentary strands of DNA based on RNA

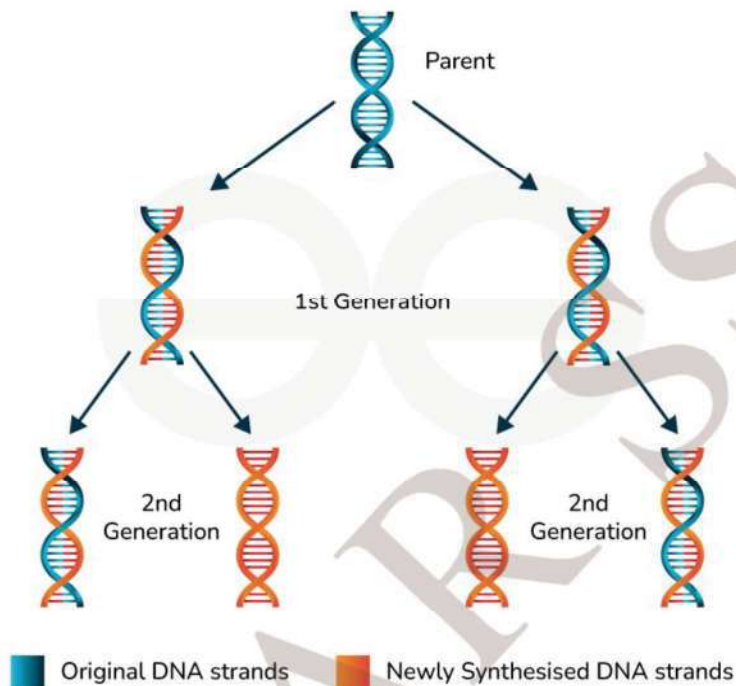
Cytoskeleton



Semi Conservative DNA Replication

- It is the process of duplicating DNA to create two new double-stranded DNA molecules, each with one original strand and one new strand

Semi-Conservative Replication Model



Difference between Conservative and Semiconservative Replication

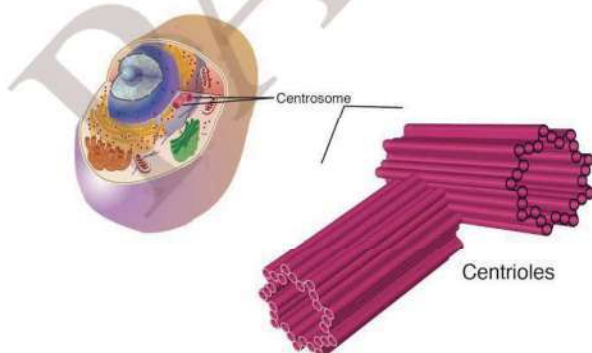
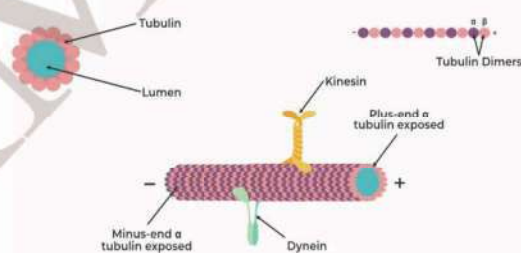


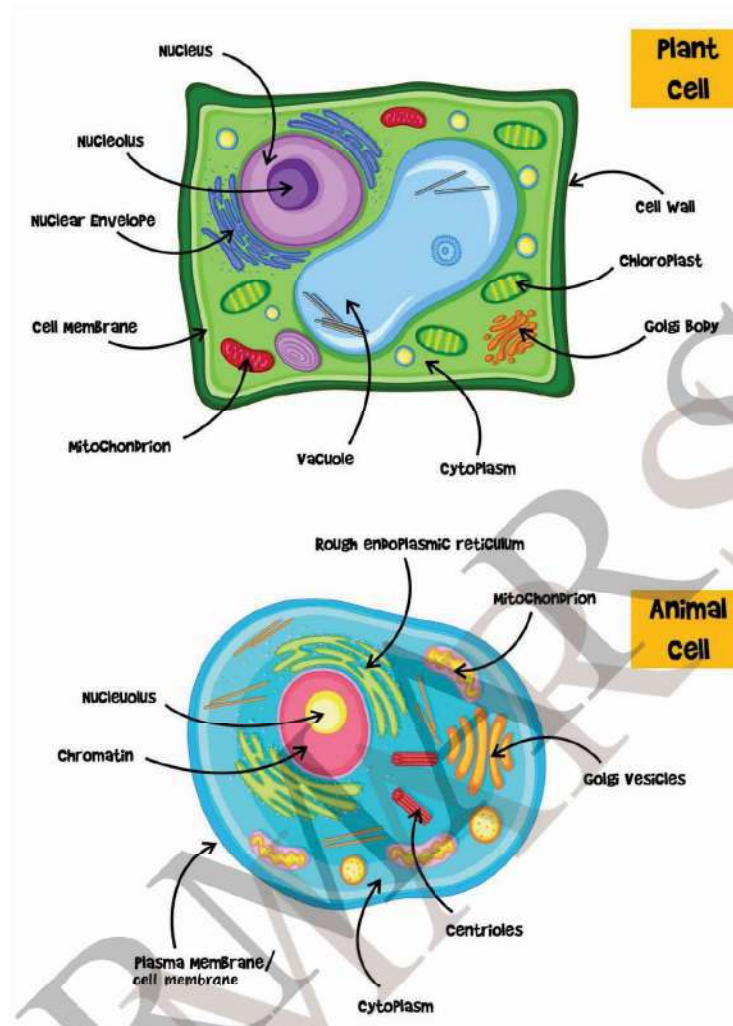
MICROTUBULES

Microtubules

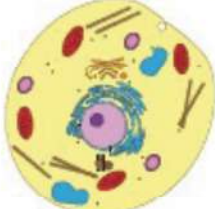
It helps in

- Cell structure
- Cell division
- Intracellular transport





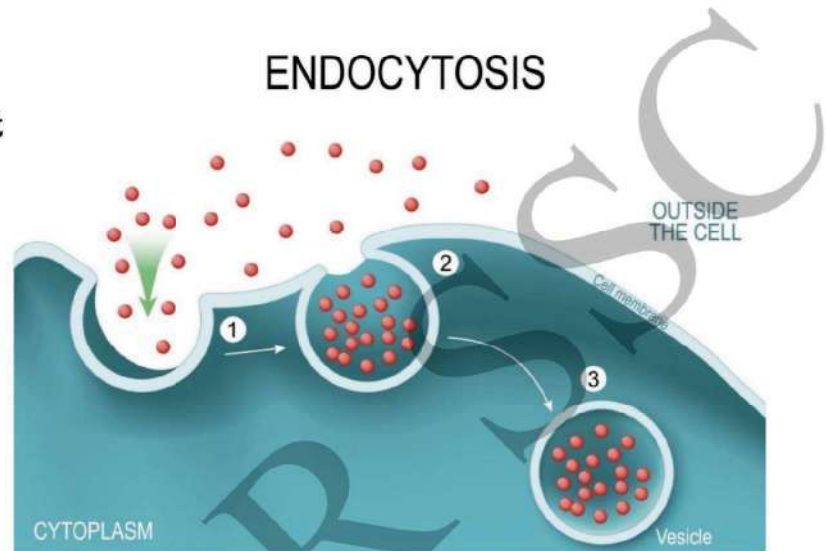
Animal Cell vs Plant Cell

Plant Cell	Animal Cell
	
Plant cell is large and has a fixed rectangular shape.	Animal cell is small and irregular or round in shape.
Cell wall is present.	Cell wall is absent.
The nucleus lies on one side of the cell.	The nucleus lies in the center.
Mitochondria are present in fewer numbers.	Mitochondria are present in large numbers.
Plastids are present.	Plastids are absent.
Centrosomes are absent.	Centrosomes are present.
One large central vacuole is present.	Many small vacuoles are present.

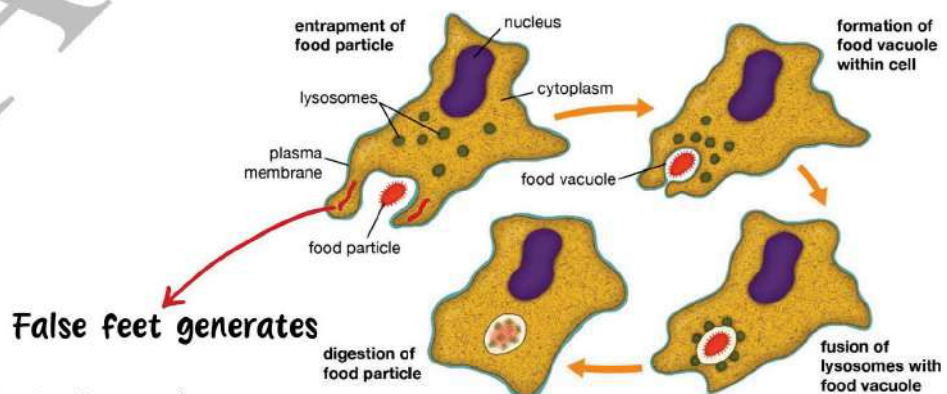
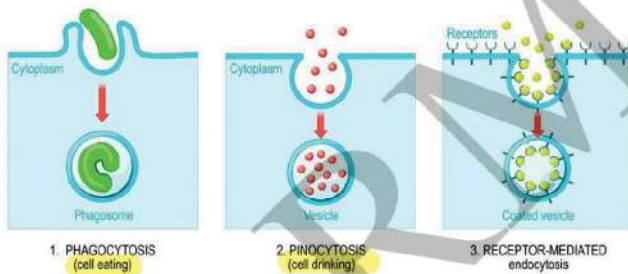
Endocytosis

- Type of active transport
- Movement of particle into the cell from external environment

Endo: andar
Exo: bahar



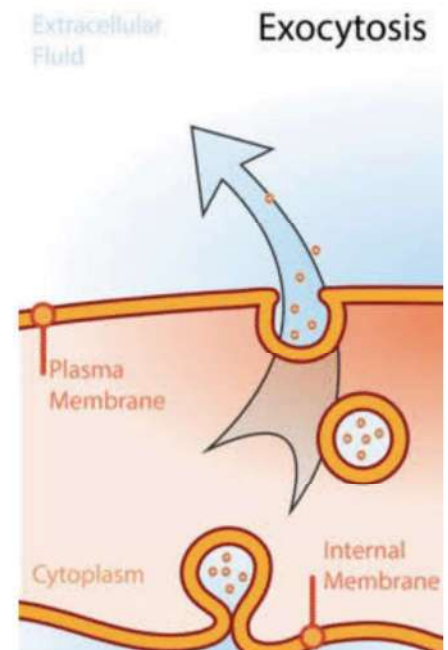
Endocytosis



Pseudopodia: false feet of amoeba

Exocytosis

- Movement of particles from cell to the external environment
- It is also known as cell vomiting
- Vomited particles are:
- Undigested residues from endocytosis
- Enzymes and hormones



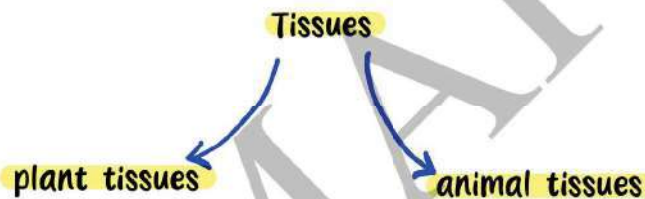


Study of tissues: Histology

S. No.	Plant Tissue	Animal Tissue
1.	Tissue organisation is targeted towards Stationery habit of plants.	Tissue organisation is targeted towards mobility of animals.
2.	Organisation is simple.	Organisation is complex.
3.	Many of the tissues are dead. For example, Cork	Most of the tissues are living.
4.	Growth is confined to certain areas.	Growth is not limited to areas
5.	less maintenance energy required	More maintenance energy required
6.	Plants grow continuously throughout life.	After reaching maturity stage animals do not show further growth.

Tissues

- group of cells that have similar structure combined together to perform a specific function forms a tissue



Importance

- Causes division of labour in multicellular organisms
- Decreases workload on individual cells
- Leads to organisation

Basic Unit of Life → Cell

Group of cells → Tissue

Group of tissues → Organs

Group of organs → Organ System

Group of Organs System → Organism

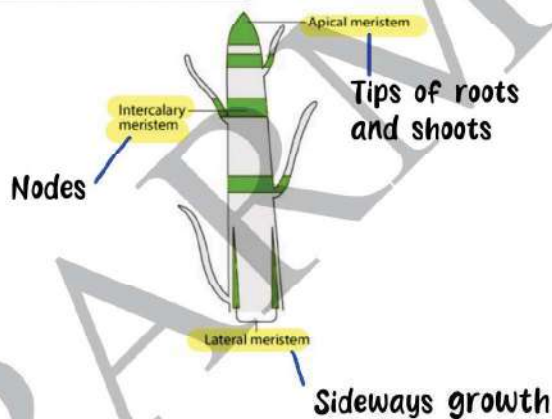
Plant tissue

Meristematic tissue

Rapid cell division

- occurrence: growing regions of plants (root, shoot, etc)
- shape: spherical, oval or rectangular
- Intercellular spaces: absent
- Vacuoles: absent
- Active cells
- Cytoplasm: dense
- Cell wall: cellulose
- Nuclei: prominent
- Cell division

MERISTEMATIC TISSUE

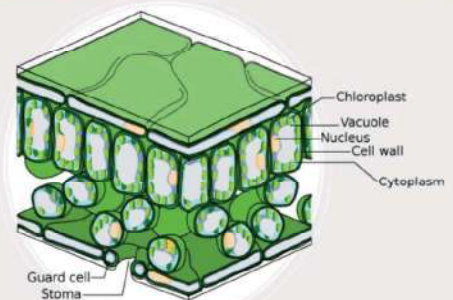


- Height growth: Apical and intercalary
- Width growth: Lateral

Permanent tissue

- when cell lose the ability to divide, by the process of differentiation, they take a permanent shape, size and function
- Structure: large central vacuoles
Cell wall in thin/thick
- Function:
 - protection
 - Support
 - Storage
 - Photosynthesis

PERMANENT TISSUE



Types

- Simple
- Complex

Lateral

- Present beneath the bark
- Increase girth of root or stem

Intercalary

- Present at the base of leaves/internodes
- Increase length of leaves and internodes

Apical

- Present at shoot and root apex
- Increase in length of root and stem

Protoderm is present in root and shoot apical meristems

Types of Simple Permanent Tissue

mechanical tissue

a) Collenchyma Tissue

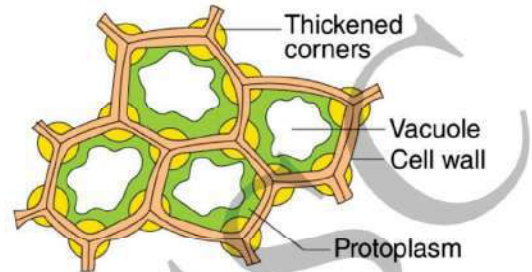
Occurrence: in leaf stalks and stem of dicots

Cell Structure

- Living
- Elongated
- Irregularly thickened at corners
- Very little intercellular space

Functions

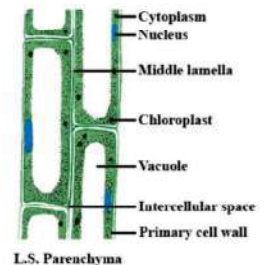
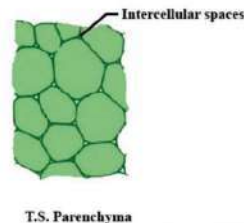
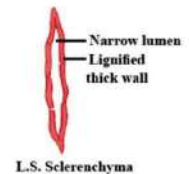
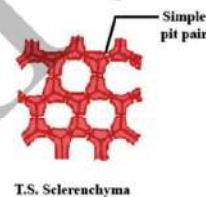
- Provides mechanical strength and flexibility
- Allows bending of parts
ex: tendrils and stems of climbers



b) Parenchyma Tissue

Functions

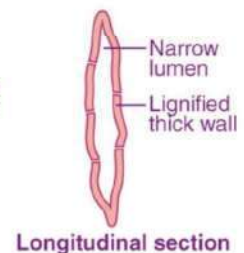
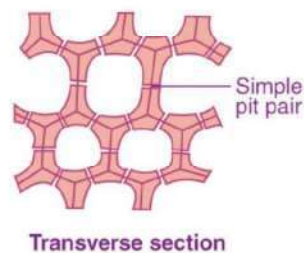
- Food storage tissue
- In some cases contains chlorophyll, called Chlorenchyma
- When loosely packed, intercellular airy spaces are present called Aerenchyma
↓
Provides buoyancy to parts, helps them float
- Living cells



c) Sclerenchyma Tissue

- Provides toughness to the tissue
- Occurrence: Outer parts
eg: bark, husk of coconut, veins of leaves
- Mostly made up of dead cells
- Sclereids are responsible for hardness of seeds and the shell of walnut

SCLERENCHYMA



Protective Tissue (part of simple tissues)

Types:

- Epidermis
- Cork

a) Epidermis

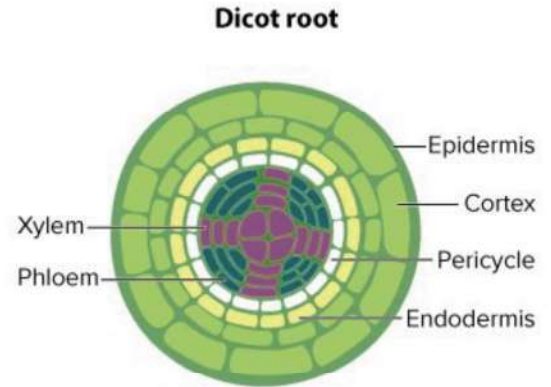
- Occurrence:** Outermost layer of plant parts
eg: leaves, flowers, stem and roots

Functions:

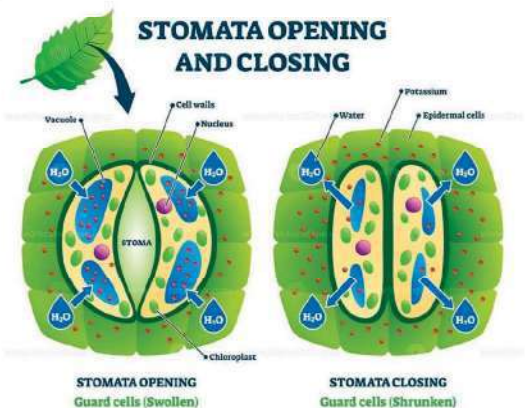
- Protects all parts of plants
- Prevents water loss
- Plants of dry habitats have thicker epidermis
- Epidermal cells on the aerial parts of plant secrete waxy secretions which prevents from:

- Water loss
- Injury
- Fungi infection

- Plants growing in desert have cuticle
- Layer of cutin is called cuticle
- Cutin is waxy materials and water resistant
- Cuticle aids in protection against water loss, injury and invasion of fungi
- Epidermal cells of the roots form hair like structures
- Long hair like parts increase absorption surface area of roots
- In leaves, epidermal cells form stomata
- Stomata are guarded by guard cells which are kidney shaped and regulate gaseous exchange



cactus plant



Guard Cells

b) Cork

- Occurrence:** in mature roots and shoots
- Dead
- Compactly arranged cells
- Walls have suberin which makes them impervious to gases

Transpiration	Guttation
Loss of water vapour	Loss of water droplets
Through stomata, cuticle and lenticels	Through hydathodes
Leads to loss of turgidity(wilting)	No effects on turgidity
Cools the plant body	No cooling of the plant body

• Happens at day time

• Happens at night time

Functions:

- Protection to mature roots and shoots

Complex Permanent Tissue

- Made up of more than one type of cells

Function

- Transport water, minerals and food materials

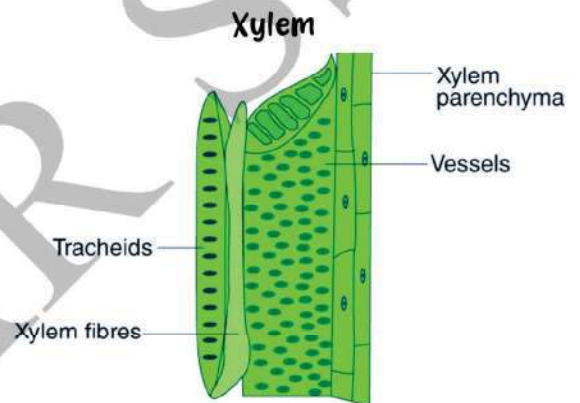
Types

- Xylem
 - Phloem
- | vascular tissues

Xylem

- Conducting tissue (one-way conduction)
- Conducts water and minerals from roots to shoots

Unidirectional



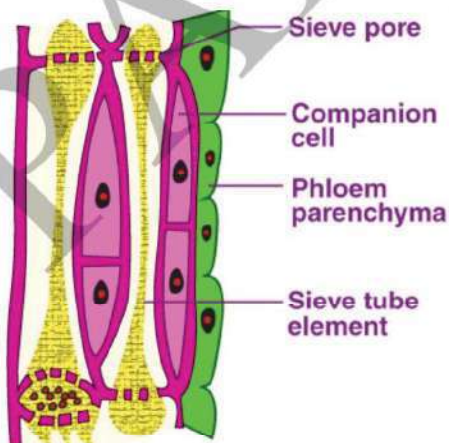
Xylem Types:

- Xylem parenchyma: food storage
 - Tracheids
 - Vessels
 - Xylem fibres
- Living → (points to Xylem parenchyma, Tracheids, and Vessels)
Dead → (points to Xylem fibres)

Phloem

- Conducts food (two-way conduction)

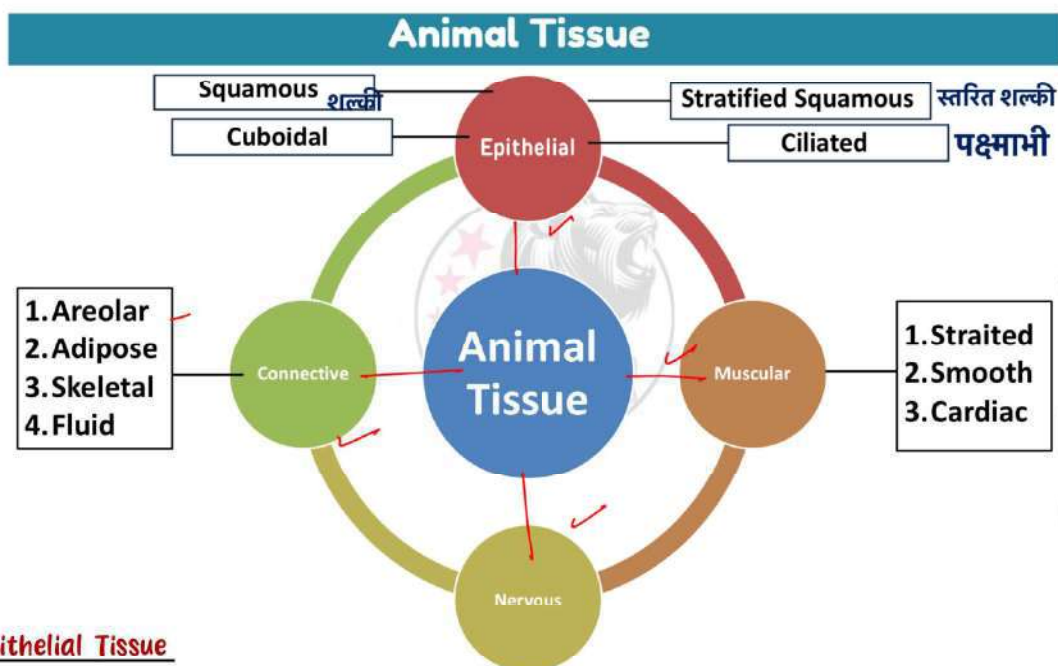
Bidirectional



Phloem Tissue

Phloem Types:

- Sieve tubes
 - Companion cells
 - Phloem parenchyma: food storage
 - Phloem fibers: rigidity and support
- Living → (points to Sieve tubes, Companion cells, and Phloem parenchyma)
Dead → (points to Phloem fibers)



a) Epithelial Tissue

Characteristics

- Covering or protective tissue in animal body
- They are tightly packed with no intercellular spaces
- Cells form continuous sheet
- All epithelial tissues are separated by others through basement membrane

Function

- Protection to body from injury and damage

Types

i) Squamous Epithelial Tissue

Structure

- Cells are extremely thin
- They are flat
- Irregular shaped

Types

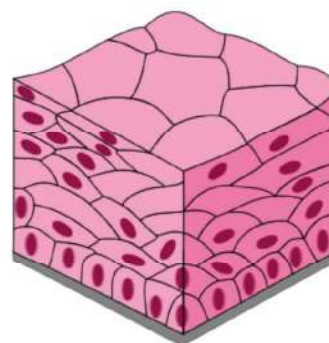
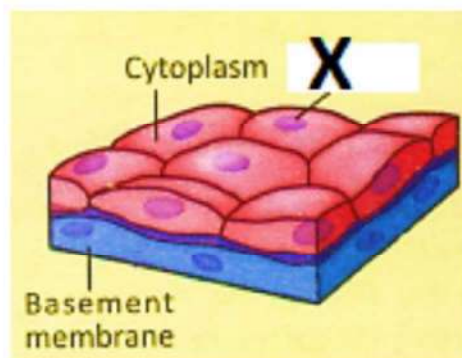
- Simple Squamous Tissue
- Stratified Squamous Tissue

a) Simple Squamous Epithelial Tissue

- Single layer of cells
- Forms delicate lining
- Eg., Mouth and oesophagus (food pipe)

b) Stratified Squamous Epithelial Tissues

- Cells are arranged in layers
- Prevent wear and tear
- Eg., Skin



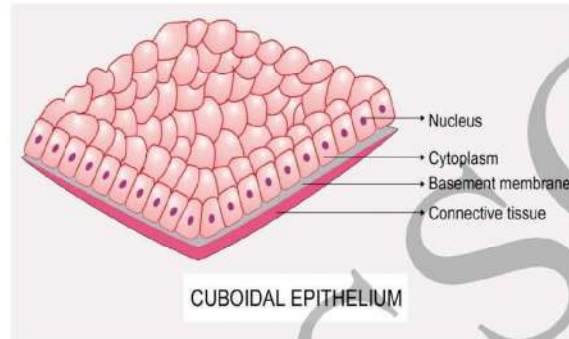
ii) Cuboidal Epithelial Tissue

Structure

- Cube like ; height and width of cells are equal

Occurrence

- Sweat glands
- Salivary glands
- Thyroid glands
- Lining of Kidney tubules



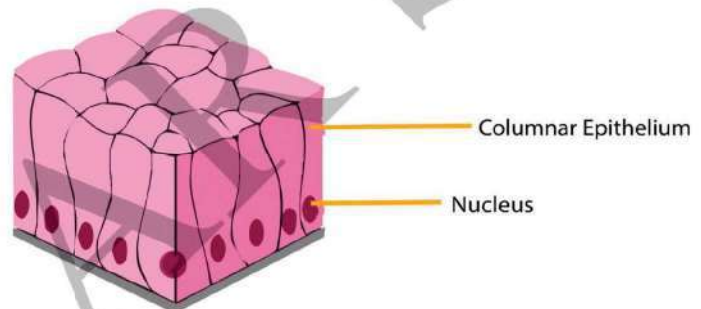
iii) Columnar Epithelial Tissue

Structure

- Pillar like cells
- Tall > Wide

Occurrence

- Lining of intestine
- Lining of stomach, gallbladder



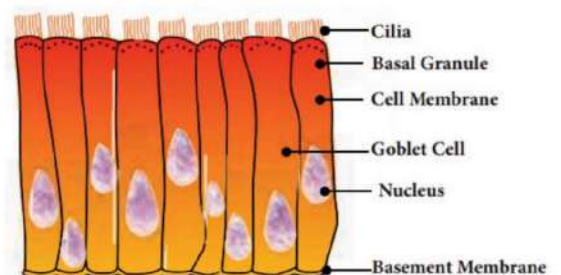
iii) Ciliated Epithelial Tissue

Structure

- Cuboidal/Columnar cells
- Cells have hair like projections on free surface called "cilia", which facilitates movement

Occurrence

- Respiratory tract
- Urinary tubules or kidney



Function

- Movement of mucus, urine, egg etc., through rhythmic beating of cilia

a) Muscular Tissue

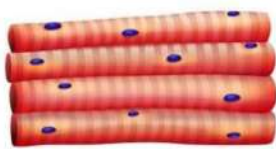
- Composed of muscle cells or muscle fibres
- Muscle fibres: Elongated and large sized
- Contractile proteins are present in fibres

Functions

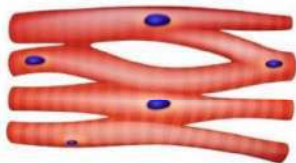
- Contraction and relaxation
- Contractile proteins: movement of body

Types

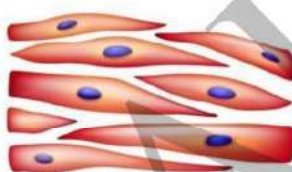
- Cardiac muscle
- Skeletal muscle
- Smooth muscle



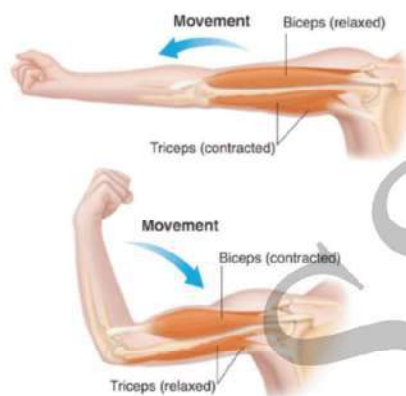
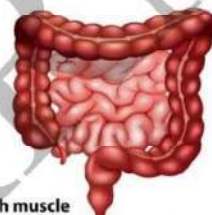
skeletal muscle



cardiac muscle



smooth muscle



a) Skeletal Muscle

- Muscle fibres are elongated and cylindrical
- Fast in nature
- Unbranched
- Each cell is multinucleated (many nuclei)
- Striations are present (alternate dark and light bands)
- Easily fatigue
- Helps in body movement
- Maintain posture

Other names

- Attached to skeletal: **Skeleton Muscles**
- Striations are present: **Striated Muscles**
- Are under our control: **Voluntary muscles**

Occurrence

- Biceps and Bone

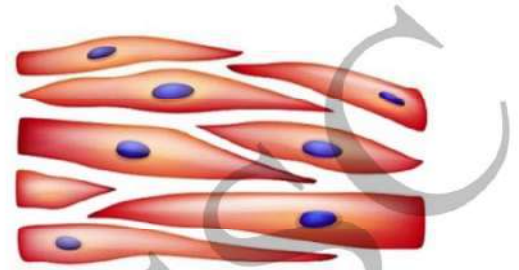
b) Smooth/Visceral Muscles

- Nucleus located at the centre of each cell
- Striations are absent
- Unbranched
- Slow
- Do not fatigue
- Spindle shaped/fusiform

soft interior organs:
lung, liver, abdomen,
intestines

Other names

- Found in visceral organs: **Visceral Muscles**
- Striations are absent: **Unstriated muscles**
- Not under our control: **Involuntary Muscles**



BlueRingMedia/Shutterstock.com

Functions of Smooth/Visceral muscles

- Peristalsis

Organs that have visceral muscles



Intestine



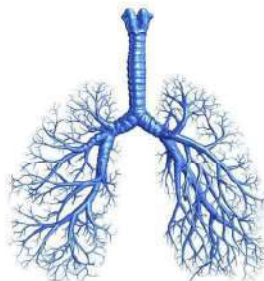
Uterus



Blood vessels



Stomach



Bronchi



Iris

c) Cardiac Muscles

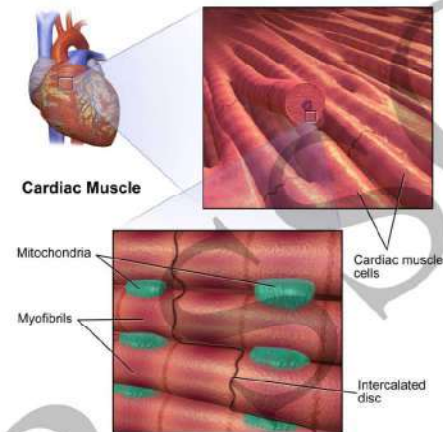
- Fibres are cylindrical in shape
- Each fibre is uninucleated
- Fibres are branched
- Striations are present
- Do not fatigue

Other names

- Cardiac muscle: **only present in heart**
- Striated: **Striations are present**
- Not under our control: **Involuntary muscles**

Function

- Perform contraction and relaxation in wall of heart
- Help to pump and distribute blood to body



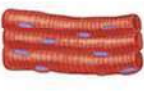
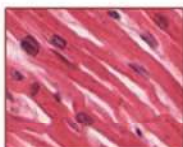
	Main features	Location	Type of cells	Histology
Skeletal muscle	- Fibers : striated, tubular and multi nucleated - Voluntary - Usually attached to skeleton			
Smooth muscle	- Fibers : non-striated, spindle-shaped, and uninucleated. - Involuntary - Usually covering wall of internal organs.			
Cardiac muscle	- Fibers : striated, branched and uninucleated. - Involuntary - Only covering walls of the heart.			

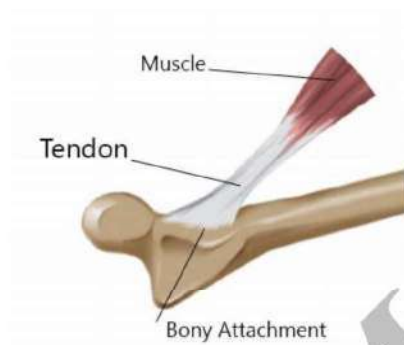
Figure 1. Key features of skeletal, smooth and cardiac muscle.

c) Connective Tissue

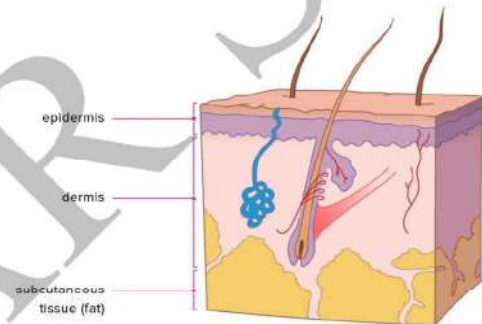
- Connects various body parts
- Cells are embedded in an intracellular matrix
- Matrix may be jelly, fluid, dense or rigid

Cartilage Blood Bone

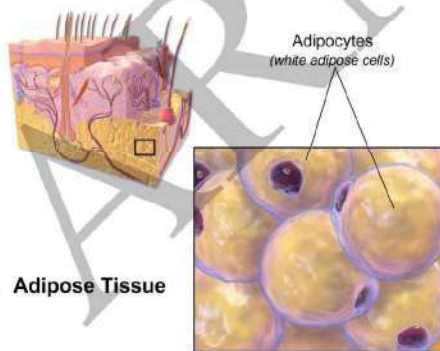
- Acts like binding, supporting and packing material
- Prevents organ from getting displaced by body movements



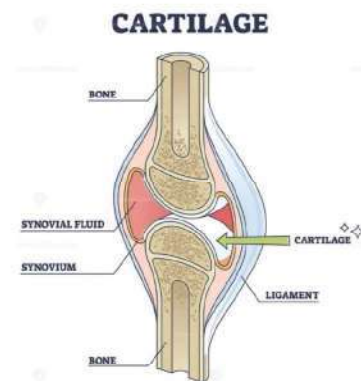
Tendons



Dermis



Adipose



Cartilage

Types of Connective tissue

a) Areolar Connective Tissue

- i) Loose Connective Tissue
- ii) Dense Connective Tissue

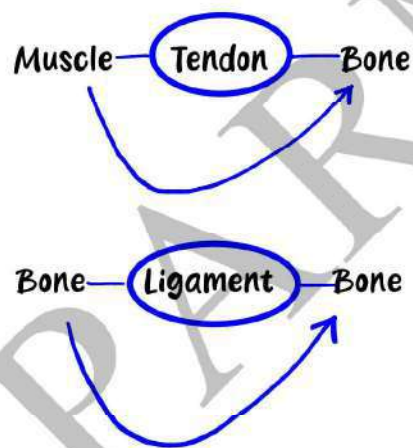


b) Adipose Connective Tissue

ii) Dense Connective Tissue

a) Tendons

- Fibrous tissue
- Great strength
- Limited flexibility
- Connects muscles to bones



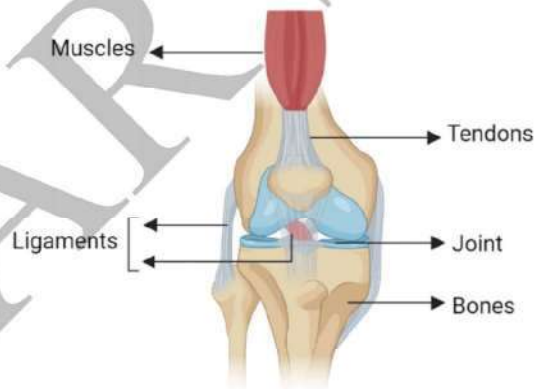
i) Loose Connective Tissue

Structure

- Cells + loose gel like matrix

Occurrence

- Between skin and muscles
- In space inside organs
- In bone marrow



Tendons and Ligaments

b) Ligaments

- Considerable strength
- Little matrix is present
- Connects bones to bones

b) Adipose Connective Tissue

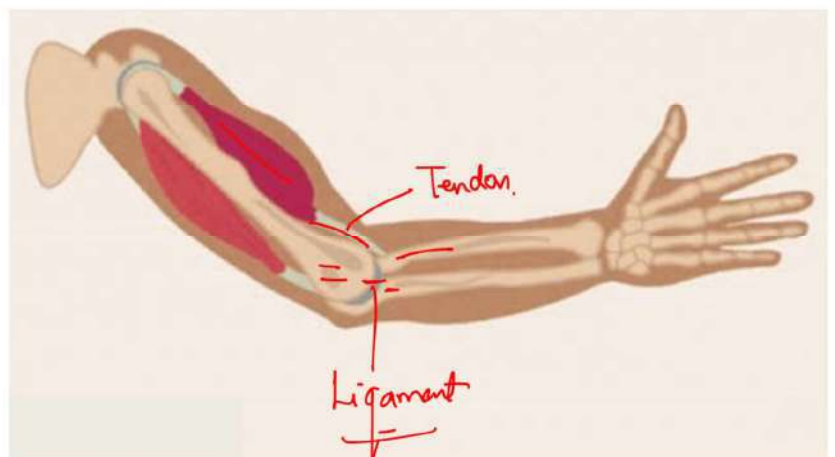
Structure

- Aggregation of fat cells
- Cells are round/oval

Adipocytes

Functions

- Prevents body from mechanical shock
- Acts as insulator



Occurrence

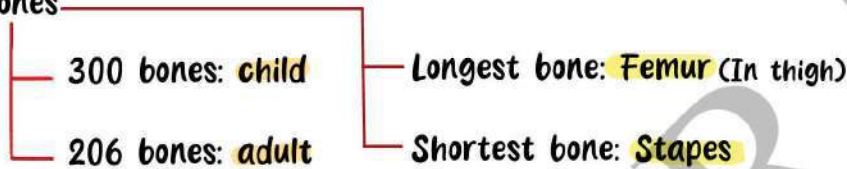
- Below the skin
- Betⁿ internal organs

fatty people have more adipose tissue

c) Skeletal Connective Tissue

Types

- Cartilage
- Bones



i) Cartilage

- Widely spaced out cells
- Matrix is gel-like
- Matrix is slightly elastic
- Cartilage is flexible

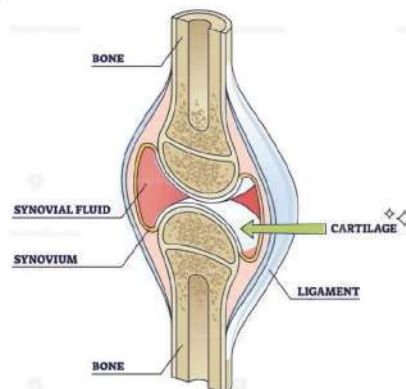
Occurrence

- Ear pinna, nose tip, trachea, larynx
- Smoothens bone surfaces at joints

Function

- Support and flexibility to body parts

CARTILAGE

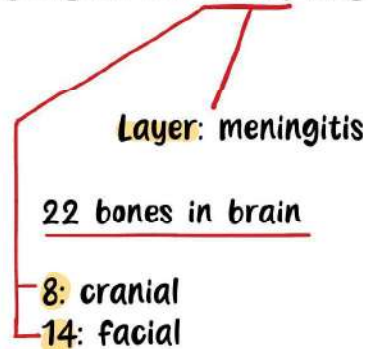


ii) Bones

- Very strong
- Non flexible
- Hard and rigid
- Matrix is hard and composed of calcium and phosphorous compounds

Functions

- Forms a framework
- Supports the body
- Provides shape to body
- Protects vital body organs like brain, lungs, etc.

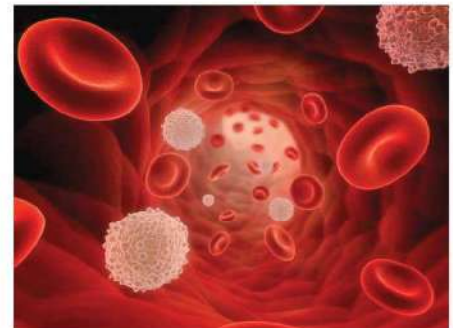


d) Fluid Connective Tissue

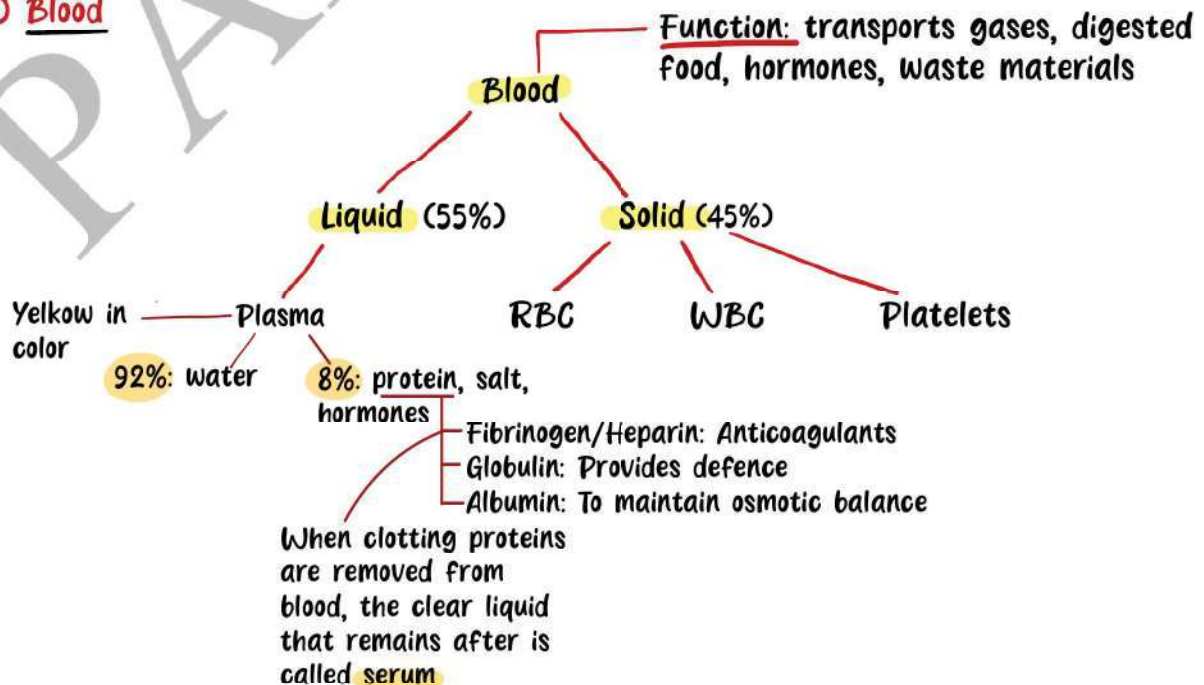
- Connects different part of the body
- Maintains a continuity

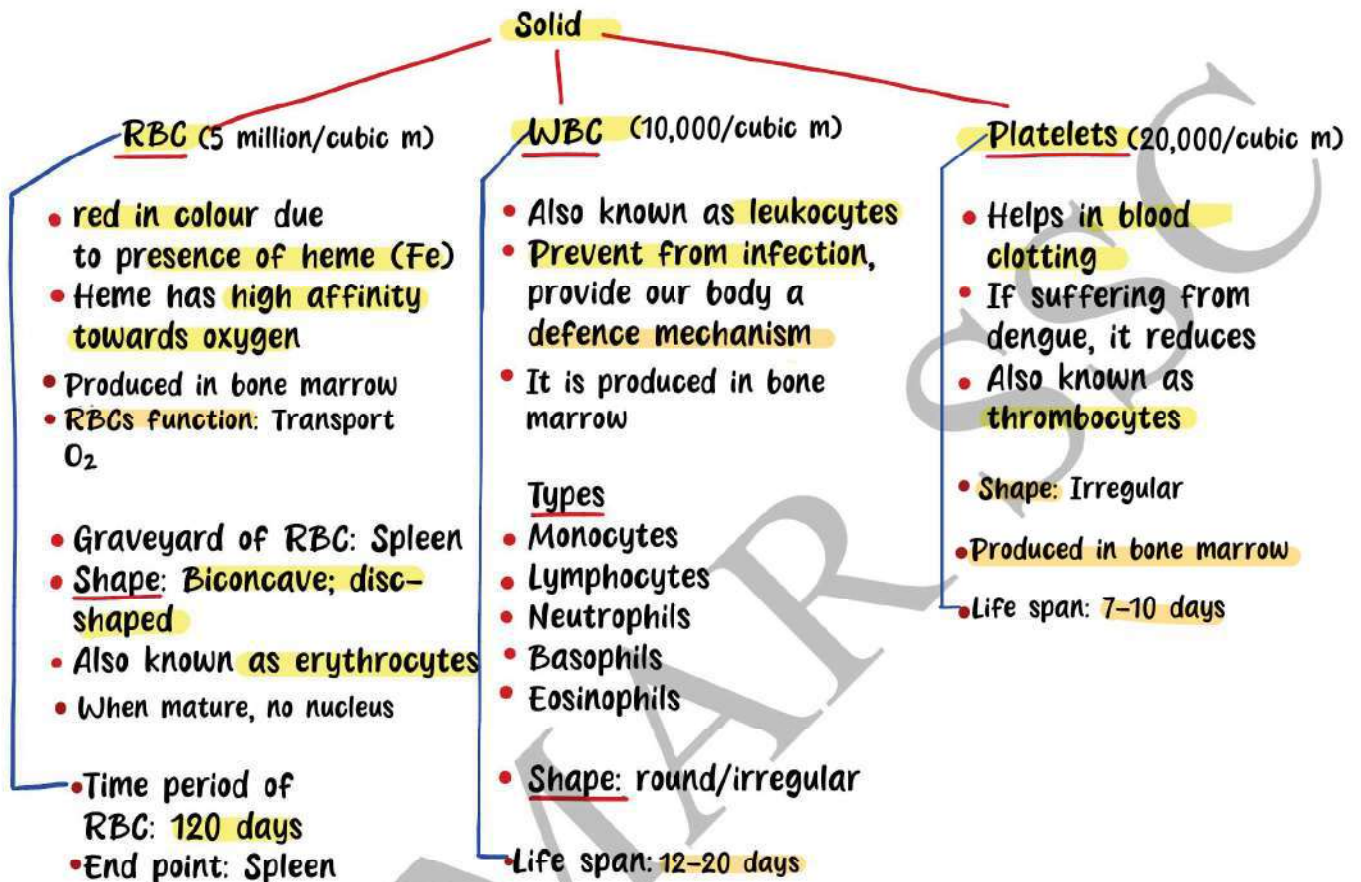
Types

- Blood
- Lymph



i) Blood





Order in number:

RBC > Platelets > WBCs

• study of blood: hematology

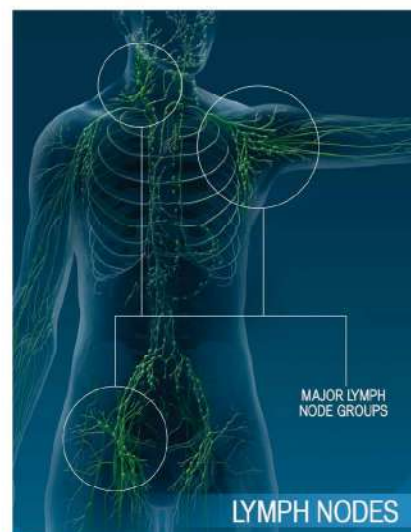
ii) Lymph

Structure

- Colourless fluid
- RBCs and Blood proteins are absent
- Similar to plasma
- Contains proteins, salt, glucose, water
- Slight yellow in colour

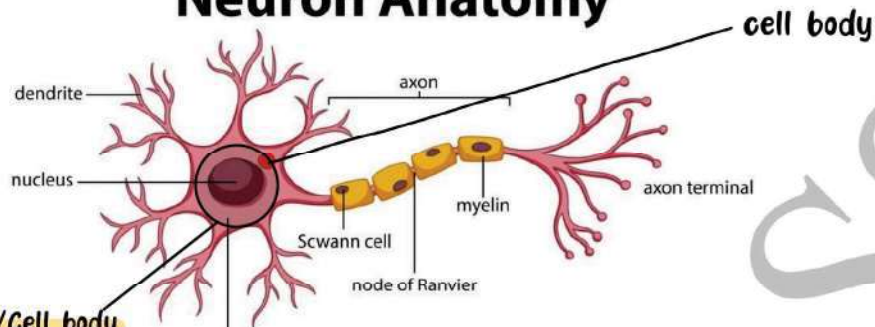
Function

- Provides defence



d) Nervous Tissue

Neuron Anatomy



Cyton/Cell body

- The central part of neuron/nerve
- It has Nissl bodies (protein synthesis)

- Found in brain, spinal cord, nerves
- Fundamental unit of nervous system: Neuron

- fundamental unit of kidney: Nephron

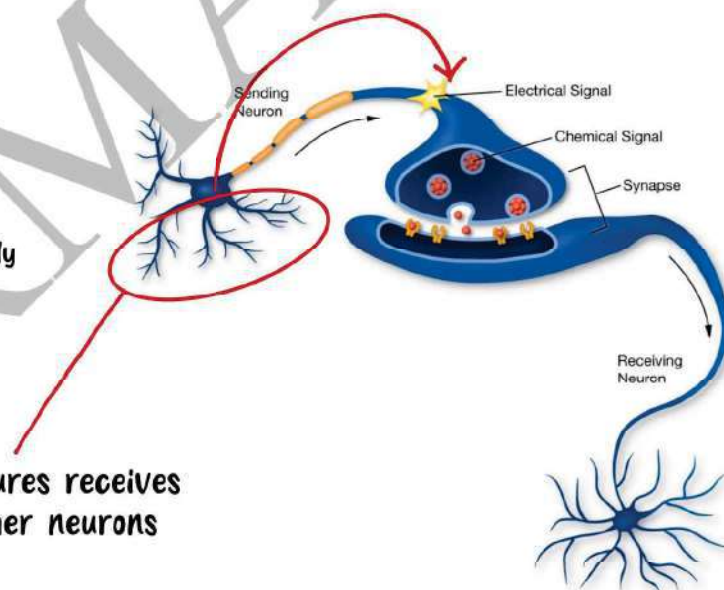
- Study of kidney: Nephrology

Function

Sense stimuli:

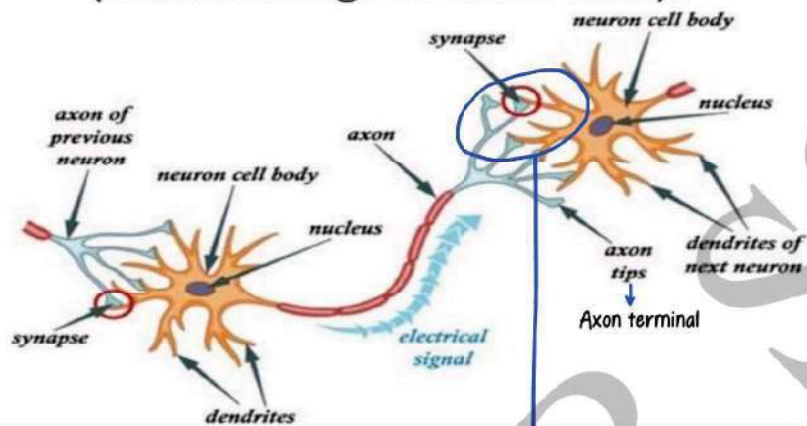
- Touch
- Smell
- Taste
- Hearing
- Sight
- Sending impulses across the body through electrical signals

Hair like structures receives signals from other neurons



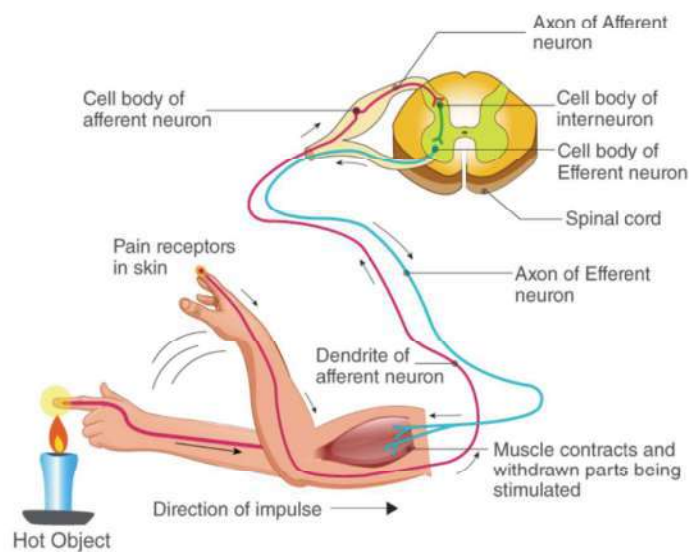
- Longest cell
- Camillo Golgi: first created the illustration of neuron using his silver-staining technique (Black ink reaction)

How do neurons transmit impulses (send message to other cells)?



- one neuron's dendrite transmit information to other neuron's cell body
- The gap betⁿ these two is called **synapse**

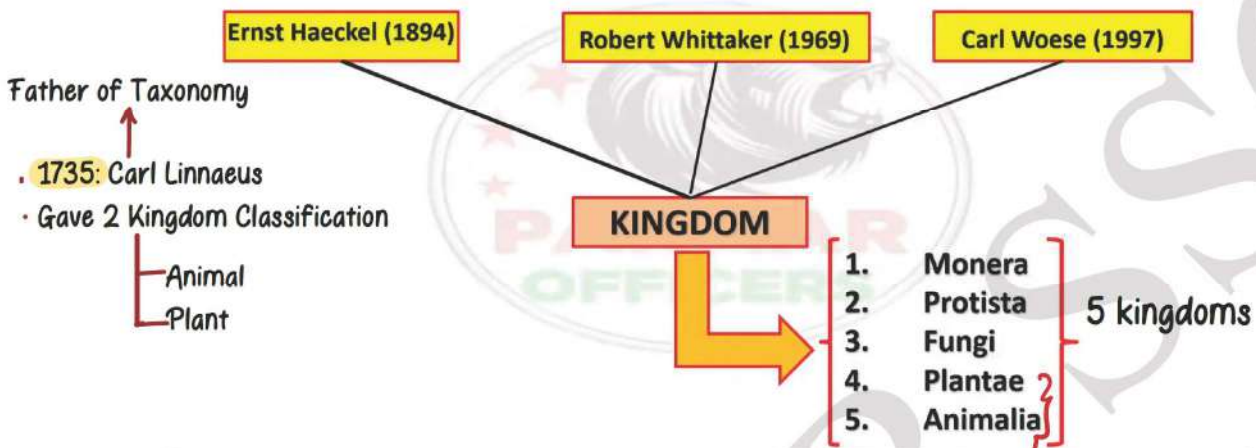
REFLEX ACTION



Plant Kingdom



→ The Hierarchy of Classification - Groups



- 5 kingdoms classification by **Robert Whittaker in 1969**

These two Kingdoms are very important

- **Ernst Haeckel in 1866** coined the term "Ecology"

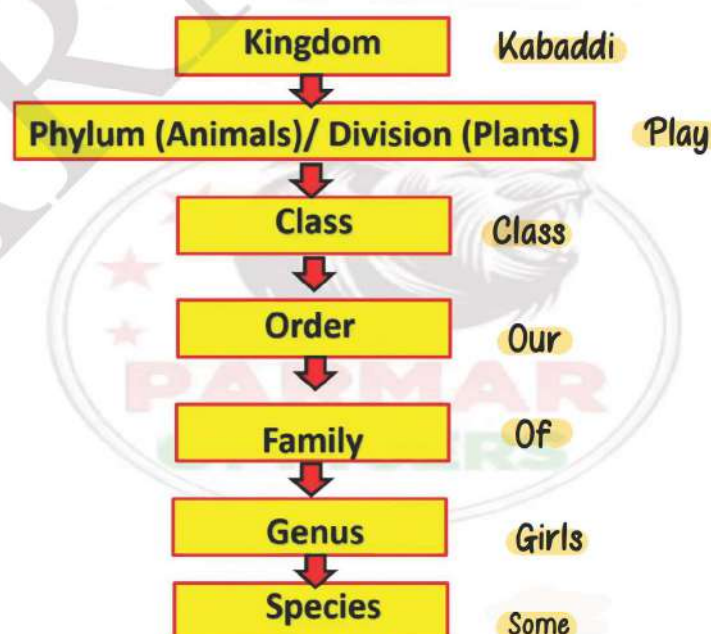
→ 3 Kingdom Classification (1864)

- Father of Indian ecology: **Ramdeo Mishra**

• **Taxonomy**: it is the science of describing, naming, and classifying organisms, including all plants, animals, and microorganisms

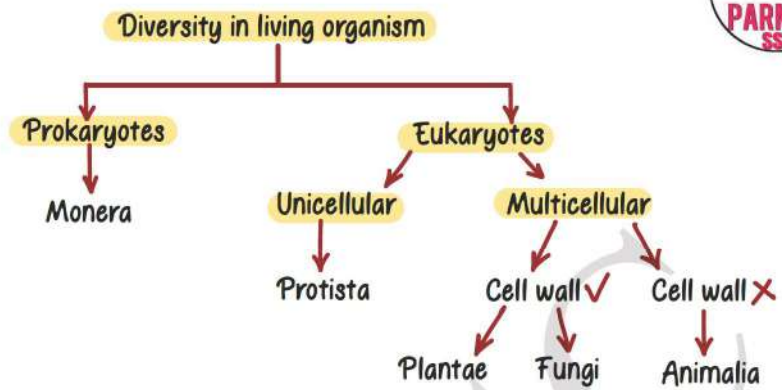
- Carl Woese (1997): 3 domains

TRICK to learn the order



Classification is based on following:

- Prokaryote v/s Eukaryote cell structure
- Unicellular/Multicellular organization
- Modes of nutrition
- Further classification is done into sub groups



KINGDOM MONERA

- Microscopic
- Can be autotrophic/heterotrophic
- Prokaryotic

eg: Archaeobacteria-Eubacteria, Cyanobacteria (Blue-green algae)

- Well defined nucleus and membrane bound organelles is absent
- Cell wall maybe present or absent



KINGDOM PROTISTA

Characteristics

- Unicellular eukaryotic organisms
- Locomotion through appendages
- Cell wall is absent (Eg: Euglena)

Mode of Nutrition

- Autotrophic/Heterotrophic
- eg: Unicellular algae (diatoms) protozoa

Classification of kingdom Protista

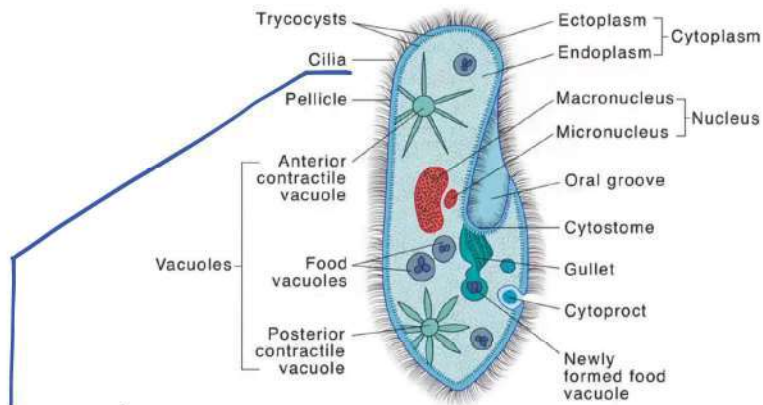
PHYLUM PROTOZOA

- Unicellular, mostly aquatic, solitary or colonial
- free living/parasitic/symbiotic
- eg: Euglena, Amoeba, Paramecium, Plasmodium

Kingdom Monera Classification

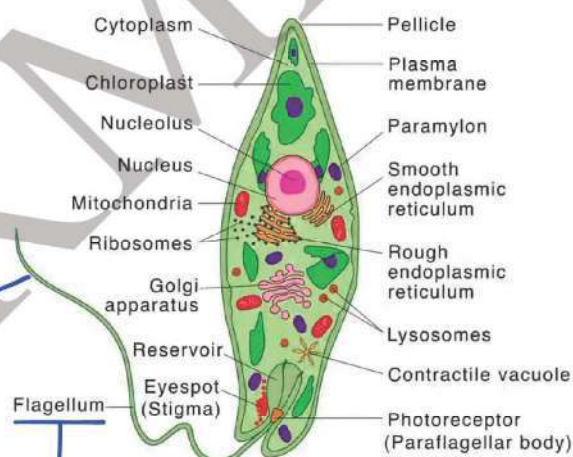
- Archaeobacteria
 - Mostly autotrophs
 - Few are photosynthetic
- Eubacteria
 - Cell wall is present
 - Plasma membrane is present
 - Cytoplasm present
 - Ribosomes present

Paramecium



- Helps in movement/locomotion
- Also, helps to move food to its oral cavity

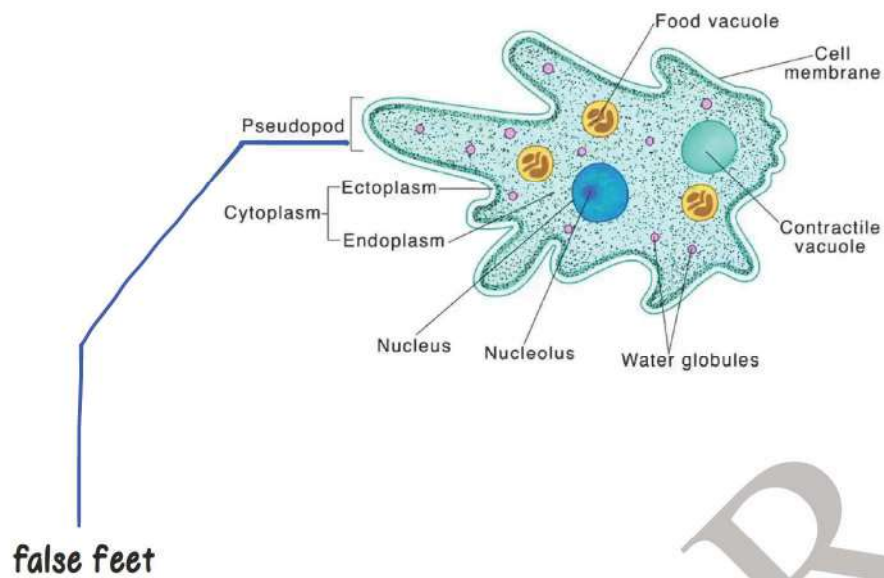
Euglena



Euglena has a tail-like structure

Helps in cell movement

Amoeba



KINGDOM FUNGI



Fungus on Bread



Mushroom

Rhizopus/Bread mould

Characteristics

- Multicellular except yeast
- Cell wall is present and is made of complex sugar chitin

- Some are in symbiotic relationship

eg: Lichen - Blue green algae + fungi

benefit from each other

changes
colour due to
global warming

gives food
to fungus

gives water + shelter
+ minerals to algae

- India's first lichen park: Uttarakhand

- Used in medicine: Penicillin

- Used in bakery: Yeast

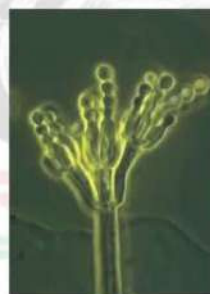
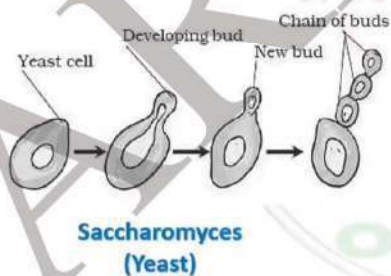
Alexander Fleming

discovered Penicillin (1st antibiotic)

Mode of nutrition

- Heterotrophic
- Saprophytic: Decaying organic material as food
- Parasitic: Dependent on protoplasm of a host organism for food

Types of fungi :-



Penicillium
(Mold)



Agaricus
(Mushroom)

KINGDOM PLANTAE

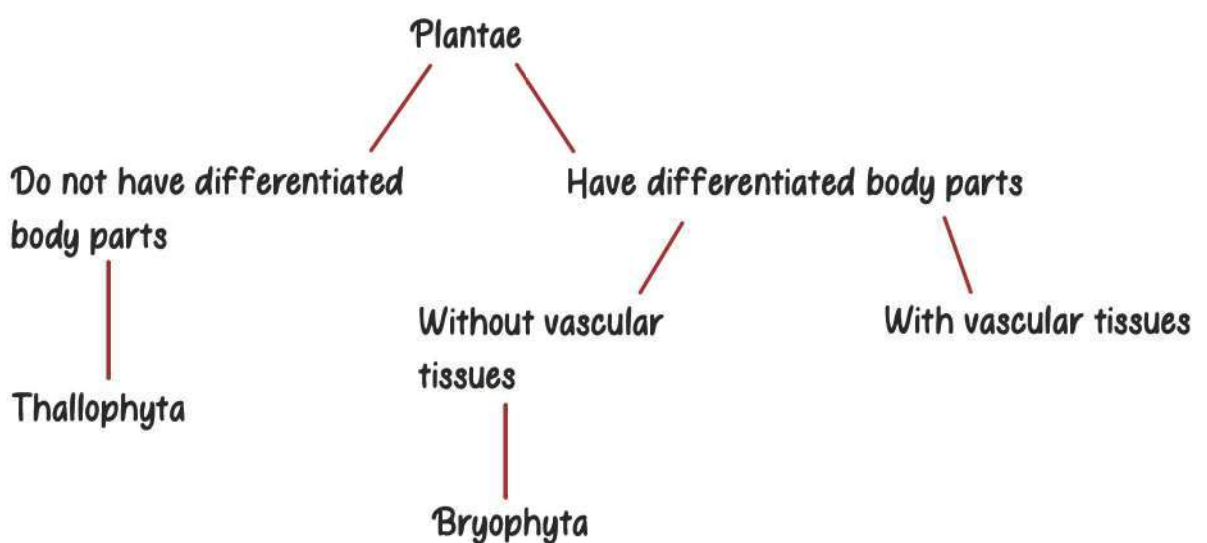
- Multicellular
- Eukaryotes
- Cell Wall present Made up of cellulose
- Autotrophic in nature
- Sedentary

AS

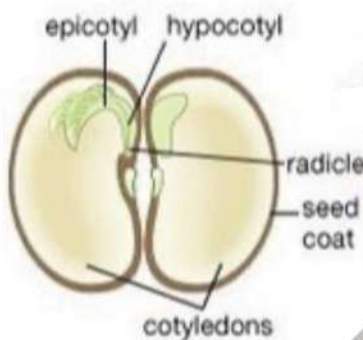
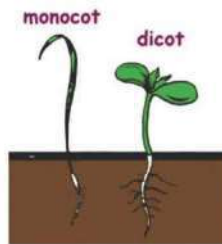
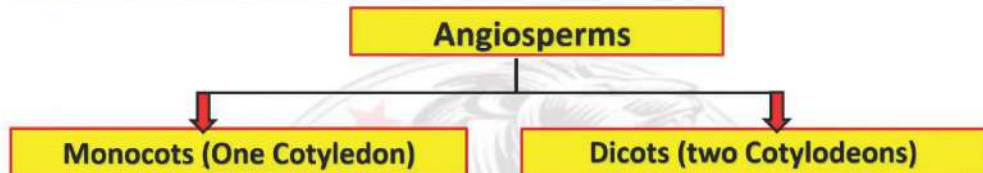
Kingdom Plantae is classified based on:-

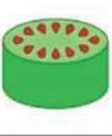
- Differentiation of plant body and distinct components
- Presence or absence of vascular tissues
- Ability to bear seeds
- Seeds are enclosed within fruits
- Ability to produce flowers

Classification of Plantae



Classification of Plantae:-



	Seed	Root	Vascular	Leaf	Flower
Monocot	 One cotyledon	 Fibrous roots	 Scattered	 Parallel veins	 Multiples of 3
Dicot	 Two cotyledons	 Tap roots	 Ringed	 Net-like veins	 4 or 5

single cotyledon

Two cotyledons

PHYLUMS OF KINGDOM PLANTAE

Characteristics of Thallophyta

- Plants do not have **well-differentiated body parts**
- Plants are called as algae
- Mostly aquatic
eg: **Spirogyra, Ulothrix, Ulva, and Chara**
- Eukaryotic organisms
- Non-motile
- Autotrophic

no distinguished root or stem or body

- Different pigments are present edible and toxic

Chlorella (rich in proteins)

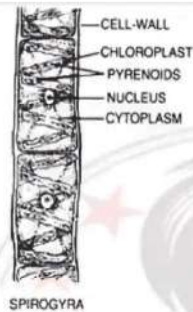
Thallophyta - Algae

Phycology: Study of algae

- **Green algae:** Chlorophyceae
- **Red algae:** Rhodophyceae
- **Brown algae:** Phaeophyceae

TRICK (Phaeophyceae)

- **S:** Sargassum
- **E:** Ectocarpus
- **L:** Laminaria (also known as Kelp (mannitol is a sweet alcohol made from kelp))
- **F:** Fucus



SPIROGYRA



ULOTHRIX



CLADOPHORA



ULVA



CHARA

TRICK (Chlorophyceae)

- **S:** Spirogyra
- **U:** Ulothrix
- **V:** Volvox
- **C:** Chara
- **C:** Cladophora



Sargassum

- **Antheridium:** the male sex organ of algae, Mosses, ferns, fungi, and other non-flowering plants

Characteristics of Bryophyta

- They are known as "Amphibians of Plant Kingdom"
- **Well differentiated body:** Stem and leaves
- Root like structures present: **Rhizoids**
- Autotrophic, non-motile
- **No specialised tissues for water and food conduction**
- Found in damp and moist areas

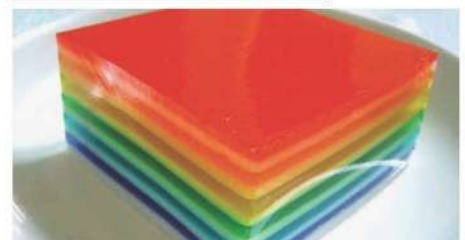
eg: Riccia, Moss (Funaria), Marchantia

- Reproduction is through water

Bryophyta:-

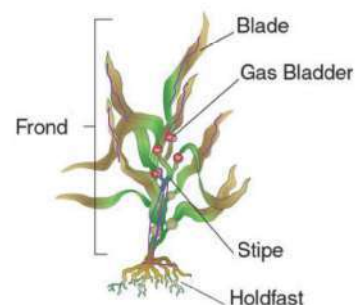
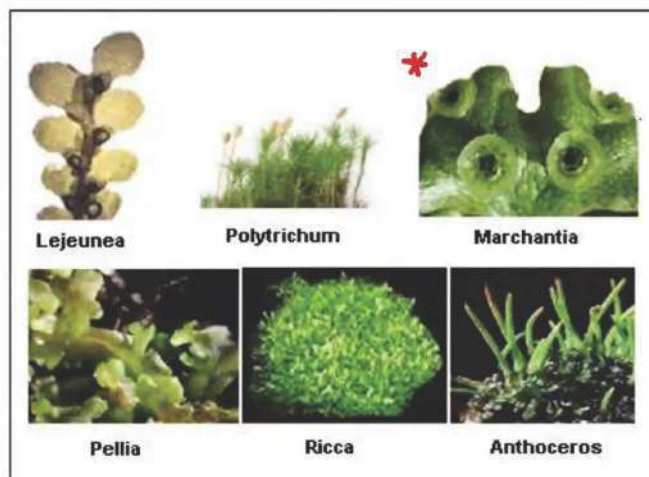
- **Male part:** Antheridium
- **Female part:** Archegonium

AGAR (Rhodophyceae)



Source

→ **P:** Porphyra, **G:** Gelidium, **P:** Polysiphonia, **G:** Gracilaria



Characteristics of Pteridophyta

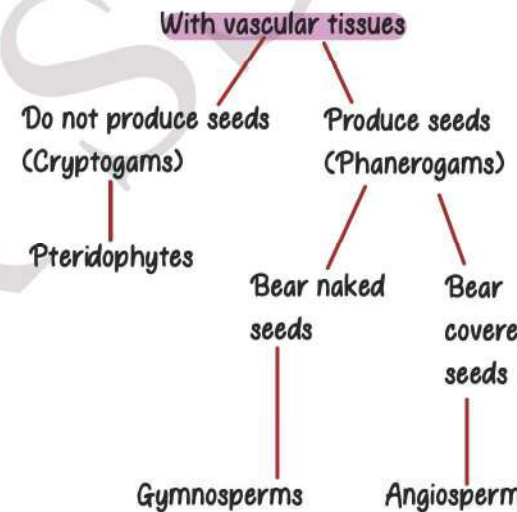
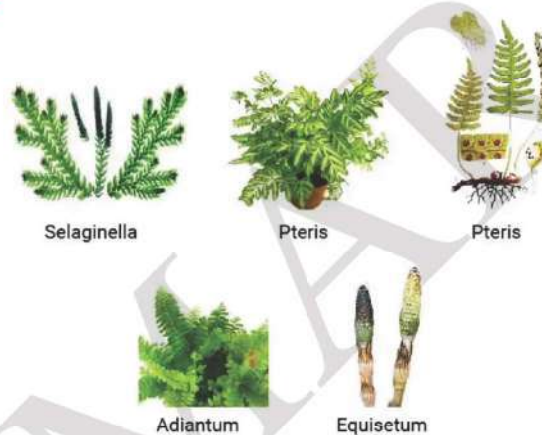
Found in cracks of rocks, moist and shady places

- First terrestrial plants
- Well-differentiated into roots, stem, and leaves
- Well-developed reproductive organs are hidden
- Specialised tissue for food and water conduction: Vascular tissues are present

eg: Marsilea and fern, Horsetails

- Leaves are made of leaflets that bear spores called Sporophylls

Pteridophyta



Difference Between Cryptogams and Phanerogams

Cryptogams

- Seeds, flowers, fruits are absent
- Reproductive organs are hidden.
- Less evolved plants.
- Mostly thallophytes, bryophytes and pteridophytes.

Phanerogams

- Seeds, flowers, fruits are present.
- Reproductive organs are exposed.
- Highly evolved plants.
- Gymnosperm and Angiosperm.

Characteristics of Gymnosperms

- **Gymno: Without cover**
- **Sperma (Seeds without fruit)** — Primitive and simple seeds
- Usually **perennials, evergreen and mostly woody plants**
- True roots, stem, and leaves are present
- Xylem vessel absent

eg: **Pinus and Deodar, Cycas**

Pinus

coniferous forest: in temperate regions

- Phloem companion cells are absent



Pines

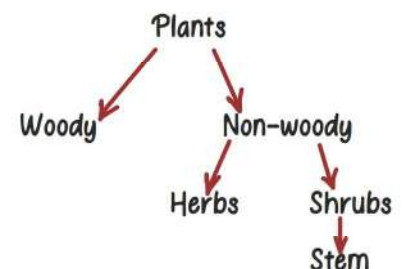


Deodar

Characteristics of Angiosperms

- **Angio: Covered**
- **Sperma: Seed**
- They are **flowering plants and produce seeds enclosed within fruit**
- They are highly evolved
- **Ovary gets modified into fruit**
- **Seeds have embryo inside it and these seeds develop inside ovary**
- Embryos have structure called **Cotyledons** (seed leaves)

Types
Monocots
Dicots



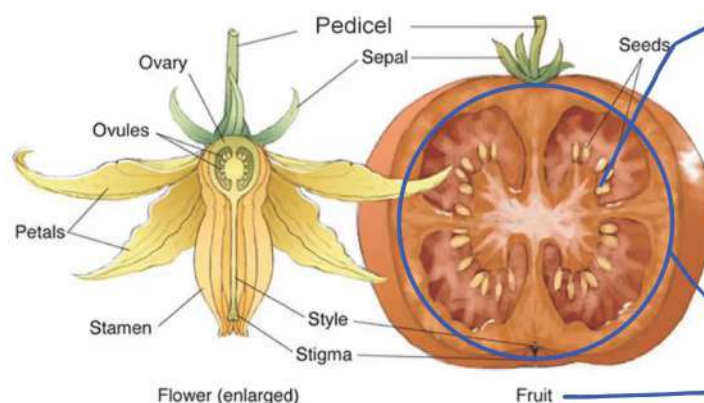
Flower to fruit:-

Cotyledons

↓
Emerge

↓
Green

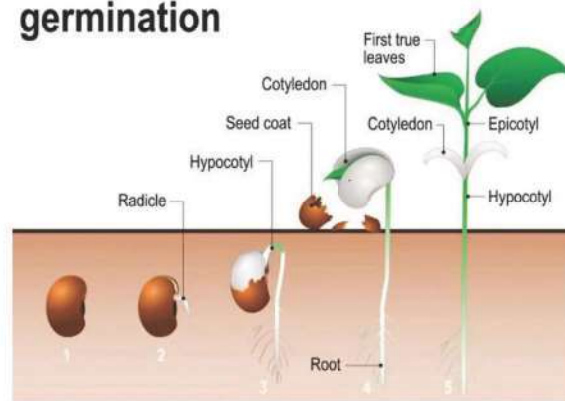
↓
During seed germination



seeds that were earlier ovules

that was earlier ovary

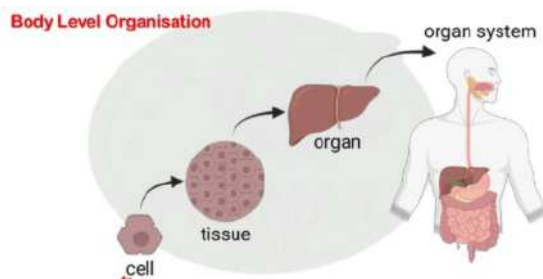
Seed germination





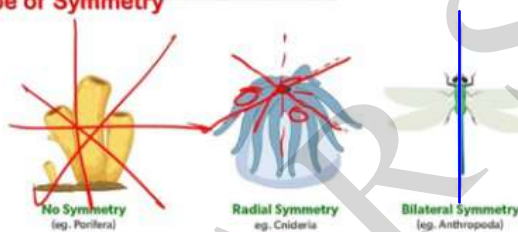
Animal Kingdom





Type of Symmetry

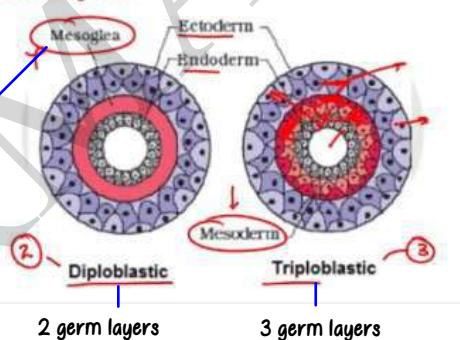
- **No symmetry/Asymmetry:** Eg: Porifera
- **Radial Symmetry:** Symmetry along any plane passing through the centre. Eg: Coelenterata, Echinodermata, Ctenophora
- **Bilateral Symmetry:** Eg: Platyhelminthes or flatworms, Nematodes, Annelida, Arthropoda



Germinal Layers

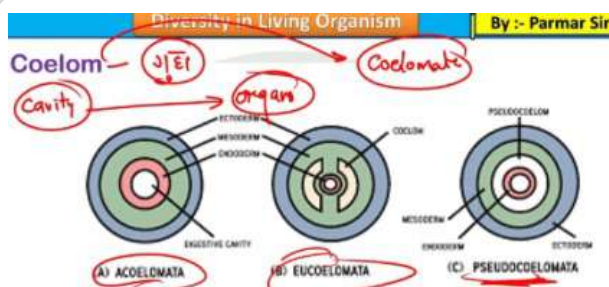
Mesoglea: jelly like matrix

- **Mesoderm:** Middle germ layer



- Porifera, Coelenterata, Ctenophora: Diploblastic
- Rest all: Triploblastic

- **Coelom:** it is the body cavity present between the body wall, and the gut wall
- Coelom has a mesodermal lining



Eucoelomata: true coelom

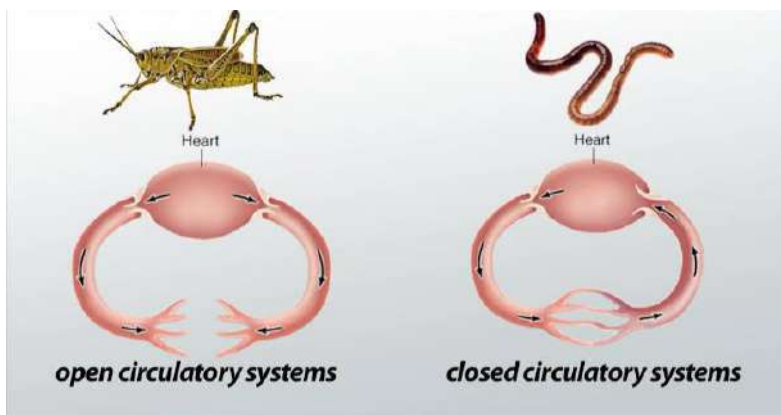
Pseudocoelomata: false coelom

Porifera	Acoelom
Coelenterate	
Ctenophora	
Platyhelminthes	
Nematoda/Aschelminthes	Pseudocoelom
Annelida	Eucoelom
Arthropoda	
Mollusca	
Echinodermata	
Chordata	

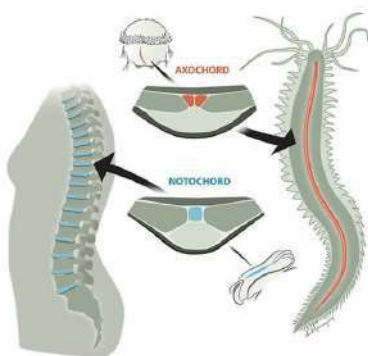
Segmentation seen in

- Annelida
- Arthropoda
- Chordata

Circulatory Systems



- **Open Circulatory System:** It is a system where there is no vessel to contain the blood and it flows freely through the cavities of the body
- **Closed Circulatory System:** The blood is enclosed in the vessels in the heart while circulating



Notochord

- Derived from mesoderm
- Rod like structure
- Present in dorsal side (upper side or back side of an animal)
- Eg: Chordata



KINGDOM ANIMALIA

- Eukaryotic
- Multicellular
- Heterotrophic
- Cell wall absent
- Most of them are mobile

- Classified into phylums on the basis of extent and type of body design differentiation found

All Phylums (in order)

- Porifera
- Coelenterate
- Ctenophora
- Platyhelminthes
- Nematoda/Aschelminthes
- Annelida
- Arthropoda
- Mollusca
- Echinodermata
- Chordata

TRICK

PC³

PA³

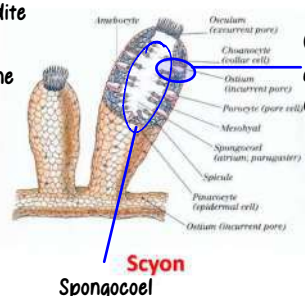
MEC

Characteristics of Porifera

- They have holes called **pores** i.e. body is **perforated** Pores lead to large body cavity called Spongocoel
- Have **water canal system** (pores se paani)
- **Asymmetrical** body
- **Cellular level organization**
- Two layer germ layers: **Diploblastic**
- **Exclusively aquatic**
- Non-motile animals
- They are hermaphrodite (male + female)
- Mainly found in marine habitat
- Some are freshwater animals

Ectoderm: cells outside the body

Endoderm: cells inside the body



Ostium: water canal system (spaces)

Scyon
Spongocoel

Endoskeleton is present

- Other examples: Euplectella, Spongilla (Freshwater sponge), Scyon, Euspongia (bathing sponge)

(Glass sponge)

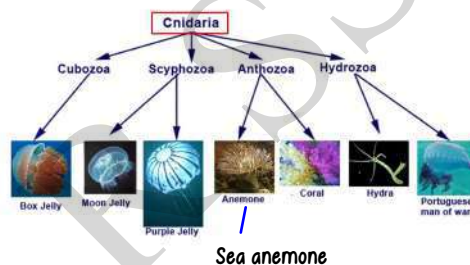


Characteristics of Ctenophora

- Show bioluminescence
- Exclusively marine
- They are hermaphrodite
- They are also known as Sea Walnuts and Comb Jellies
- Radial symmetry
- Reproduction: Sexual reproduction
- Eg: Pleurobrachia and Ctenoplana

Characteristics of Coelenterata/Cnidaria

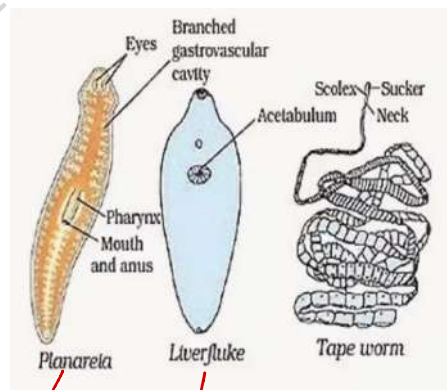
- Aquatic animals
- Body is soft
- Tissue level organisation
- Hard skeleton developed outside called Exoskeleton made of calcium carbonate
- Body made of two layers: Diploblastic
- Anus is absent
- Radial symmetry (divided in equal parts from anywhere)
- Central gastrovascular cavity is present
eg: Coral and hydra
- Mouth is present surrounded by tentacles
- Mostly marine some are freshwater animals (eg: Hydra)
- Stinging cells are present in Cnidoblast known as Nematocyst



Characteristics of Platyhelminthes

- They have dorsoventrally flattened body like a ribbon
- Bilateral symmetry
- Organ level organisation
- Triploblastic animals: three germ layers
- True internal cavity/coelom absent: Acoelomate

Body cavity



Free living

Parasite

- They can be parasitic or free living
- Coelom have organs accommodated
- Either free, living or parasitic and terrestrial
- Suckers and hooks are usually present
- Hermaphrodite (Male+Female part present) animals
- Anus is absent
- They have FLAME CELLS for excretion and osmoregulation
- Incomplete digestive system (common opening for mouth and anus)



Characteristics of Nematodes/Aschelminthes

- Body is **cylindrical**
- **Bilateral symmetry**
- **Triploblastic organisation**
- **Organ system organization**
- **No real organs present**
- **Pseudocoelom present** (false cavity)
- **Alimentary is complete:** mouth and anus (Different entry and exit point)
eg: Elephantiasis (Filarial worms)
Worms in intestines (roundworms/pinworms)
- **Sexes are separate**
- Animals show sexual dimorphism
- **Renette cells present**
- Most forms are **parasitic**, but some are free living in soil/water
- Parasitic forms are **pathogenic** (causes disease)
- Eg: Ascaris, Wucheria, Ancylostoma (hookworm)



Phylum Nematoda



Hermaphrodite: having both male and female part

Unisexual: either male or female part

- Locomotory organs paired, lateral appendages **parapodia (Nereis)**
- Alimentary canal is tube like extend from mouth to anus
- They are usually found in freshwater, marine water, land

Characteristics of Annelida

- **Bilaterally symmetrical**
- **Triploblastic**
- **Cylindrical/dorsoventrally flattened**
- **Brown colour skin is present**
- **True coelomate animal**
- **True organ packaged in coelom**
- **Organ system organization**
- **Body segmetation is present**
- **Reproduction: Sexually**



Phylum Annelida

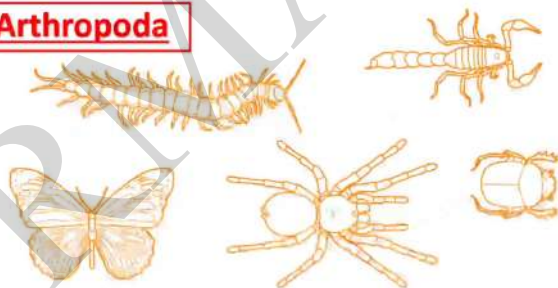
- **Nephridia:** For osmoregulation and excretion



Characteristics of Arthropoda

- **Largest phylum in animal kingdom** — Insecta is the largest class
- They have jointed legs
- Bilateral symmetry
- Segmented body into head, thorax/cahals thorax, abdomen
- **Open circulatory system** (blood openly flows; not through a blood vessel)
- **Coelom is present and is blood filled**
- Triploblastic
- Respiration through **gills, trachea**
- Excretion through **Malpighian Tubules**
- **Exoskeleton is made of chitin**
- Unisexual
- Alimentary canal is complete
- Terrestrial/aquatic (fresh/marine animals)
- Sexes are separate

Arthropoda



Devil fish: common name of octopus

Characteristics of Mollusca

→ 2nd largest phylum

- Body is soft
- Exoskeleton is **hard (snails)**
- Little segmentation on body
- **Open circulatory system**
- Bilateral symmetry/asymmetrical



Molluscs

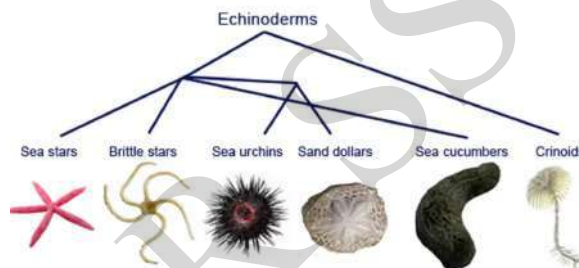


- Blue colour blood: Haemocyanin
- Alimentary canal is complete
- Kidney like organs for excretion is present
- Respiration through gills
- Unisexual
- Entire body covered in mantle (a fold of thin skin)
- Foot is for locomotion

- Cuttle fish belongs to phylum Mollusca

Characteristics of Echinodermata

- Spiny skinned organism
- Star shaped, spherical, elongated
- Radial symmetry
- Triploblastic
- Coelomic cavity is present
- No segmentation
- Organ system organization



Characteristics of Chordata

- They have notochord: rod like structure
- Paired gills slits in pharynx
- Bilateral
- Triploblastic
- Organ system level organisation
- Closed blood vascular system
- Heart is ventral
- Coelomate

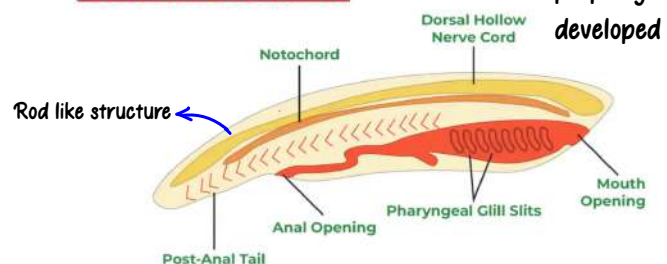
Types:

Notochord not developed properly

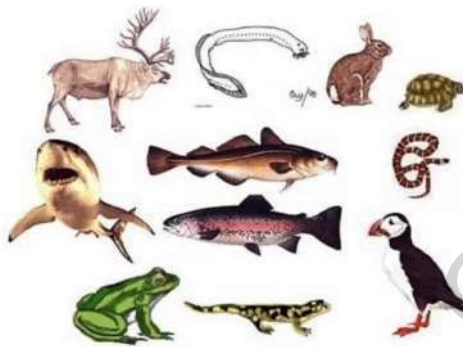
- a) Protochordata
- b) Vertebrata

Notochord properly developed

Basic structure of Chordates

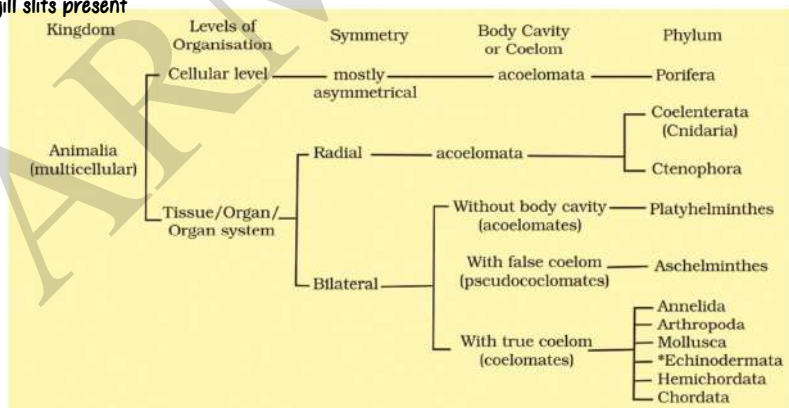


• Hemichordata → Invertebrates



Characteristics of Protochordata

- Do not have proper notochord present during all stages of life
- Bilaterally symmetrical
- Triploblastic
- Coelomate animals
- Nerve cord is present
- Pharyngeal gill slits present
- Post anal tail present



*Echinodermata exhibits radial or bilateral symmetry depending on the stage.

Figure 4.4 Broad classification of Kingdom Animalia based on common fundamental features



Phylum	Level of Organisation	Symmetry	Coelom	Segmentation	Digestive System	Circulatory System	Respiratory System	Distinctive Features
Porifera	Cellular	Various	Absent	Absent	Absent	Absent	Absent	Body with pores and canals in walls.
Cocenterata (Cnidaria)	Tissue	Radial	Absent	Absent	Incomplete	Absent	Absent	Cnidoblasts present.
Ctenophora	Tissue	Radial	Absent	Absent	Incomplete	Absent	Absent	Comb plates for locomotion.
Platyhelminthes	Organ & Organ-system	Bilateral	Absent	Absent	Incomplete	Absent	Absent	Flat body, suckers.
Aschelminthes	Organ-system	Bilateral	Pseudo coelomate	Absent	Complete	Absent	Absent	Often worm-shaped, elongated.
Annelida	Organ-system	Bilateral	Coelomate	Present	Complete	Present	Absent	Body segmentation like rings.
Arthropoda	Organ-system	Bilateral	Coelomate	Present	Complete	Present	Present	Exoskeleton of cuticle, jointed appendages.
Mollusca	Organ-system	Bilateral	Coelomate	Absent	Complete	Present	Present	External skeleton of shell usually present.
Echinodermata	Organ-system	Radial	Coelomate	Absent	Complete	Present	Present	Water vascular system, radial symmetry.
Hemichordata	Organ-system	Bilateral	Coelomate	Absent	Complete	Present	Present	Worm-like with proboscis, collar and trunk.
Chordata	Organ-system	Bilateral	Coelomate	Present	Complete	Present	Present	Notochord, dorsal hollow nerve cord, gill slits with limbs or fins.

Characteristics of Vertebrates

Characteristics of Cyclostomata

- They are **jawless vertebrates**
eg: Petromyzon/Myxine, hog fishes, lamprey

Characteristics of Pisces

- They are **fishes**
eg: Dog fish, Shark, tuna
- **Chambered heart: 2**

Arthropoda

- Crayfish
- Silverfish

Mammals

- Whale
- Dolphins



Characteristics of Amphibians

- They have mucous glands in skin for respiration
- They have 3 chambered heart → or through gills
eg: Frogs, toads, salamander
- Cold blooded animals

Characteristics of Reptiles

- They have 3 chambered heart
- Exception: Crocodile 4 chambered heart
- Cold blooded animals
eg: snake, turtle, lizard, crocodile

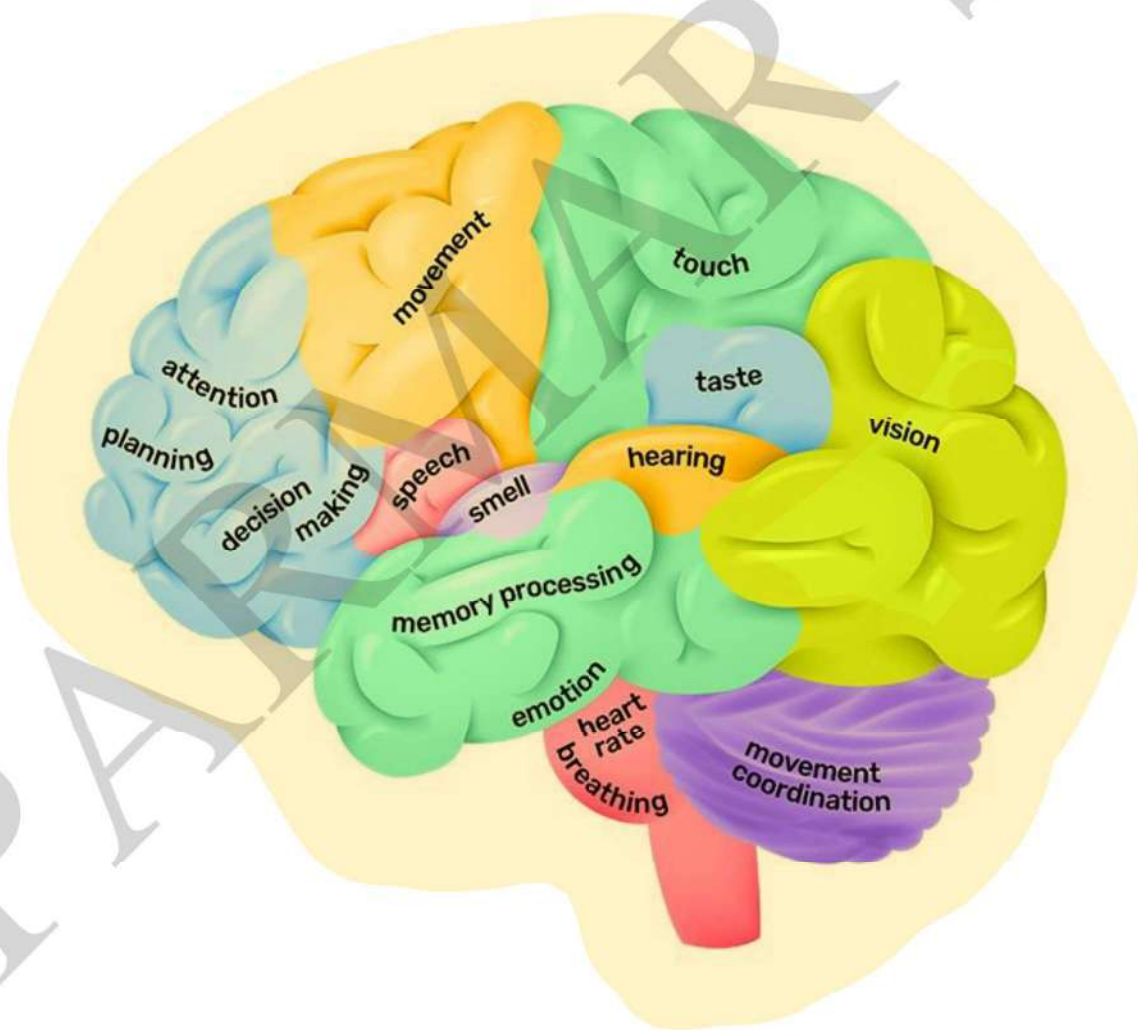
Characteristics of Aves

- They are warm blooded animals
- They have 4 chambered heart
- They lay eggs — Oviparous

Characteristics of Mammalian

- They are warm blooded organism
- They have 4 chambered heart
- They have mammary glands — Viviparous
- Exception: Mammals but lay eggs eg: Platypus and echidnas

BRAIN



Nervous System

Central Nervous System

- (1) Brain
- (2) Spinal Cord

Peripheral Nervous System

- (1) Nerves

Weight of brain

- Male: 1370 gm
- Female: 1300 gm

Central Nervous System (CNS)

- The brain is the central information, processing organ of our body, and acts as the "command and control system"

It controls:-

- Voluntary movements
- Balance of the body
- Functioning of vital involuntary organs (lungs, heart, kidneys, etc.)
- Thermoregulation
- Hunger and thirst
- Circadian rhythm etc.

- The human brain is well protected by skull

Inside of the skull, brain is covered by: Cranial Meninges

Consists of:-

- **Dura Mater:** Outer layer
- **Arachnoid:** A very thin middle layer
- **Pia Mater:** Inner layer (which is in contact with the brain tissue)



Meninges

- Pain receptors are present in meninges

- Our brain demands half of sugar energy

- Total no. of bones in skull: 22

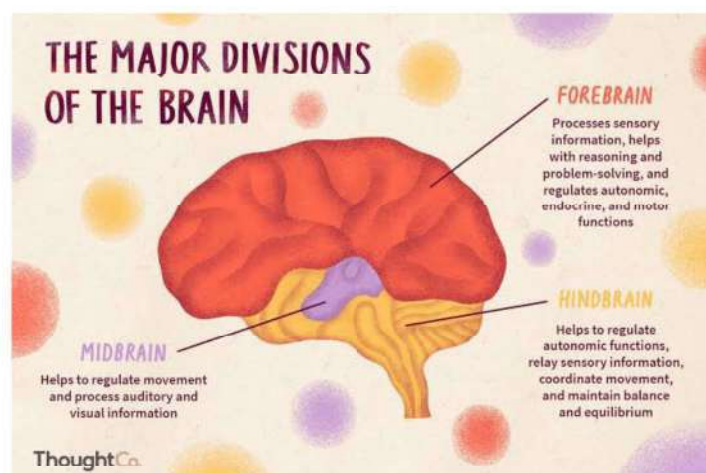
- 14: Facial bone
- 8: Cranial bone

- The adult brain accounts for mere of 2% of body weight but consumes:-

- 20%: O_2
- 20-25%: Glucose

- The Human brain can be divided into three major parts:-

1. **Fore Brain**
2. **Mid Brain**
3. **Hind Brain**



→ Fore Brain

Functions:-

- Controls voluntary action
- Associated with hunger, memory, pain

Parts:-

(1) Cerebrum

- Largest part of brain
- The hemisphere of cerebrum are connected by tract of nerve fibres called as **Corpus Callosum**
- The layer of cell, which covers the cerebral hemisphere is called cerebral cortex (referred to as grey matter due to its greyish appearance)
- Cerebrum is responsible for memory, learning

(2) Thalamus (Pain and Sensation)

- Major coordinating centre for sensory and motor signalling
- Thalamus works as a "Relay Station" (takes information from body and sends it further to cerebral cortex)
Body senses → Thalamus → Cerebral cortex
- Touch, taste, sound — these senses are processed by Thalamus to Cerebral Cortex

(3) Hypothalamus

- Lies at the base of thalamus
- Contains number of centres which control body temperature, urge for eating and drinking
- Contains several groups of neuro secretory cells, which secretes hormone called hypothalamic hormones

→ Mid Brain

- Located between Hypothalamus of forebrain and pons of hindbrain
- It is involved in several functions such as: motor control, particularly eye movements and processing of vision and hearing

→ Hind Brain

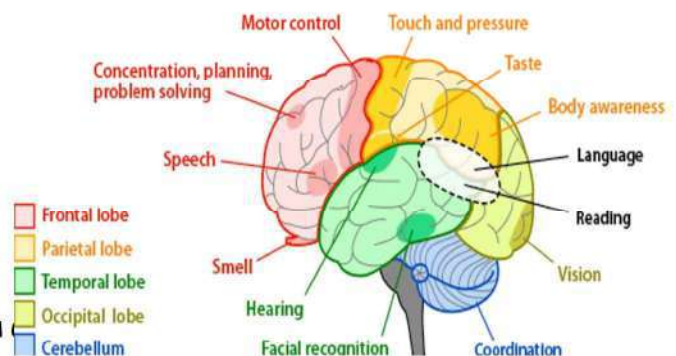
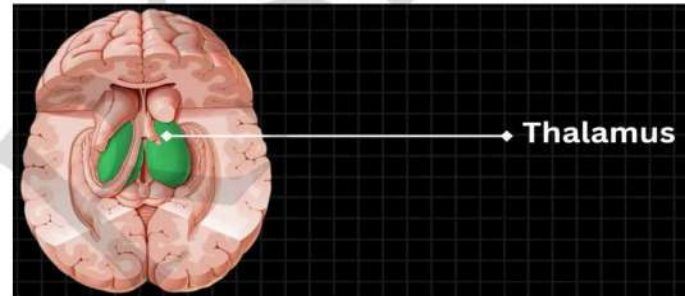
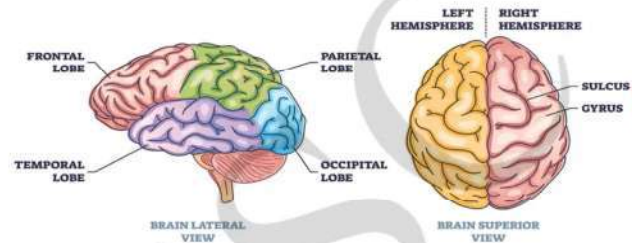
Consists of:-

(1) **Pons**: Middle portion of the brain that coordinates face and eye movements, facial sensations, hearing and balance

(2) **Cerebellum**: Maintains body posture and balance, also known as "little brain"

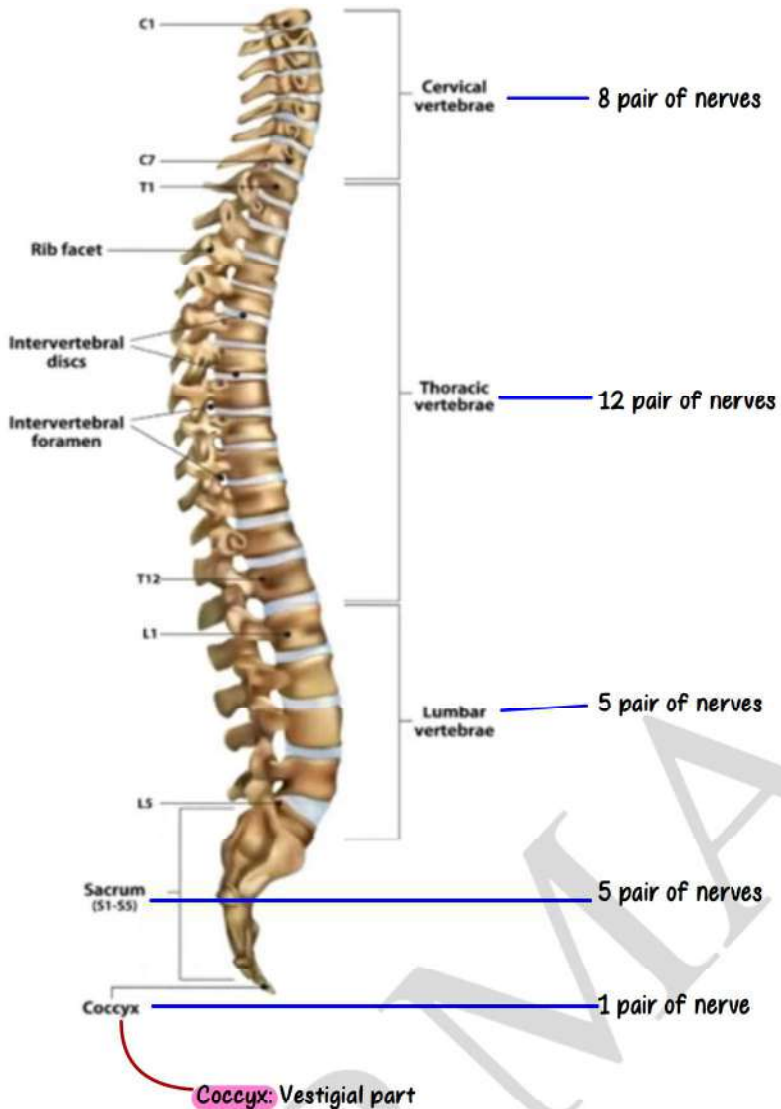
(3) **Medulla Oblongata**: It is connected to the spinal cord. The medulla centres which control respiration, heartbeat, and gastric secretions

Cerebrum



Spinal Cord

Total spinal nerves pairs: 31



It refers to the parts of nervous system outside the brain and spinal cord

Peripheral Nervous System

(1) Somatic Nervous System

- Voluntary

Types:-

Sensory Nervous System: carry information from body organs to CNS

- Also known as **Afferent nerves**

Motor Nervous System: carry information from CNS to body organs

- Also known as **Efferent nerves**

Pathway transmits sensory information, such as pain, pressure, temperature, etc. through receptors (pain receptors, etc.)



Travels through Sensory neurons



Information carried to CNS → Brain

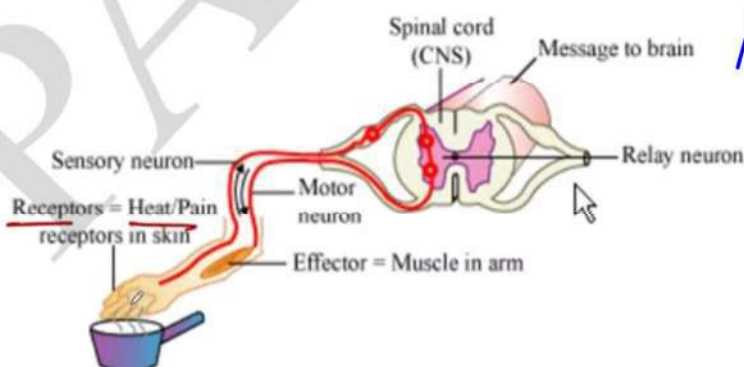


Relay neurons



Motor neurons

• Pathway of PNS



(2) Autonomic Nervous System

- Involuntary

Types:-

- Sympathetic Nervous System: Controls body's "Flight-or-Fight" response — Help you in times of need, such as danger or stress
- Parasympathetic Nervous System: Controls body's "Rest and Digest" response — it relaxes the body's system and return them to normal

Diseases in Brain

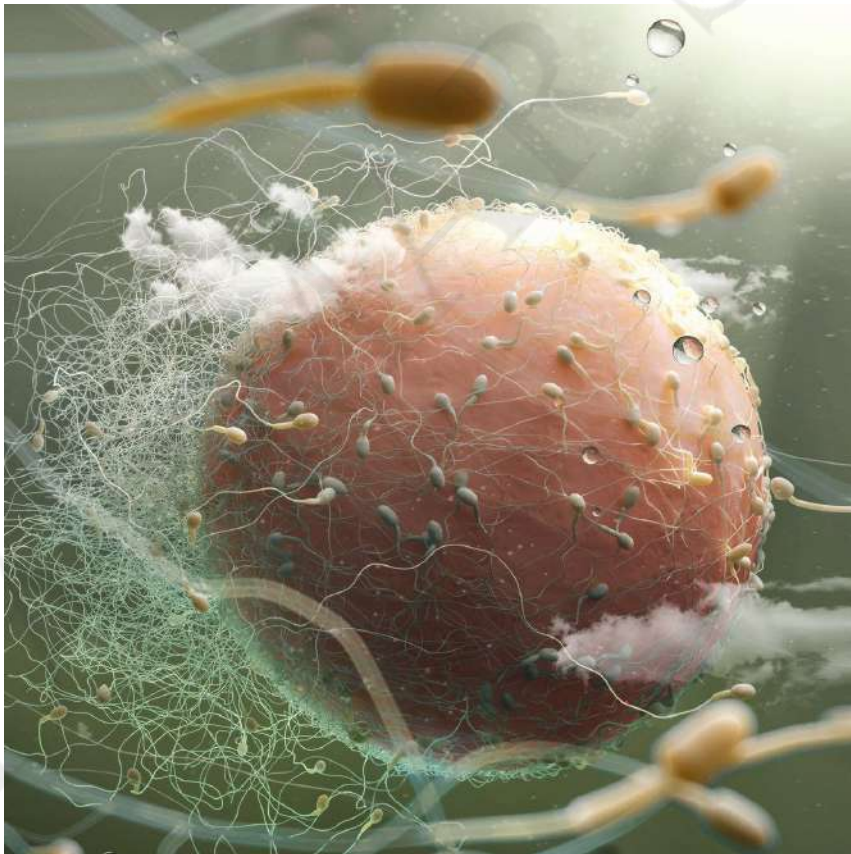
- Meningitis

- Cerebrum → Alzheimer's: Degenerative brain disorder that leads to dementia (loss of memory)

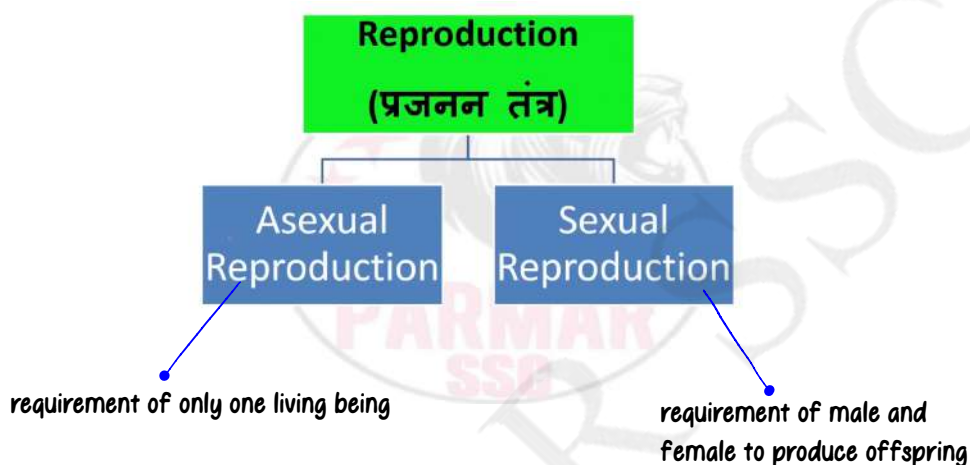
- Amnesia: Inability to remember events for a period of time, often due to brain injury or illness



REPRODUCTION



INDEX	
Topics	Pages
1. Reproduction → Asexual reproduction vs Sexual reproduction → Modes of asexual reproduction	3
2. Asexual Reproduction Types of Reproduction → Binary fission	4
→ Multiple fission	5
→ Fragmentation	5
→ Budding	6
→ Regeneration	7
→ Vegetative propagation	7
Types i) Cutting ii) Layering iii) Grafting	8
→ Tissue culture	9
→ Spore formation	9
3. Sexual Reproduction a) In Plants → Types of flower → Male part → Female part → Pollination	10
a) Self-pollination b) Cross-pollination	11
→ False fruit → Parthenocarpic fruit → Drupe fruit	11
b) In Humans → Male reproductive organ → Female reproductive organ → Human reproductive system	11 12 12 12
→ Role of artery and veins in pregnancy	13
→ IVF (In Vitro Fertilisation)	13
→ Types of Fertilisation	13
→ Parthenogenesis	13



REPRODUCTION

- It is a method by which offsprings are produced by the living beings
- Reproduction is not a necessary instinct for survival of a living being

Asexual Reproduction	Sexual Reproduction
• Only one parent plant is involved • Occurs in unisexual plants • Occurs in lower plants • Genetic similarity is commonly seen here • Reproductive organs are not present	• Both male and female parents are involved • Occurs in bisexual plants • Occur in higher plants • Genetic diversity is commonly seen here • Fully developed reproductive parts are present

MODES OF ASEXUAL REPRODUCTION

- (a) Binary Fission
- (b) Multiple Fission
- (c) Fragmentation
- (d) Budding
- (e) Spore Formation
- (f) Regeneration
- (g) Vegetative Propagation

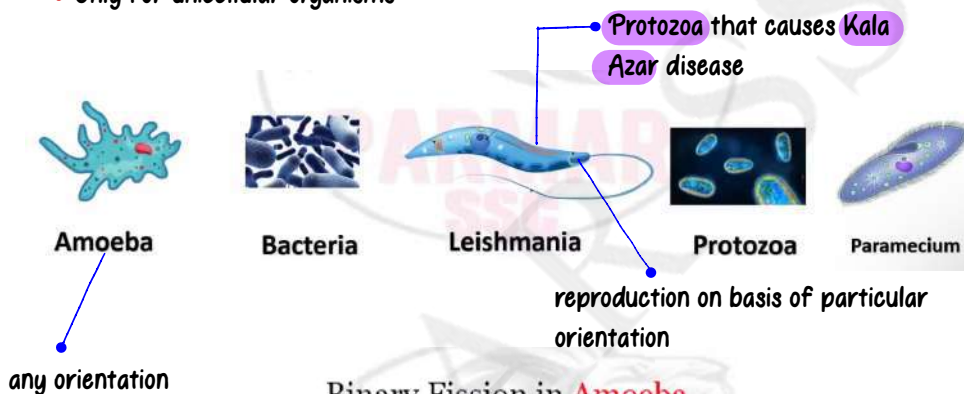


ASEXUAL REPRODUCTION

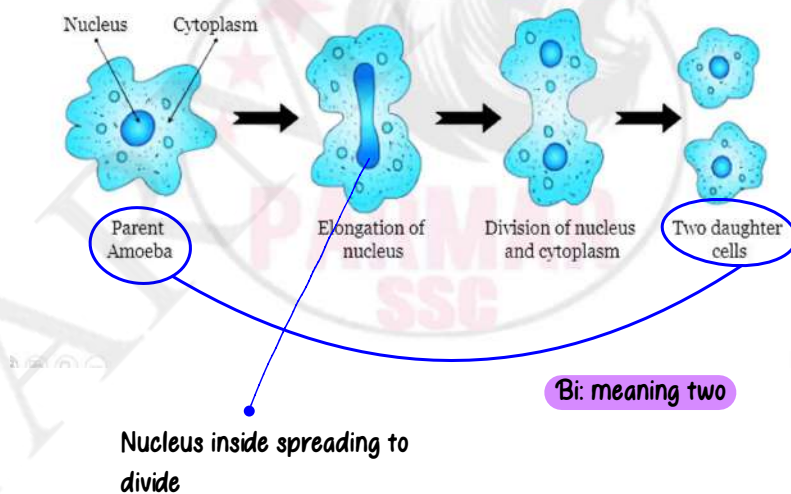
TYPES OF ASEXUAL REPRODUCTION

a) BINARY FISSION

- It is a process of reproduction in which a unicellular organism divides into two organisms
- Only for unicellular organisms



Binary Fission in Amoeba



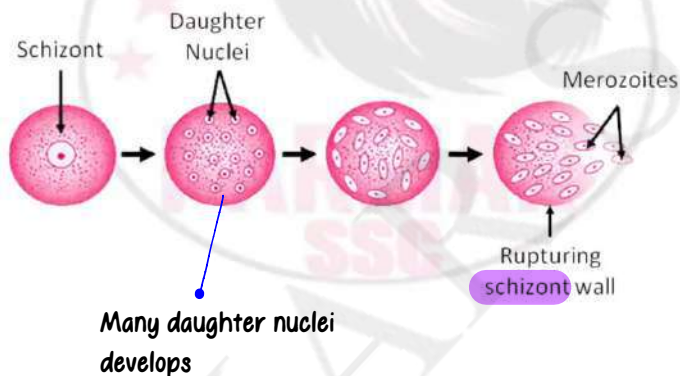


Malaria causing protozoa

b) MULTIPLE FISSION

- It will develop many offsprings
- It happens in unicellular organisms: Malarial Parasite — Plasmodium

MULTIPLE FISSION IN PLASMODIUM



c) FRAGMENTATION

- it is used by simple multicellular organisms like spirogyra and sea anemone

green algae

Spirogyra



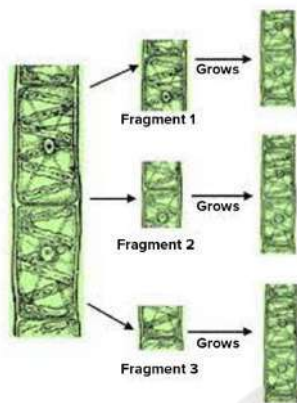
Plant found in water

Sea Anemone



Animal found in water

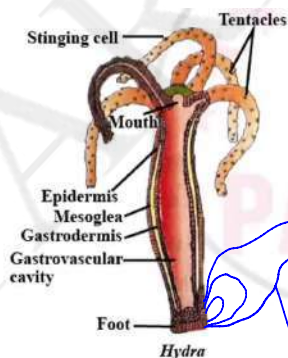
- Red algae mode of reproduction: Fragmentation



Breaks into half, which is not fully develop that later develops into complete spirogyra

d) BUDDING

- It is a process used by simple multicellular organisms like **hydra and yeast**



Yeast

Develops buds to form complete hydra

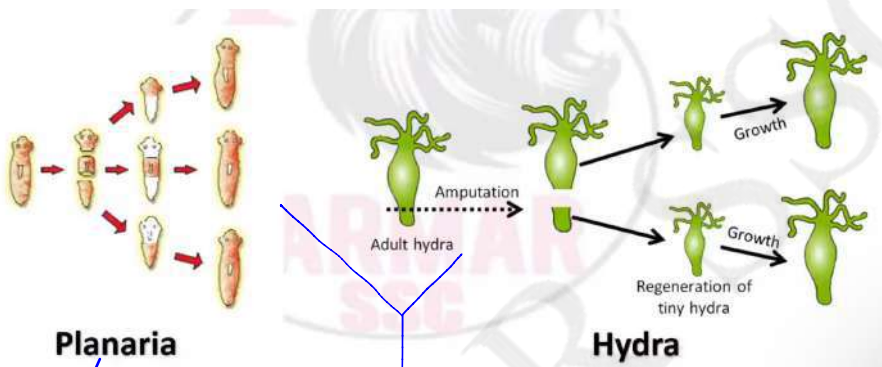


e) REGENERATION

not exactly a method of reproduction

- It occurs in simple multicellular organisms like **planaria and hydra, rhizopus**

Bread mould



Planaria

Hydra

Phylum: Platyhelminthes
Eg: Tapeworms, flatworms

- They are free living

organisms repairs or regenerates the missing part of the body and form a complete organism again

f) VEGETATIVE PROPAGATION

- It is a type of reproduction where new plants grow from a **fragment or cutting of parent plants**

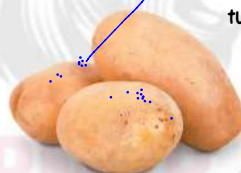
The buds on a potato are called "eyes" and they can grow into new potato plants, they are located in the tuber



Money Plant



Rose plant



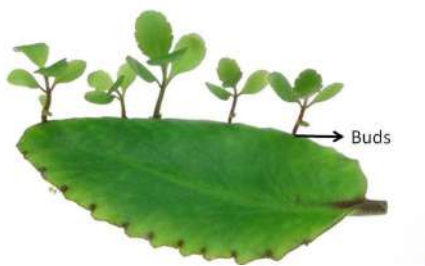
Potato



Bryophyllum



VEGETATIVE PROPAGATION IN BRYOPHYLLUM



eg: in a barren land when it rains, grass grows as stems are present on the ground

TYPES

i) **CUTTING**: a part of plant (stem or leaf) is cut and planted into soil

eg: rose plant, money plant, sugarcane plant, banana plant

ii) **LAYERING**: the stem of the plant is bent to the ground and covered with soil

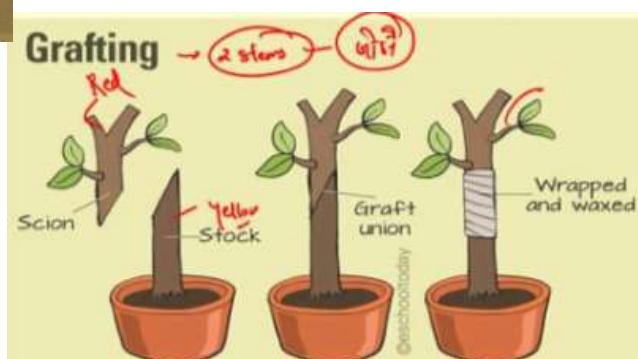
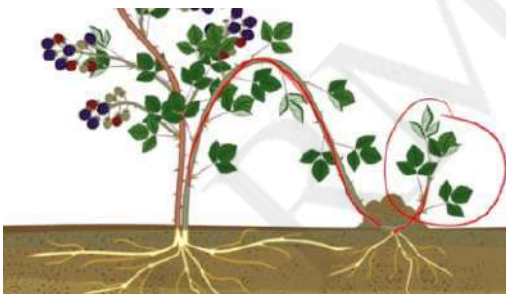
eg: Lemon, strawberry

iii) **GRAFTING**: cutting from some other plant attached to the stem of a plant and planted to soil

eg: Rose plant

→ Why is vegetative propagation done?

- To save time
- To get varieties of plants of same or different type





g) TISSUE CULTURE

- Scientific artificial vegetative propagation is known as tissue culture
- Tissue from different parts of plant are cultured in chemicals in laboratory to develop into a new plant

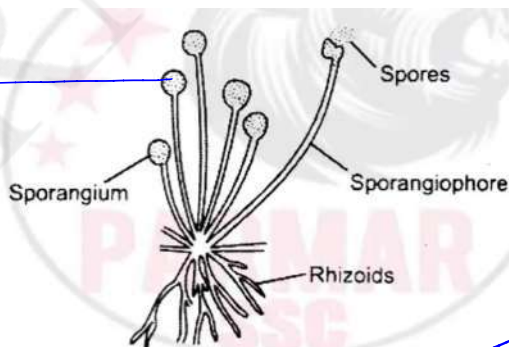


- used in ornamental plants
eg: Snake plant
→ Cost of selling such plant is very high

h) SPORE FORMATION

- It occurs in simple multicellular organisms like **rhizopus**

Bob and stick like structures that releases spores and these spores further reproduces to rhizopus



Spore formation in Rhizopus

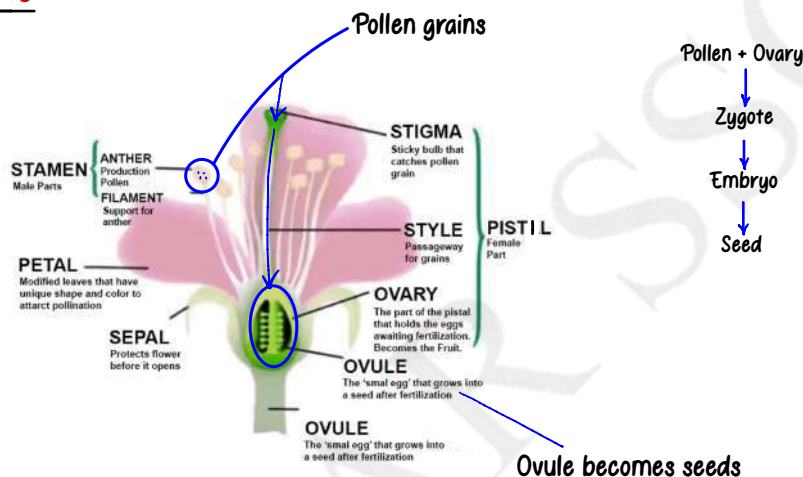
bread mould

- green colour fungus on bread: rhizopus



SEXUAL REPRODUCTION

PLANTS



- Reproductive organ in plants: **Flower**

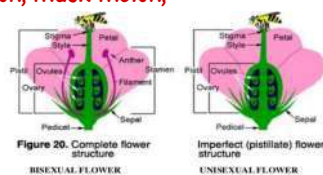
Two types of flower

- Male + Female part in same plant: **Bisexual/Monoecious**-eg: Hibiscus, sunflower, rose, lily, tulip, tomato, chilli, petunia
- Only Male or Female part: **Unisexual** —eg: Papaya, cucumber, watermelon, musk melon, bitter gourd

Both the male and the female unisexual flowers may be present in the same plant or in different plants

Male part has:

- **Filament**: supports anther
 - **Anther**: produces **pollen** — collectively called **STAMEN**
- Yellow colour



collectively called **PISTIL**

Female part has:

- **Stigma**: sticky bulb that catches pollen
- **Style**: passageway for pollen
- **Ovary**: the part of pistil that holds the eggs awaiting fertilisation. Becomes the fruit



The transfer of pollen from anther to stigma of a flower is called as pollination

Pollination: pollen grains reach stigma through

Wind

Water

Insect

Anemophily

Hydrophily

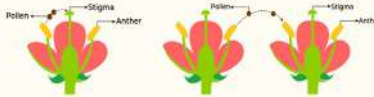
Entomophily

Insects visit flowers and carry away pollen on their bodies

(a) **Self-pollination:** When the pollen lands on stigma of same flower

(b) **Cross-pollination:** When the pollen of a flower lands on stigma of another flower of same plant or that of a different plant of same kind

Self-Pollination Vs Cross-Pollination



REPRODUCTION IN HUMANS

Male sex cells

Male gamete

Sperm

Female sex cells

Ovum

Zygote

Embryo

Child

FALSE FRUIT

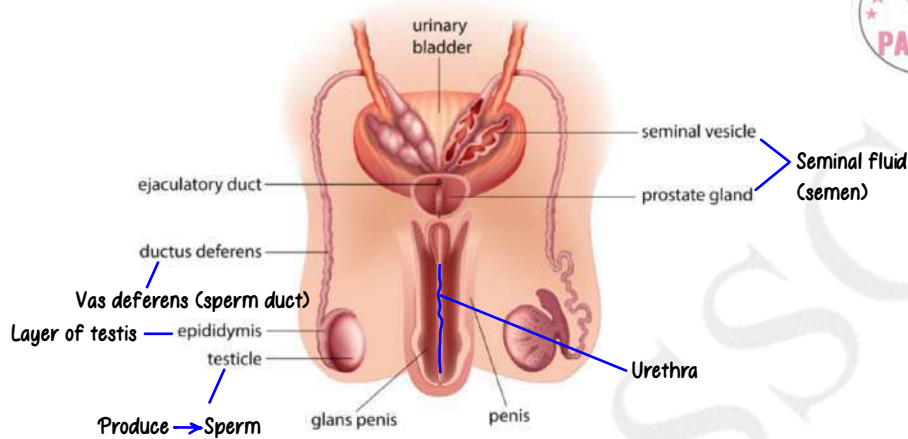
- A fruit that develops from other parts of a flower, in addition to ovary, and does not require fertilisation
- Thallus is also involved
- Eg: Apple, cashew nut

PARTHENOCARPIC FRUIT

- Seedless fruit, that develops without fertilisation of the ovule
- Eg: Banana, grape, cucumber

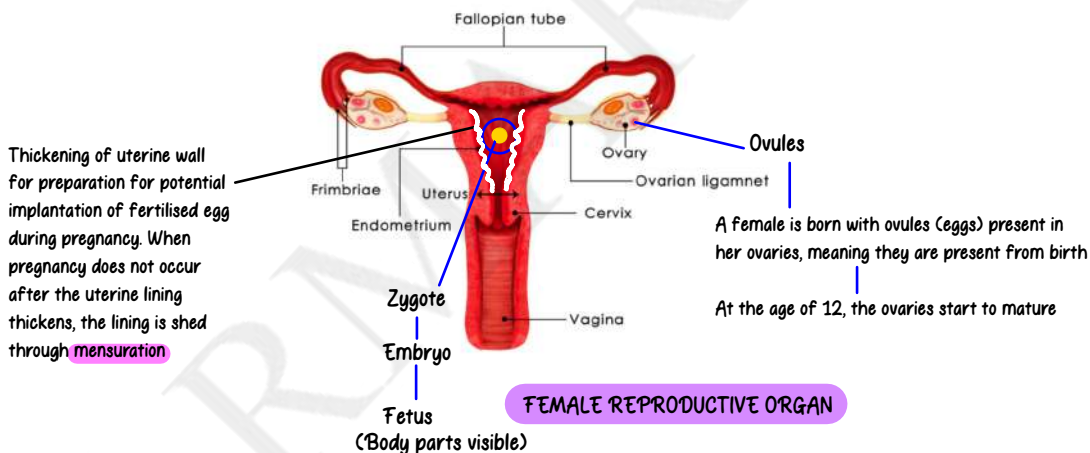
DRUPE FRUIT

- It is a type of fruit with a hard shell that includes a seed and has
- an inner flesh
- Eg: Coconut



Sperm production in males typically begins around the age of 10-12 years old

MALE REPRODUCTIVE ORGAN

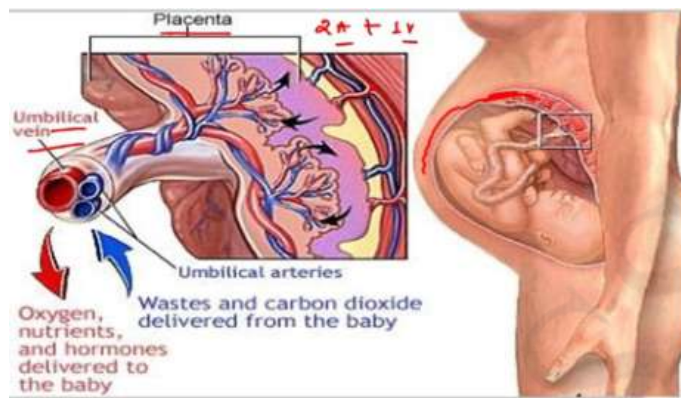


FEMALE REPRODUCTIVE ORGAN

HUMAN REPRODUCTIVE SYSTEM

• Cervical cancer is caused by: HPV virus (Human Papilloma Virus)





ROLE OF ARTERY AND VEINS IN PREGNANCY

- **Artery:** Deoxygenated blood/waste
Fetus → Placenta
- **Veins:** Oxygenated blood/nutrition
Placenta → Fetus
- **IVF (In Vitro Fertilisation):** An egg is combined with a sperm in vitro (outside of mother's body in a lab) and later the embryo is transferred to the uterus of the mother



Types of Fertilisation

- (a) **Internal Fertilisation:** The process of a sperm cell and an egg cell fusing inside the female body during reproduction
- **Eg:** In humans
- (b) **External Fertilisation:** A reproductive process where a male sperm fertilises a female's egg outside of the female's body
- **Eg:** Frog, earthworms, crab

- **Parthenogenesis:** A type of asexual reproduction, where an organism develops from an unfertilised egg, without the need for sperm — The unfertilised egg completely develops into a new organism
- **Eg:** Honey bees, Lizards



LIFE PROCESS

DIGESTION+RESPIRATION

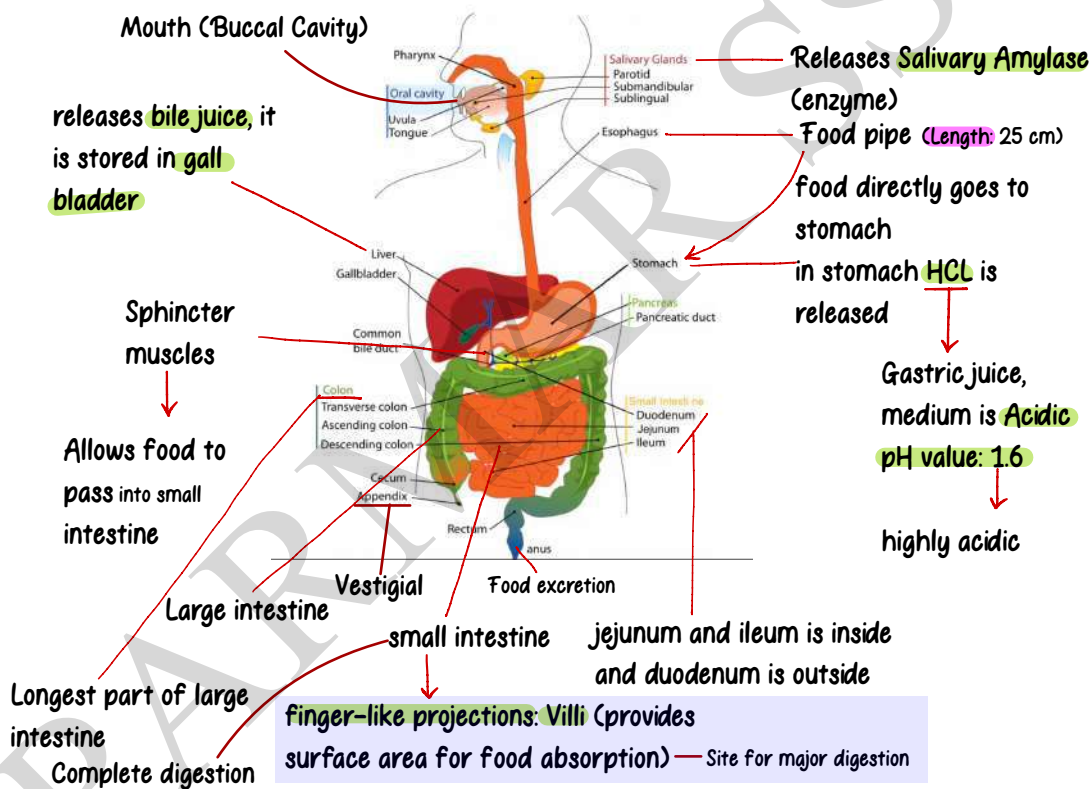




4 components of Life Process:

- Digestion
- Respiration
- Circulation
- Excretion

DIGESTIVE SYSTEM



→ **Salivary Amylase:** breaks complex carbohydrates to simple carbohydrates

- Stomach —
1. **HCl:** kills harmful bacteria; medium — Acidic
 2. **Pepsin:** breaks protein → Amino acids (20 Amino acids)
- HCl is present in gastric juice → pH: 1.6

- **Mucus membrane:** protects inner delicate lining of stomach from gastric juice



• **Sphincter muscle**: it allows food to pass from stomach to small intestine

• **Small intestine**: 7-8 m length, longest part of alimentary canal



• **3 parts**: Duodenum, Jejunum, Ileum

Major part of digestion occur here

• **Bile juice functions**

- Stored in Gall Bladder
- Secreted by liver

Small intestine: basic/alkaline

Fat globules (large) → Smaller fat globules

• **Pancreatic juice** (secreted by **Pancreas**)

Second largest gland

• **amylase**: breaks carbs

• **lipase**: fats → fatty acid

• **trypsin**: proteins → amino acid

Works in basic medium
provides by bile juice

• **Large Intestine**: 1.5 m length

• **Cecum** is the first part of the large intestine, and it connects the small intestine to the colon

• **Colon**: Responsible for absorbing water from indigestible food residues

• **Maltase**: in salivary gland and small intestine

Maltose $\xrightarrow[\text{enzyme}]{\text{Maltase}}$ Glucose



Alimentary Canal: the whole passage along which food passes through

Liver and pancreas are not its part

Mouth
↓
Oesophagus
↓
Stomach
↓
Small intestine
↓
Large intestine
↓
Rectum
↓
Anus

Roughage found in

- Fibre — Promotes peristalsis
- Green leafy vegetables: Fruits

Liver (Study of liver: Hepatology) Cells stores: Glycogen

- Liver converts glucose into glycogen and amino acids into proteins
- It is of dark red brown colour
- **Position:** right of abdomen side
- **Kupffer cells:** star shaped phagocytic cells in the lining of liver sinusoids (They are involved in breakdown of RBCs) — Kupffer cells have ability to regenerate
- It is the largest gland
- **Hepatocytes:** They are the major parenchymal cells of the liver responsible for various cellular functions

Villi

- The finger-like projections in small intestine
- They help in increase of surface area for food absorption

Respiration

- It is a biochemical process of enzyme, including oxidative breakdown of organic compounds inside living cells, releasing energy in the form of ATP

Breathing

- The process of taking O_2 and releasing of CO_2

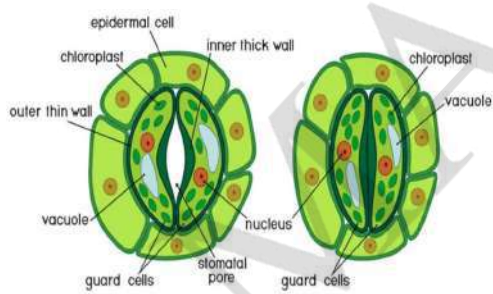
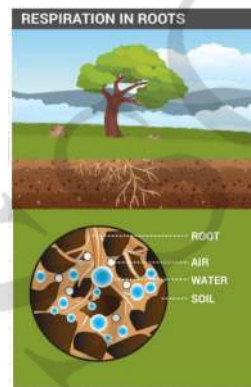
Respiration in Plants

By Roots

- Air occurs in soil interspaces
- Root hairs as well as Epiblema cells of the young roots are in contact with them
- Oxygen from the soil air diffuses through root

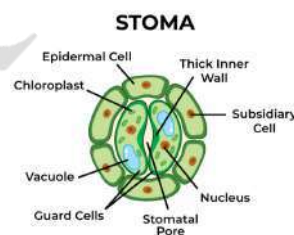
By Leaves

- Leaves and young stems are suited to quick exchange of gases
- Stems are covered by impermeable Epidermis to prevent loss of water
- Epidermis of leaves contain Pores called STOMATA, bordered by Guard Cells

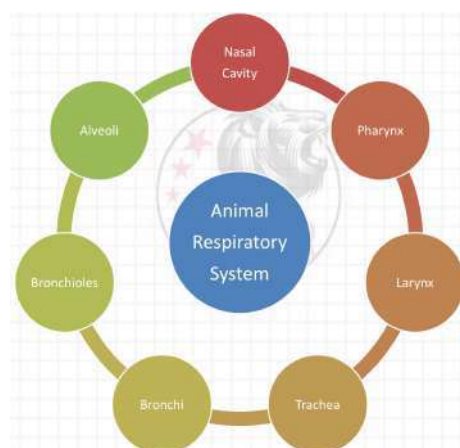


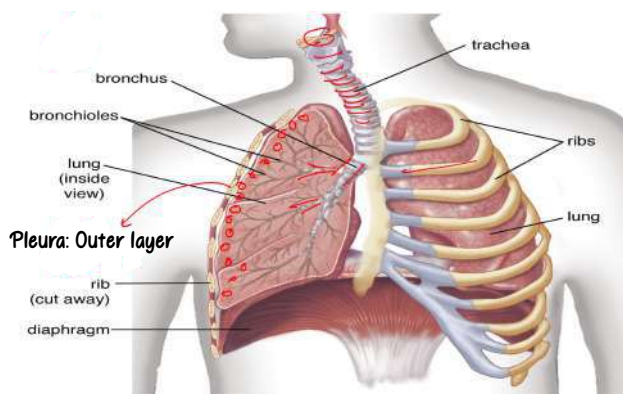
stoma open

stoma closed

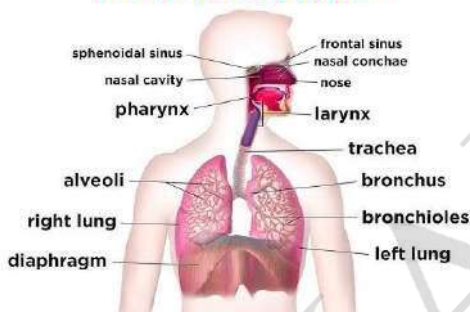


Respiration in Animals





The Respiratory System



• **Epiglottis:** It protects our airway and prevents food and liquid from entering our lungs while we swallow

Mechanism of Respiration

Inhalation

Nose

Hair: Traps the dust particles present in the inhaled air by allowing only filtered air to enter the body

Mucus: Moistens the air and traps dust particles and kills the bacteria

Pharynx

Common passage for food and air

Larynx

It is also known as voice box (Adam's Apple)

Trachea

It is surrounded by rings of cartilage so that the trachea does not collapse during inhalation

Inhale

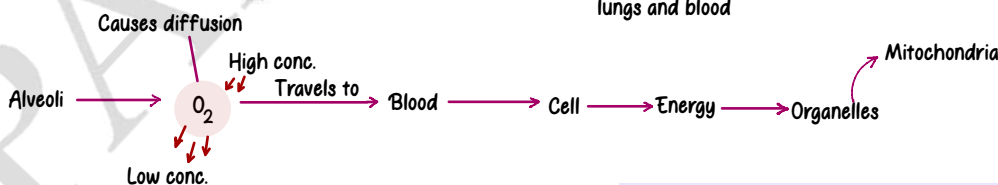
- During inhalation, lungs expand or inflate
- Rib cage → Up
- Diaphragm → Down
- N_2 : 78%
- O_2 : 21%
- CO_2 : 0.036%

Exhale

- During exhalation, the lungs contract
- Rib cage → Down
- Diaphragm → Up
- N_2 : 78%
- O_2 : 16%
- CO_2 : 4.4%

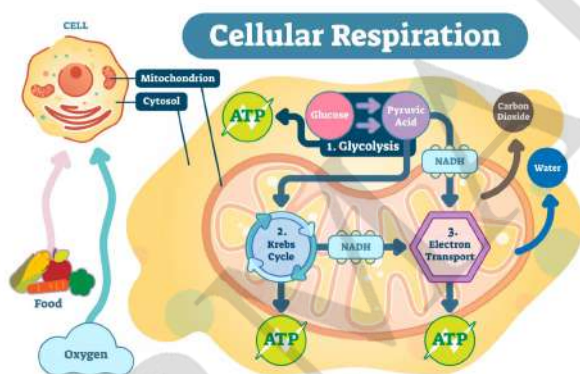
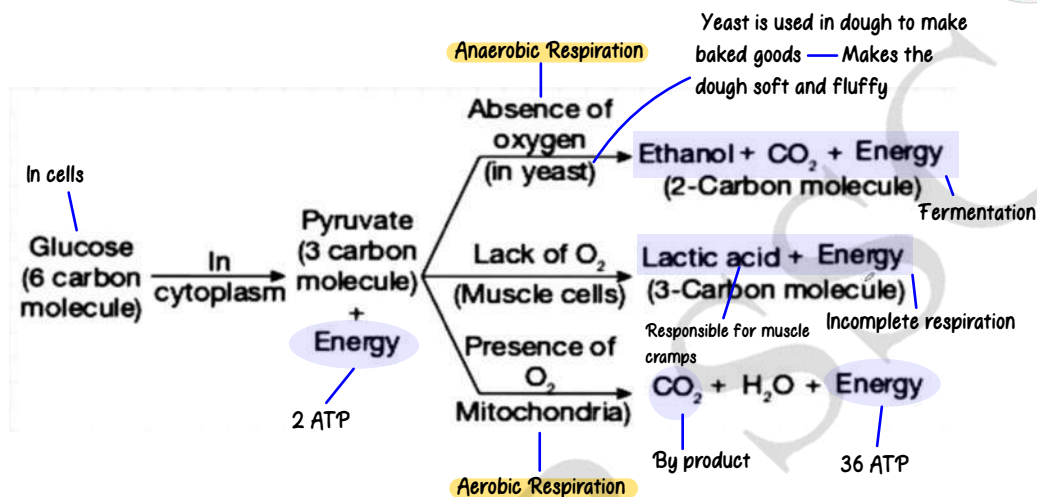
Alveoli

- They are tiny air sacs at the end of the bronchioles
- They allow for exchange of O_2 and CO_2 between the lungs and blood



- Respiration centre is in Medulla Oblongata

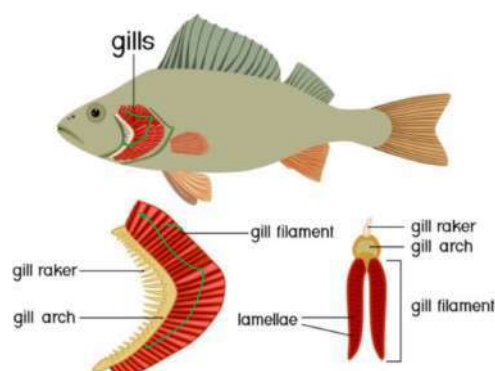
Aerobic Respiration vs Anaerobic Respiration



→ Nicotinamide adenine dinucleotide (NADH) is a coenzyme that plays a vital role in cellular respiration by transporting electrons to the Electron Transport Chain

Respiration in Various Organisms

- Respiration in insects through: Trachea
- Respiration in fish through: Gills
- Respiration in amphibians
 - Frogs
 - Land: Lungs
 - Water: Skin
 - Toads respire through: Gills





CIRCULATION AND EXCRETION



TABLE OF CONTENT

Human Heart ————— 3

Artery
Vein
Systole
Diastole
Aorta
Vena Cava
Pulmonary Artery
Pulmonary Vein
Pulse Rate
Pacemaker

Sphygmomanometer ————— 4

Functions of Heart ————— 4

Double Circulation ————— 4

Some Basic Pointers ————— 4

Blood
Plasma
Lymph
Heart Beat
Sound of Heart ————— 5
Cardiac Output
Electrocardiograph (ECG)

Erythrocytes or Red Blood Cells —5

Structure
Lifespan and Formation
Function

Leukocytes or White Blood Cells —5

Monocytes
Eosinophils
Basophils ————— 6
Lymphocytes
Neutrophils

Platelets or Thrombocytes ————— 6

Lymph ————— 6

Blood Group ————— 7

Discovery
Universal donor
Universal acceptor
Bombay blood Group
Rh factor

Human Excretory System ————— 8

Structure of kidney
Structure of Nephron
Urine Components
Waste products
Dialysis

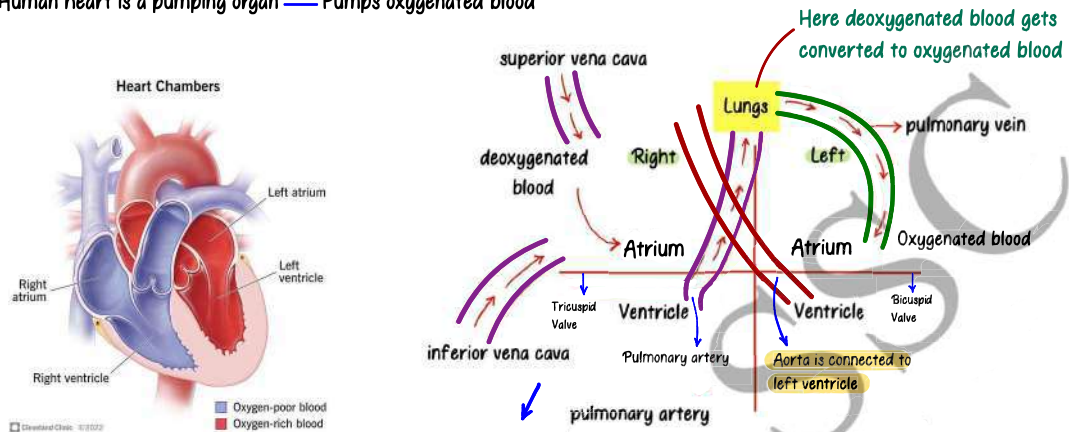
Urea ————— 9

The colour of urine

Kidney Stone

Human Heart

- **Four chambers:** Two (left and right) atria, and two ventricles (left and right)
- Human heart is a pumping organ — Pumps oxygenated blood



This whole process is called **double circulation**

- **Artery:** Carry blood from heart to different body parts
- **Oxygenated blood carried by:** Artery
- **Deoxygenated blood carried by:** Vein

Vena cava comprises of:-

- Superior vena cava
 - Inferior vena cava
- Veins carry deoxygenated blood from different body parts to heart (right atrium)

- **Aorta** is the largest artery
- **Vena cava** (inferior vena cava) is the largest vein
- **Few Exceptions:-**
- **Pulmonary Artery:** Carries deoxygenated blood (right ventricle to lungs)
- **Pulmonary vein:** Carries oxygenated blood (lungs to left atrium)

- **Systole:** The heart contracts and pumps blood out of the body (120 mm of Hg)
- **Diastole:** The heart relaxes and fill with blood to prepare for the next beat (80 mm of Hg)

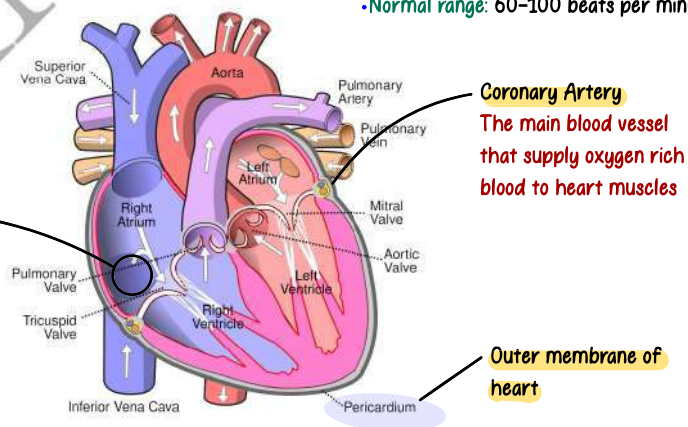
→ A **pacemaker** is a small, battery-powered device that prevents the heart from beating too slowly which is placed inside the heart through surgery

Pulse Rate

- The number of times, your heart beats per minute
- **Normal range:** 60–100 beats per minute

Sinoatrial Node

Acts as heart's pace maker, generating electrical signals that causes heart's upper chamber to contract





Sphygmomanometer: It is used to measure blood pressure



Double Circulation

The passage of same blood twice through heart in order to complete one cycle

Example

- (i) The blood pumped by the right ventricle (deoxygenated blood) is transported through pulmonary artery to lungs where CO_2 is exchanged with O_2 through diffusion and returns back to the heart through pulmonary vein
- (ii) The oxygenated blood from left ventricle is transported through aorta to different body parts (cells and tissues) where O_2 is exchanged with CO_2 through diffusion and then returned back to the heart through vena-cava

Some Basic Pointers

Blood

- A special connective tissue consists of fluid matrix, plasma, and formed elements

Plasma

- The liquid part of blood or lymph, which is straw coloured, viscous fluid, and contains about 90–92% of water and 6–8% proteins

Lymph

- A clear yellowish, slightly alkaline, coagulable fluid, containing white blood cells in a liquid resembling blood plasma

Heart Beat

- The rhythmic contraction and relaxation of the heart, which includes one systole (contraction phase) and one diastole (relaxation phase) of the heart. Heartbeat count of healthy person is 72 times per minute

Sound of Heart

- Lub-Dub
- **Lub:** The sound of mitral and tricuspid valves closing
- **Dub:** The sound of aortic and pulmonary valves closing

Cardiac Output

- The amount of blood pumped by heart per minute is called cardiac or heart output. The value of cardiac output of a normal person is about $72 \times 70 = 5,040$ mL or about 5L/min

Electrocardiograph (ECG)

- ECG machine is used to record electrocardiogram

Erythrocytes or Red Blood Cells

Structure:-

- Red colour, circular, biconcave, denucleated, elastic, lack of cell organelles, like ER, ribosomes, mitochondria, etc.
- $4.5-5.5 \text{ m}^3$ of blood

Lifespan and Formation:-

- Present from birth onwards by bone marrow
- **Life:** 120 days

Function:-

- Transport of O_2 and some amount of CO_2

Leukocytes or White Blood Cells

- $5000-10,000 \text{ m}^3$ of blood

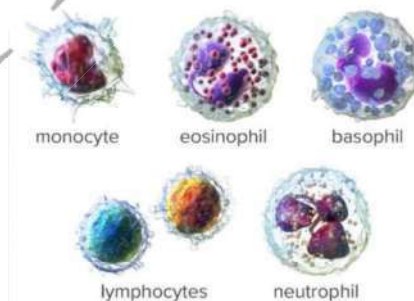
(1) Monocytes

- 2-10%
- Largest of all bean shaped nucleus
- Formed in Bone Marrow having life span of 10-20 hours
- **Function:** Phagocytic, engulf germs

(2) Eosinophils

- 1-6%
- Bilobed nucleus, having granules in cytoplasm
- Found in the bone marrow having lifespan of 4-8 hours in blood
- **Function:** Immunity, non-phagocytic

White Blood Cells



(3) Basophils

- 0-1%
- Three lobed nucleus
- Found in the bone marrow having lifespan of 4-8 hours in blood
- **Function:** Release heparin and histamine

(4) Lymphocytes

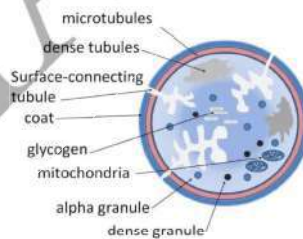
- 20-40%
- Large Rounded nucleus, having Lymph nodes, spleen thymus
- Found in Bone Marrow
- **Life span:** Few days to Months to year
- **Function:** Non-phagocytic
- **Secrete:** Antibodies

(5) Neutrophils

- 40-75%
- Many lobed Nucleus having fine granules
- Found in Bone Marrow
- **life span:** 4-8 hours
- **Function:** Phagocytic, engulf germs

Platelets or Thrombocytes

- 1,50,000-4,50,000 m^{-3} of blood
- Colourless, rounded or oval
- Non Nucleated fragments of cell
- Formed in Bone marrow having life span of a week
- **Function:** Helps in blood clotting

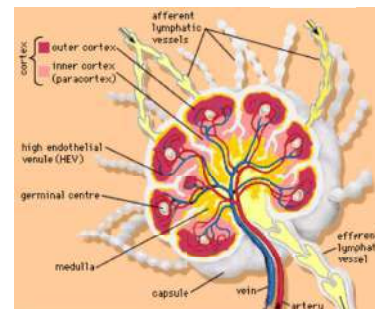


Lymph

- The colourless mobile fluid connective tissue drains into the lymphatic capillaries from the intercellular spaces
- **Composition:** It is composed of fluid matrix, plasma, white blood corpuscles or leukocytes

Functions:-

- It drains excess tissue fluid from extra cellular spaces back into the blood
- It contain lymphocytes and antibodies
- It transport digested fats





Blood Group

- **Discovery:** Karl Landsteiner
- **Universal donor:** O-
- **Universal acceptor:** AB+
- **Bombay Blood Group:** Discovered by Y. M. Bhende (1952)

Rh is derived from the use of blood of rhesus monkeys in the basic test for determining the presence of Rh antigen in human blood

Given B+ blood
A+ B+
can die due to blood coagulation

- Rh factor is a protein on the surface of RBCs
- Rh+ - Protein present
- Rh- - Protein not present

Blood Type Compatibility

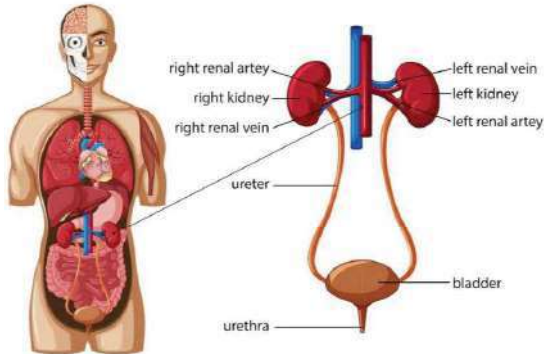
Blood Type	Gives	Receives
A+	A+, AB+	A+, A-, O+, O-
O+	O+, A+, B+, AB+	O+, O-
B+	B+, AB+	B+, B-, O+, O-
AB+	AB+	Everyone
A-	A+, A-, AB+, AB-	A-, O-
O-	Everyone	O-
B-	B+, B-, AB+, AB-	B-, O-
AB-	AB+, AB-	AB-, A-, B-, O-

	Group A	Group B	Group AB	Group O
Red blood cell type				
Antibodies in plasma			None	
Antigens in red blood cell	A antigen	B antigen	A and B antigens	None

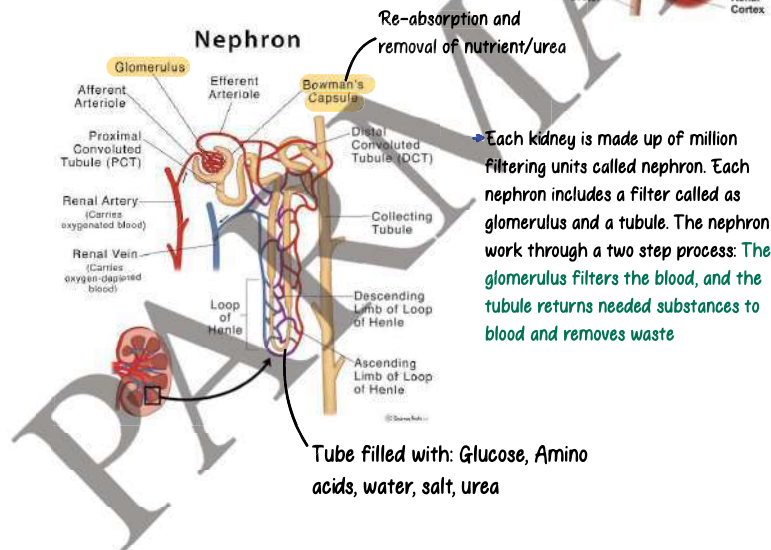
Blood type (or blood group) is determined, in part, by the ABO blood group antigens present on red blood cells.

Human Excretory System

Human Excretory system



- **Nephron:** Basic unit of Kidney
- Millions of nephron present in one kidney
- Nephrons remove waste material from blood
- **Outer layer of kidney:** Renal fascia, Cortex

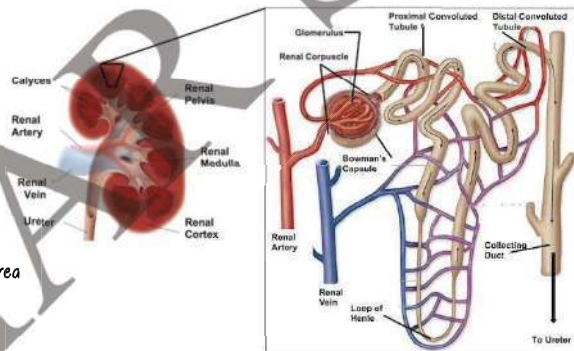


Structure of Kidney

- **Size:** 10–12 cm in length
- **Width:** 5–7 cm in width
- **Thickness:** 2–3 cm thick
- **Average weight of about:** 120–170 g
- **Bean shaped**
- Right kidney is positioned slightly lower in comparison to left kidney (located on dorsal side)

Structure of Nephron

- A nephron consists of Glomerulus, Bowman's Capsule, PCT (Proximal convoluted tubule), JG A (Juxtaglomerular Apparatus) and collecting duct



Urine Components:-

- **Water:** 95%
- **Urea:** 2%
- **pH:** 4.5–5
- **Waste Product:** Ammonia
- Kidney converts ammonia to urea

Dialysis

- **Artificial kidney**
- The procedure involves removal of waste in excess fluid from the blood, when the kidneys are no longer functioning properly, the machine removes blood from body filters it through a dialyzer and returns the clean blood to the body

- **Urea:** NH_2CONH_2 (Synthesised by Friedrich Wohler) from simple inorganic compound NH_4Cl and KCNO



Nitrogenous waste

- **The colour of urine is yellow** — This colour comes from **urochrome/urobilin**, a waste product that comes from breakdown of haemoglobin

- **Kidney stone:** Kidney stones (made of Calcium Oxalate) are hard deposit of minerals and acid salts that stick together in concentrated urine

→ **Main causes:** drinking less than two litres of water, obesity, eating food with too much salt and sugar

- **Bilirubin:** an orange-yellow pigment formed in the liver by breakdown of haemoglobin and excreted in bile
- The colour of solid waste from anus is yellow due to bilirubin

DISEASES



TABLE OF CONTENT	PAGE
Classification of Diseases on basis of Time	3
(1) Acute diseases (2) Chronic diseases	
Communicable and Non-communicable Diseases	3
Pathogens responsible for Diseases	3
Virus vs Bacteria	
Different Viral Shapes	3
Diseases caused by Virus	4
Hepatitis Mumps Flu Common cold Polio	
Cervical cancer Chicken Pox Small Pox Dengue Rabies AIDS	5
Diseases caused by Bacteria	5
Plague Leprosy Cholera	
Bronchitis Tuberculosis Pneumonia Diarrhoea Peptic ulcers Diphtheria Typhoid Acne	6
	7

TABLE OF CONTENT	PAGE
Diseases caused by Fungi	7
Diseases caused by Protozoa	7
Malaria Sleeping Sickness Kala Azar	
Water-borne Diseases	7
Air-borne Diseases	7
Genetic Disorders	7
(1) Chromosomes (a) Autosomal disorders Down syndrome Albanism Haemophilia (b) Sex Turner's syndrome Klinefelter syndrome	
(2) Gene	8
Glaucoma	8
Pandemic Epidemic Endemic	8
Wilson Disease Mad Hatter Disease Siderosis Disease Itai Itai Blue Baby Syndrome	8
Diseases in Plants	8

Classification of Diseases on the Basis of Time

(1) Acute Disease

Diseases that last for short period of time

Eg: Fever, Cold, Cough

(2) Chronic Diseases

Disease that last for a long period of time

Eg: Diabetes, TB (tuberculosis), Elephantiasis

Communicable and Non-communicable Diseases

(1) Communicable Disease

These diseases spread from one person to another

Eg: AIDS, cold, chickenpox, COVID

(2) Non-communicable Disease

These diseases cannot spread from contact

Eg: Diabetes, arthritis, glaucoma, polio

Pathogens Responsible for Diseases

Pathogens: An organism that causes disease in a host

- 1) Virus
- 2) Bacteria
- 3) Protozoa
- 4) Fungus

- In virus, the genetic material is included in a protein envelope known as **Capsid**
- Genetic Material can be made of **RNA** (retrovirus with single stranded RNA) or **DNA** (with double stranded DNA)

Antibiotics work against the formation of cell wall. Viruses are surrounded by a protective protein coating; they don't have cell walls that can be attacked by antibiotics like bacteria does

Examples of Bacteria

Bacteria



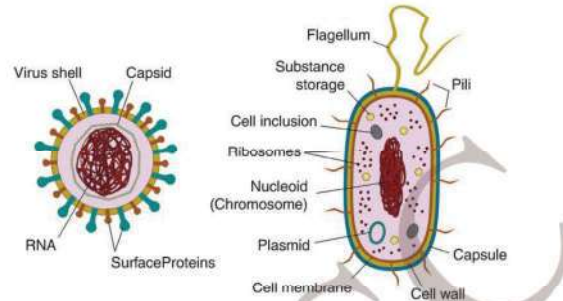
Sphere-shaped
(Coccus)



Rod-shaped
(Bacillus)



Spiral-shaped
(Spirillum)



VIRUS

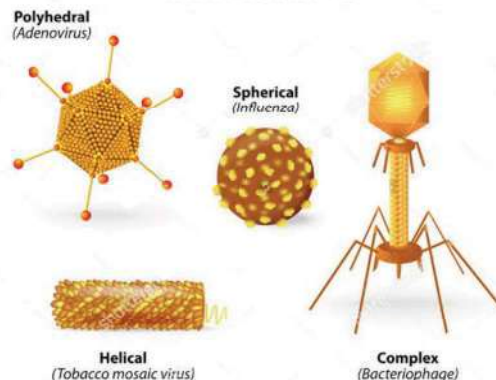
- **Genetic material:** DNA/RNA + Protein
- Non-living entity
- It needs a host cell
- Parasitic in nature
- It cannot be treated with antibiotic
- Smaller (20–400nm)

BACTERIA

- They are prokaryotes, they lack true nucleus and membrane bound organelles. Instead, they have nucleoid and their genetic material is called **Genophore** (bacterial DNA)
- Unicellular and living entity
- Divides on its own
- Parasitic/Saprophytic
- Antibiotics can be used to treat bacterial infections
- Larger (1000nm)

Different Viral Shapes

VIRAL SHAPES

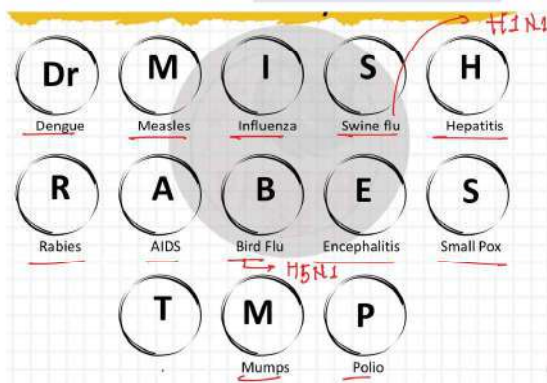


Diseases caused by Virus

- A virus requires a host (parasite) to replicate (becomes living entity later)

TRICK

Swine Flu
Caused by: H1N1 virus (in pigs)
Bird Flu
Caused by: H5N1 (in birds)



Flu

- It is caused due to influenza
- Influenza also known as "evil influence of stars"

Common Cold

- It is caused by Rhinovirus

Polio

- Totally eradicated from India, as declared in 2014
- It affects the nervous system, the nerves in spinal cord or brain stem
- Virus: Poliomyelitis/Polio virus
- 1st polio vaccine was created by: Dr. Jonas Salk
- India launched the Pulse Polio Immunization Programme on October 2, 1995

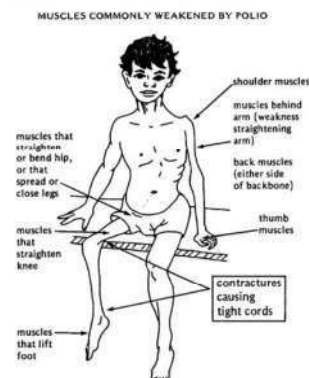
Hepatitis Types: A, B, C

- Affects: Liver
- Symptom: Jaundice (mainly affects liver)
- India's first indigenous Hepatitis-A vaccine: Havisure
- Hepatitis A: Transmission through food
- Hepatitis B: Sexually transmitted through bodily fluids
- Hepatitis C: Transmitted when in contact with infected blood



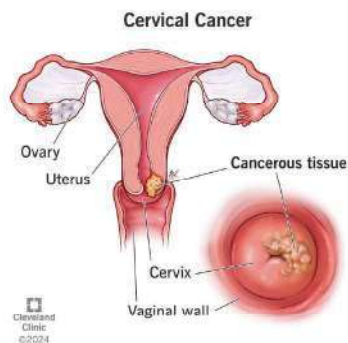
Mumps

- It is a viral disease that affects the parotid salivary glands (cheek and jaw area)



Cervical Cancer

- It affects the cervix region in women
- **Virus:** Human Papillomavirus Causes(HPV) cancer in the cervix
- **Detected through:** Smear Test



Chicken Pox

- **Caused by:** Varicella Zoster Virus

Small Pox

- **Caused by:** Variola Virus
- **Vaccine by:** Edward Jenner (1796)
- **Eradicated from India in:** 1977

Dengue

- **Caused by:** Flavivirus virus (DENV1-4)
- **Carrier of virus:** Aedes Aegypti mosquito (also responsible for Chikungunya)

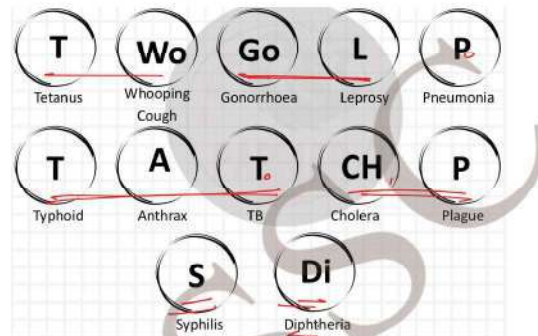
Rabies

- **Caused by:** Lyssavirus
- **Nervous system is affected** — Leads to hydrophobia

AIDS

- **Acquired Immunodeficiency Syndrome**
- **Sexually-transmitted diseases**
- **Virus:** HIV Human Immunodeficiency Virus (retrovirus)
- **Death:** due to weak immune system
- **Method of transmission:** sexual contact, blood transfusions, from mother to baby
- **Test:** ELISA Test (Enzyme-linked Immunosorbent Assay)
- **AIDS DAY:** 1st Dec

Diseases caused by Bacteria

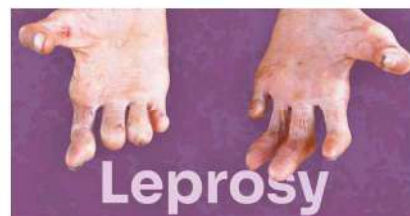


Plague

- **Caused by:** Yersinia pestis
- **Death due to plague known as:** Black Death
- **1897-1906:** 12 Million death in India

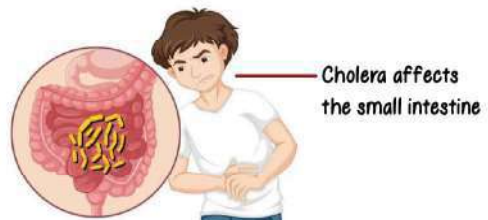
Leprosy

- **Caused by:** Mycobacterium leprae
- **Affects skin**
- Also known as **Hansen's Disease**



Cholera

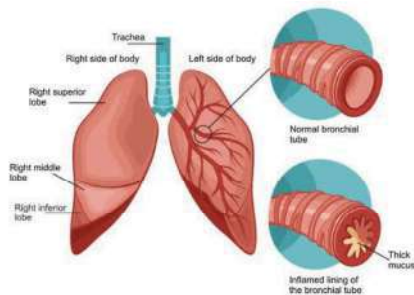
- **Caused by:** Vibrio cholera
- It is a water borne disease
- **Death due to cholera known as:** Blue Death



Bronchitis

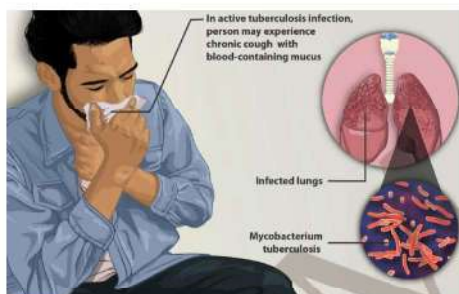
- **Caused by:** *Bordetella pertussis*

BRONCHITIS



Tuberculosis

- **Caused by:** *Mycobacterium tuberculosis*
- **Vaccine against it:** BCG (Bacillus Calmette-Guerin)



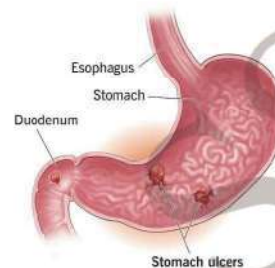
Diarrhoea

- **Caused by:** *E. Coli* (*Escherichia coli*)

Peptic Ulcers

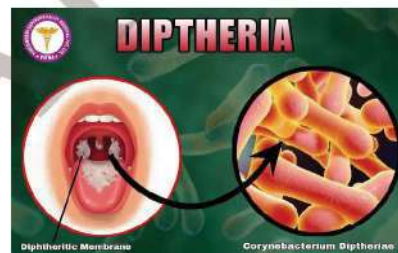
- **Caused by:** *Helicobacter pylori*

Peptic ulcer disease



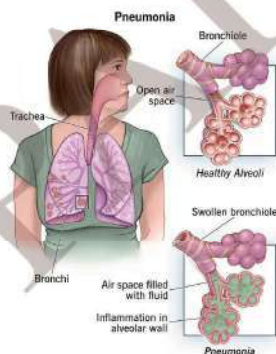
Diphtheria

- **Caused by:** *Corynebacterium diphtheriae*



Pneumonia

- **Caused by:** *Streptococcus pneumoniae*



Typhoid

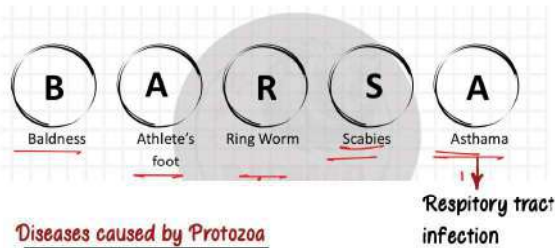
- **Caused by:** *Salmonella typhi*
- **Symptoms:** Fever, headache, body aches, tiredness, rash, delirium and mental confusion
- **Test to detect:** Widal Test



Acne

- **Caused by:** Staphylococcus bacteria

Diseases caused by Fungi



Diseases caused by Protozoa

Malaria

- **Malaria Day:** 25th April
- **Protozoa:** Plasmodium
- **Carrier:** female Anopheles mosquito
- **Treatment:** Quinine (Found in bark of cinchona tree)

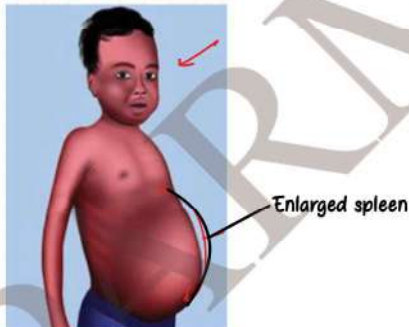
Found in Evergreen forest

Sleeping Sickness

- **Protozoa:** Trypanosoma
- **Carrier:** Tse Tse fly

Kala Azar

- **Protozoa:** Leishmania
- **Carrier:** Sandfly



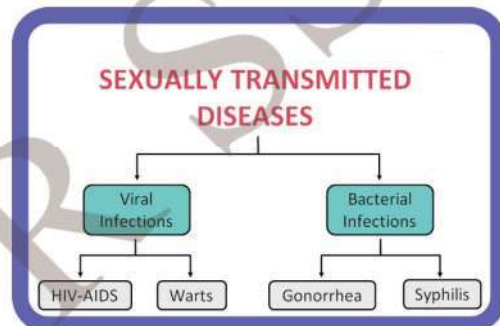
Water-borne Diseases

- Hepatitis A
- Diarrhoea
- Typhoid
- Cholera
- Giardiasis

Air-borne Diseases

- Influenza
- Tuberculosis
- Measles
- Pertussis
- Chickenpox
- Covid-19

Sexually Transmitted Diseases



Genetic Disorders

(1) Chromosomes: Disorders in chromosomes

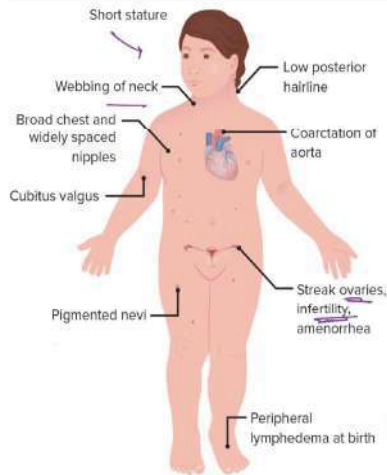
(a) Autosomal Diseases: A genetic disorder that occurs when a gene on a non-sex chromosome is muted

- **Eg: Down's syndrome:** The person has an extra copy of chromosome 21 for a total of 47 chromosomes (also known as Trisomy 21)
- **Albinism:** The body makes little or no melanine
- **Haemophilia**

— Affects the recessive gene located on X chromosome
— It is a rare disorder in which the blood does not clot

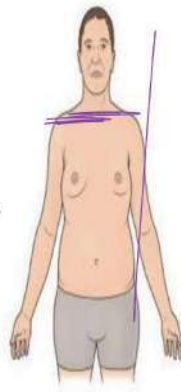
(b) Sex: Disorders that affect the sex chromosomes

- **Eg: Turner's syndrome:** One X chromosome is missing in females (XO)
- **Klinefelter syndrome:** One extra X chromosome is present in males (XXY)



Turner's Syndrome

The signs.



Klinefelter Syndrome

- A taller less muscular body than males there age.
- Broader hips and longer legs.
- Larger breast.
- Weaker bones.
- A lower energy level.
- Smaller penis and testicles
- Delay in puberty or go a parcel amount.
- Less facial, and body hair following puberty.

(2) Gene: Disorders in gene, it is also known as Mendelian Disorders

- Eg: Sickle cell anemia, Thalassemia, Colour blindness

→ Glaucoma: It is a disease that damages the eye's optic nerve leading to vision loss or blindness (usually a genetic disorder)

- There is an increase in eye fluid pressure

↓
Trachoma infection caused by bacteria can be one of the reasons for increase in eye fluid pressure

- Pandemic: Sudden increase in cases across several countries, continents, or the world
- Epidemic: Sudden increase in cases spreading through a large population
- Endemic: The diseases that are constantly present in a population or region with relatively low spread

- Wilson disease: excessive amount of deposition of Cu
- Mad Hatter Disease: due to Mercury poisoning (also responsible for Minamata disease)
- Inhaling iron dust causes Siderosis disease
- Itai Itai: caused due to Cadmium deposition
- Blue baby syndrome: caused due to Nitrate deposition

Diseases in Plants

- Citrus canker: bacteria — Citrus fruits
- Rust of wheat: fungus
- Yellow vein mosaic: virus — affects Tobacco
- Aster Yellow: bacteria
- Crown Gall: bacteria
- Ergot: fungus — Bajra
- Snow mold: fungus
- Black knot: fungus
- Blight: fungus/bacteria

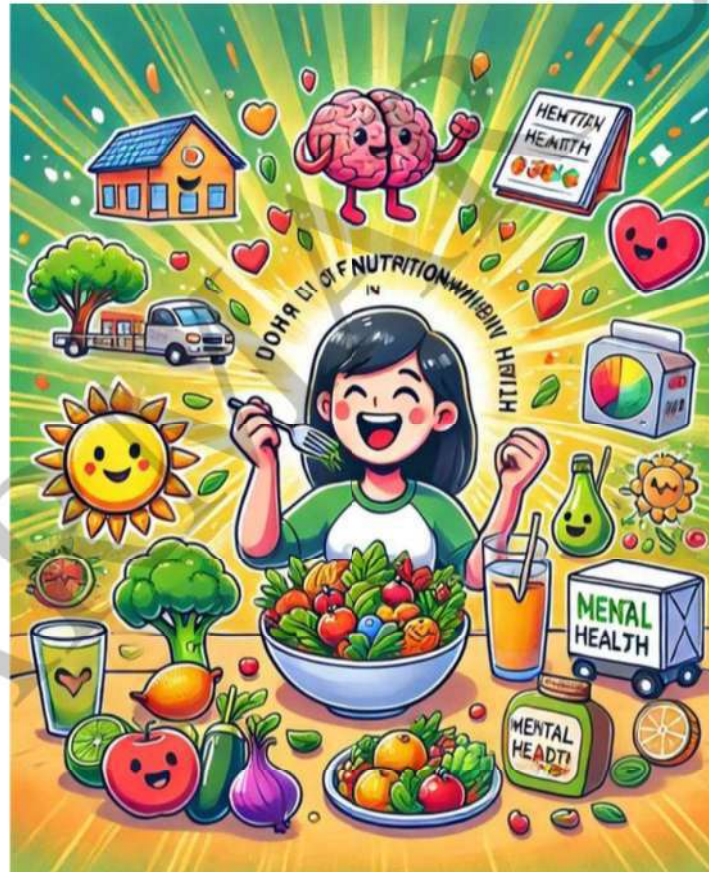




Table of Contents	Page No.
Nutrients in Animals	3
(1) Macronutrients	
(2) Micronutrients	
Carbohydrates	
(1) Monosaccharides	
(2) Complex Carbohydrates	
(a) Disaccharides	
(b) Polysaccharides	
Fats	
(1) Saturated fats	
(2) Unsaturated fats	
Trans fat	
Proteins	4
Amino Acids	4
Types	
(1) Essential Amino Acids	
(2) Non-Essential Amino Acids	
Kwashiorkor	
Marasmus	
Vitamin on basis of Solubility	5
(1) Water Soluble Vitamins	
(2) Fat Soluble Vitamins	
Vitamins and Chemical Names	
Vitamins and Deficiency	
Sources of Vitamins	6
Osteoporosis	
Osteomalacia	
Minerals	6
Nutrition in Plants	7
Mode of Nutrition	
Autotrophic	
Heterotrophic	
(a) Saprophytic	
(b) Parasitic	
(c) Holozoic	

Table of Contents	
Photosynthesis	7
Chloroplast	7
Types of reaction in Chloroplast	
(a) Light Dependent	
(b) Light Independent (Calvin Cycle)	
Macronutrients and Micronutrients in plants	8
Extras	8

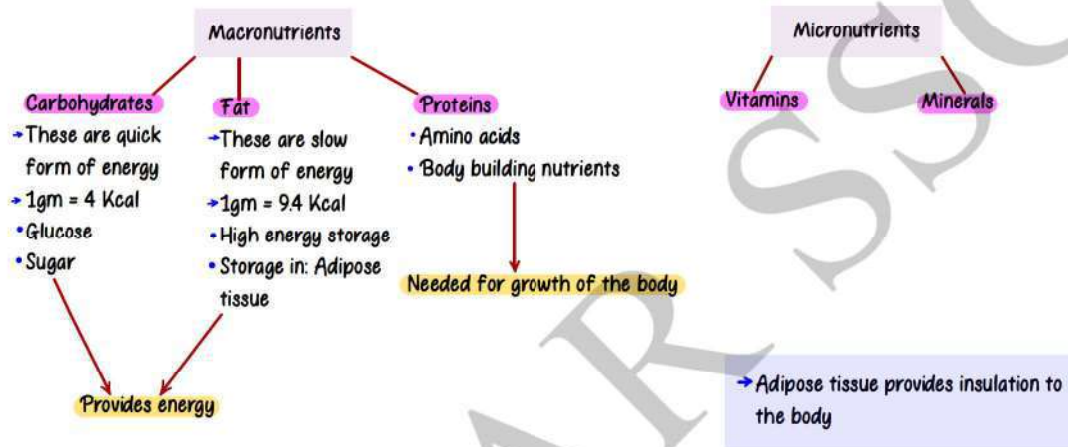


Nutrition in Animals

Nutrients divided into two categories:-

- (1) **Macronutrients**: They are needed in large quantities
- (2) **Micronutrients**: They are needed in small quantities

→ 1912: Casimir Funk, coined the term "Vitamin"



Carbohydrates/Sugar

Types:-

(1) **Monosaccharides**: they are made of one molecule of sugar

- Glucose
- Fructose (present in fruits/honey)
- Galactose

(2) **Complex Carbohydrates**

(a) **Disaccharides**: they are made of two molecules of sugar

- Sucrose
- Maltose (it is grain sugar, found in grains)
- Lactose (it is milk sugar, found in milk)

(b) **Polysaccharides**: they are made of two or more molecules of sugar

- Glycogen
- Starch
- Cellulose

Fats

Types:-

(1) **Saturated fats**

- They are not easily digested as the molecules are tightly packed together
- Have higher melting point
- Found in red meat, pork

(2) **Unsaturated fats**

- They are easily digested
- Healthier
- Found in vegetable oil, nuts, and seeds

→ **Trans fat**: it is a type of unsaturated fat that occurs naturally or artificially in food

- Cannot be easily digested
- Eg: Chips

Proteins

- Produced by the breakdown of amino acids (total: 20 amino acids)
- **Requirement:** 0.8 gm/kg of body weight per day
- Present in: egg (albumin), yolk (fats, vitamins, cholesterol), soybeans, pulses, chicken, fish

The white part of an egg turns solid and white when cooked due to the process of protein denaturation

Protein in:-

- Milk: Casein
- Hair/Nail: Keratin
- Rice: Glutelin, Albumin
- Grains: Gluten

Amino Acids

Types:-

(1) Essential Amino Acids

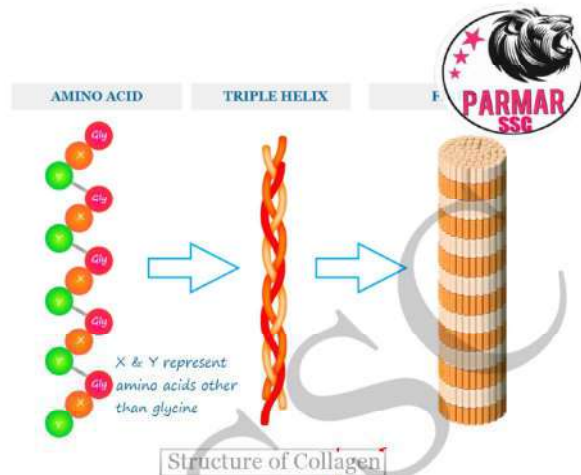
They are not synthesised by our body

- Histidine
- Isoleucine
- Leucine
- Lysine } Important for synthesis of collagen
- Methionine
- Phenylalanine
- Threonine
- Tryptophan
- Valine

(2) Non-Essential Amino Acids

They are synthesised by our body

- Alanine
- Aspartic acid
- Asparagine
- Glutamic acid
- Serine



- Collagen is most abundant protein of our body
- Found in extracellular spaces (skin, bone joints)
- Triple helical structure of collagen discovered by: G. N. Ramachandran
- Vitamin C is important synthesis of collagen

- Deficiency caused due to Proteins: Kwashiorkor
- Marasmus is a severe form of malnutrition that results from a deficiency in protein and other nutrients

KWASHIORKOR VS MARASMUS

- In preschool children (1-5 years of age)
- Due to low protein intake
- Mild growth retardation
- Mild reduction in body weight
- Protruding abdomen and subcutaneous fat reserved
- Ribs not very prominent
- Poor appetite
- Enlarged fatty liver
- Oedema present
- Moonfaced
- Sparse hair
- Flaky paint-like skin
- Lethargic
- Requires adequate amount of protein



Kwashiorkor

- In weakened infants (<1 year old)
- Due to low calorie intake
- Severe growth retardation
- Severe reduction in body weight
- Shrunk abdomen and subcutaneous fat not preserved
- Prominent ribs
- Voracious feeder
- No fatty liver
- Oedema not present
- An old man like face
- No hair changes noted
- Dry and wrinkled skin
- Alert but irritable
- Requires adequate amount of protein, fat and carbohydrate



Marasmus

Vitamins on basis of Solubility

(1) Water Soluble Vitamins

- Vitamin B
- Vitamin C

(2) Fat Soluble Vitamins

- Vitamin A
- Vitamin D
- Vitamin K
- Vitamin E

VITAMIN DEFICIENCY SYMPTOMS

Vitamin	Chemical Name	Symptoms
VITAMIN A (Retinol)	Retinol	• Reduced night vision / Night blindness
VITAMIN B1 (Thiamine)	Thiamine	• Beriberi disease: Memory loss, Paralysis, Confusion, Rapid heart rate
VITAMIN B2 (Riboflavin)	Riboflavin	• Sore throat, Inflamed tongue, Decrease in red blood cell count
VITAMIN B3 (Niacin)	Niacin	• Pellagra: Vomiting, Diarrhea, Headache, Memory loss, Dermatitis
VITAMIN B5 (Pantothenic Acid)	Pantothenic acid	• Deficiencies are rare
VITAMIN B6 (Pyridoxine)	Pyridoxine	• Anemia, Cracks at the corners of the mouth, Confusion
VITAMIN B7 (Biotin)	Biotin	• Deficiencies are rare
VITAMIN B9 (Folate)	Folic acid	• Fatigue, Weakness, Shortness of breath, Congenital neural tube defect (if conceived by a woman with a Folate deficiency)
VITAMIN B12 (Cobalamins)	Cyanocobalamin	• Fatigue, Weakness, Infertility, Dementia, Numbness or tingling
VITAMIN C (Ascorbic Acid)	Ascorbic acid	• Swollen or bleeding gums, Poor wound healing, Easily bruising, Skin rashes
VITAMIN D (Ergocalciferol/Cholecalciferol)	Ergocalciferol: D ₂ , Cholecalciferol: D ₃	• Osteomalacia (bone pain, soft bones), Muscle pain, Weakness, Impaired balance and coordination, Vision damage
VITAMIN E (Tocopherol)	Tocopherol	• Deficiencies are rare in adults, In children: Impaired balance and coordination, Vision damage
VITAMIN K (Phylloquinone)	Phylloquinone	• Impaired blood clotting

Beauty Vitamin as it produces antioxidants

Vitamins	Chemical Name
Vitamin A	Retinol
Vitamin D	Calciferol
Vitamin E	Tocopherol
Vitamin K	Phylloquinone
Vitamin B1	Thiamine
Vitamin B2	Riboflavin
Vitamin B3	Niacin
Vitamin B5	Pantothenic acid
Vitamin B6	Pyridoxine
Vitamin B7	Biotin
Vitamin B9	Folic acid
Vitamin B12	Cyanocobalamin
Vitamin C	Ascorbic acid

Total: 8 (vitamin B)

Ergocalciferol: D₂
Cholecalciferol: D₃

Vitamin D is also known as "Sunshine Vitamin"

Deficiency also causes anti-sterility

Hemorrhagic disease of newborn

Vitamin K facilitates blood clotting

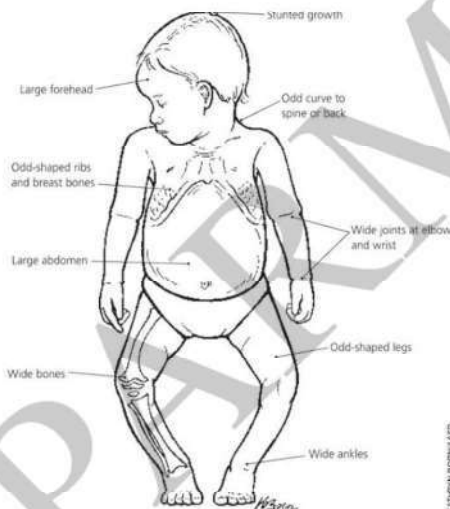
Deficiency causes:
→ Pernicious anaemia

→ Pellagra is a 3D disease

- D: Diphtheria
- D: Dermatitis
- D: Diarrhoea

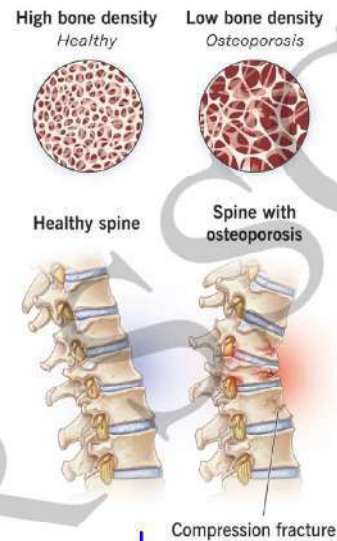
Sources of Vitamins

Vitamin Name	Solubility	Sources
Vitamin-A	Fat	Spinach, carrots, sweet potatoes and red peppers. Yellow fruits, such as mango, papaya and apricots.
Vitamin-B	Water	Meat (especially liver), seafood, poultry, eggs, dairy products, legumes, leafy greens, seeds and fortified foods, such as breakfast cereal and nutritional yeast.
Vitamin-C	Water	Potatoes, green pepper, spinach, lemons, broccoli, strawberries, peas, pears, lime and animal-based sources like pork, chicken, seafood.
Vitamin-D	Fat	Cod liver oil, Salmon, swordfish, Tuna fish, egg yolk, orange juice, and fortified cereals.
Vitamin-E	Fat	Green leafy vegetables, such as kale, spinach, turnip greens, collards, Swiss chard, mustard greens, parsley, romaine, and green leaf lettuce.
Vitamin-K	Fat	Soya bean, cucumbers, asparagus, Apium graveolens dulce, coriander, head lettuce, sauerkraut, kale, brussels sprouts, whole grain, peas.



Deficiency of vitamin D in children causes Rickets

Osteoporosis



→ Deficiency of Vitamin D in adults causes **Osteoporosis**

→ **Osteomalacia**: a condition that causes bones to soften, and is often caused by vitamin D deficiency

Minerals

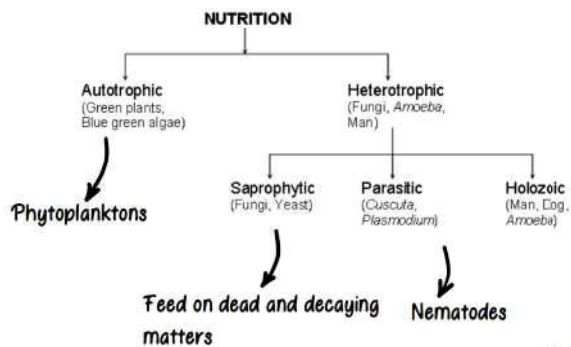
→ **Millets: Jawar, Bajra, Ragi**

Has abundant minerals like:

- **Magnesium**: involved in metabolism, supports bone health
- **Zinc**: important for wound healing, involved in protein synthesis and cell growth
- **Iodine**: essential component of thyroid hormone which regulates metabolism, growth, and development, iodine also impacts brain function and cognitive development

Nutrition in Plants

Mode of Nutrition



→ **Autotrophic:** in this mode of nutrition an organism can produce its own food, using light, water, carbon dioxide, and other chemicals

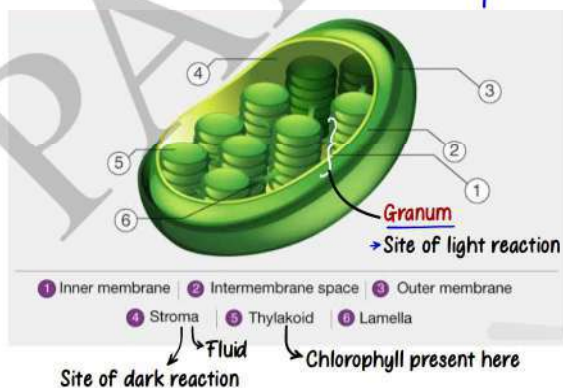
→ **Heterotrophic:** in this mode of nutrition an organism cannot produce its own food, however, takes nutrition from other sources of organic carbon, mainly plant or animal matter

(a) **Saprophytic:** in this, the organism, particularly fungi, obtain nutrients directly from dead organic matter or wastes

(b) **Parasitic:** these plants derive some or all of its nutrition requirements from another living plant (host)

(c) **Holozoic:** it is the type where the organism consume solid or liquid food and break it down internally

Chloroplast



→ Plants make food through photosynthesis.

They require:-

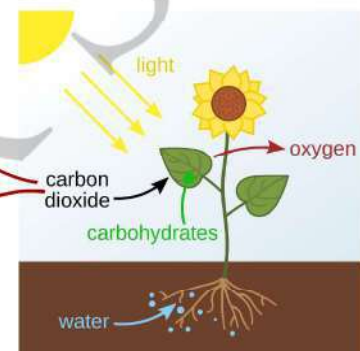
- CO₂
- Water
- Sunlight

Light energy is converted to Chemical energy

Chlorophyll
Chloroplast
Plastids
Cell of a plant

Guard cells regulate the opening and closing of stomatal pores and they respond to changes in CO₂ concentration in leaves

0.036%



Stored in the form of starch

Mesophyll cells are cells that are primary site of photosynthesis

- Chlorophyll makes plant appear green because it absorbs red and blue light from sunlight while reflecting green light

Two types of Reactions in Chloroplast

Light Dependent Reaction

- Light splits water into Hydrogen and Oxygen
- Forms: ATP + NADPH

Light Independent Reaction (Calvin Cycle)

- CO₂ enters through stomata, which will be reduced to C₆H₁₂O₆

Reduced by: ATP + NADPH

Macronutrients and Micronutrients in Plants



NPK used in <u>Urea</u> ↓ → 1828, Friedrich Wohler synthesised Urea → Urea is nitrogen containing fertilizer Urea: $\text{CH}_4\text{N}_2\text{O}$ or NH_2CONH_2		
	Macro	Micro
	N - Nitrogen	Fe- Iron
	P- Phosphorus	Mn - Manganese
	K - Potassium	Cu - Copper
	S - Sulfur	Zn - Zinc
	Ca - Calcium	B - Boron
	Mg - Magnesium	Cl - Chloride
	Carbon, Hydrogen, Oxygen	Mo - Molybdenum

→ Legumes such as lentils do not require fertilisers as their roots have Nitrogen Fixing Bacteria — Rhizobium, Azobacter

Extras:-

- Chlorella (algae) is rich in protein and iron
- Spirulina is a Blue Green Algae
- Starches are made of long chain of glucose
- At least half of the carbon dioxide fixation on earth is carried out by algae through photosynthesis
- Only 1% sunlight is captured by terrestrial plant



HEREDITY AND EVOLUTION

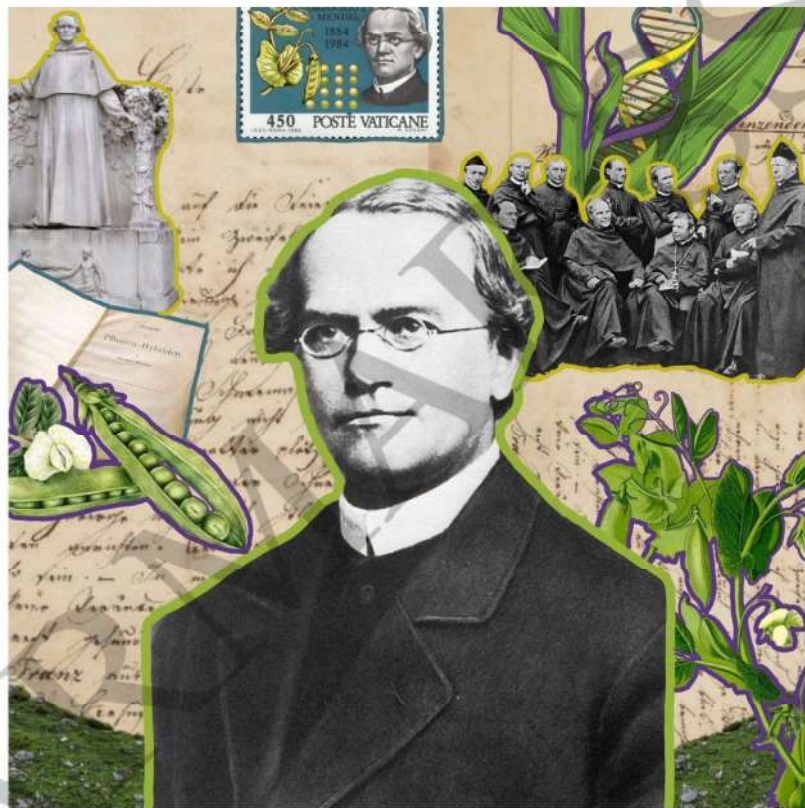


TABLE OF CONTENTS	PAGE
Heredity	3
Variations	3
Types of Traits (1) Acquired Traits (2) Inherited Traits	3
Inheritance of Traits Unit of Heredity	3
Alleles Types (1) Dominant Trait (2) Recessive Trait	3
Father of Inheritance	3
Reasons to choose pea plant	3
Three laws of Inheritance (1) 1st Law: Mendel's Law of Dominance (2) 2nd Law: Mendel's Law of Segregation (3) 3rd Law: Law of Independent Assortment	3
Monohybrid Cross	3
Dihybrid Cross	3
Homologous Organs	4
Analogous Organs	4
Skeletal System (1) Appendicular Skeleton (2) Axial Skeleton Bones in adult human beings Bones and children Total axial bones Total appendicular bones	4
Axial Skeleton Bones Spinal Cord Bones in Rib Cage Bones in Skull Hyoid bone Bones in Ear	4
Appendicular Skeleton Bones in Arm Bones in Hand Bones in Legs Bones in Foot Clavicle Scapula Bones in Pelvis	5

TABLE OF CONTENTS	PAGE
Joints and it's Types (1) Synovial Joint (2) Fibrous Joint (3) Cartilaginous Joint	5
Teeth and it's Structure Incisors Canine Premolars Molars	5
Dental Formula Adults Children	5





What is Heredity?

- The phenomenon of Inheritance from parents to offsprings

Variations

- Variation is differences in the characteristics or traits of individuals of some species

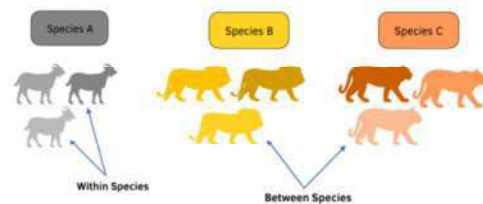


Fig 1. Types of Variation. Variation can occur both within and between species.

- Variation is necessary for survivability
- It is seen more in sexual organisms than asexual organisms (as only a single parent involved in asexual reproduction)

Types of Traits

(1) **Acquired Traits:** Characteristics that develop in an organism during its lifetime as a result of environmental influences rather than genetics

- Eg: Teaching, riding bike, etc.

(2) **Inherited Traits:** Characteristics or quality that is passed down from parents to their offsprings through DNA

- Eg: Eye colour, blood group, etc.

Inheritance of Traits

- It takes place through the transfer of Genetic material from parents to offsprings
- Unit of Heredity: Gene

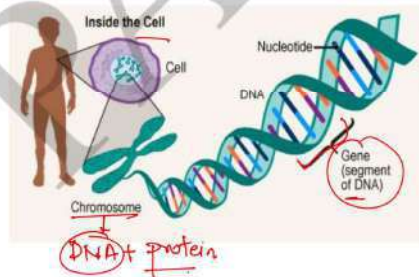
Alleles

- The kind of alternate forms of genes for a particular character are called as alleles

Types:-

(1) **Dominant Traits:** Trait that is expressed out when one or both alleles are dominant

(2) **Recessive Traits:** Trait that is expressed out when both the alleles are recessive



→ **Father of Inheritance:** Gregor Johann Mendel

→ Gregor Johann Mendel conducted experiments of Inheritance traits in Pea Plant (*Pisum sativum*)

Reasons to choose pea plant:-

- It is easier to grow
- It has short life cycle
- It can be self-pollinated or cross-pollinated by hand
- Different traits were easily observable
- Many offsprings of pure pea plant can be easily obtained through self-pollination

Three Laws of Inheritance

→ **1st Law → Mendel's Law of Dominance:** It stated that when parents with contrasting traits are crossed, only the dominant trait will appear in the offsprings

→ **2nd Law → Mendel's Law of Segregation:** It stated that during the formation of gametes, the pairs of gene variants, or alleles are separated from each other

→ **3rd Law → Law of Independent Assortment:** It stated that during gamete formation, alleles of two (or more) different genes get sorted into gametes independently of one another

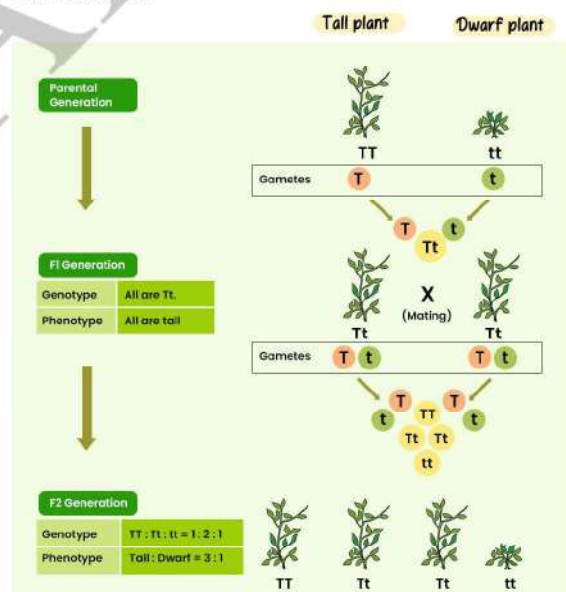
Monohybrid Cross

- A genetic cross between two individuals that differ in a single trait

Eg: A cross between a tall pea plant and a short (dwarf) pea plant

→ **TT:** Dominant trait

→ **tt:** Recessive trait



Dihybrid Cross

- A genetic cross between two heterozygous individuals with two observed traits that are controlled by two distinct genes

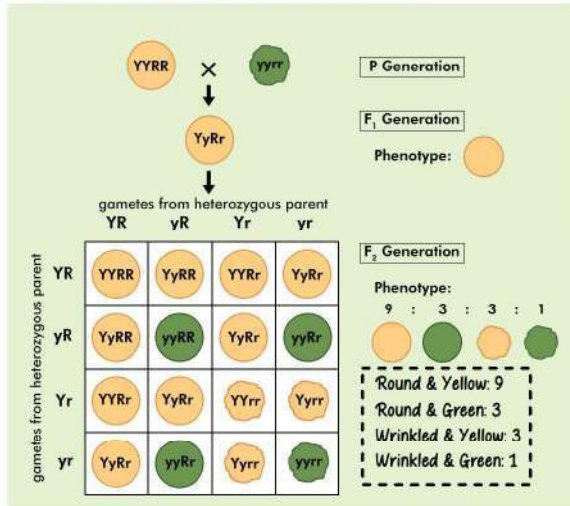
Eg: A cross between round yellow pea plant and wrinkled green pea plant

→ **YYRR:** Dominant trait

→ **yyrr:** Recessive trait

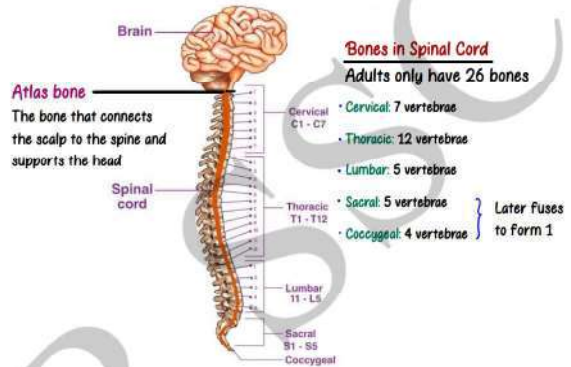


Round & Yellow shape Wrinkled & Green colour



- Bones in adult human beings: 206
- Bones in children: 300
- Total Axial bones: 80
- Total Appendicular bones: 126

AXIAL SKELETON

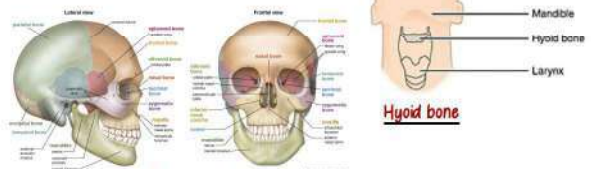
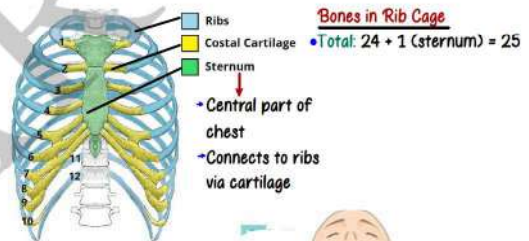
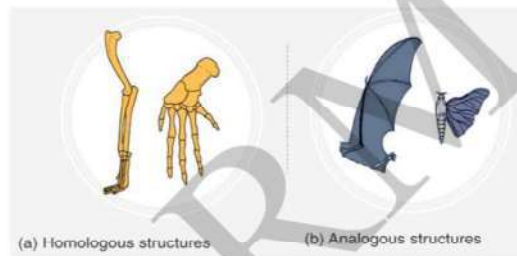


Homologous Organs

- They are organs that have the same structure but different function and are inherited from a common ancestor

Analogous Organs

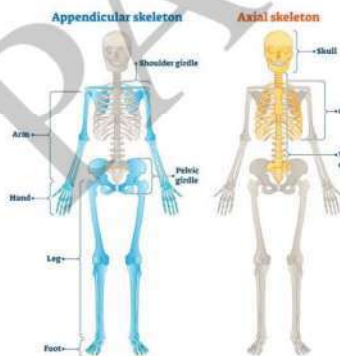
- They are organs of different species that have different anatomical structure but perform similar functions



Bones in Skull

- Total: 22 bones
- Cranial: 8
- Facial: 14

Skeletal System

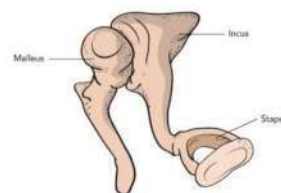


(1) Appendicular Skeleton

- It provides support and leverage for moving the limbs
- Eg: bones in shoulder, pelvis, limbs, etc.

(2) Axial Skeleton

- It protects and supports the heart, lungs, brain, and spinal cord
- Eg: bones in head, neck, back including skeleton etc.



Bones in Ear

- Total: 3 x 2 = 6
- Incus
- Malleus
- Stapes



APPENDICULAR SKELETON



Bones in Arm

- Total: 3
- Radius
- Ulna
- Humerus

$$27 + 3 = 30$$

$$30 \times 2 (\text{arms}) = 60$$

Hand Bones



Bones in Hand

- Total: 27
- Phalanges: 14
- Metacarpals: 5
- Carpals: 8



Bones in Legs

- Total: 4
- Femur (thigh bone): 1
- Patella: 1
- Tibia: 1
- Fibula: 1

$$4 \times 2 = 8$$

Bones in Foot

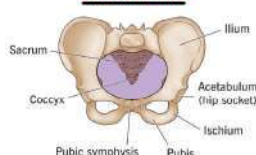
- Total: 26
- Tarsals: 7
- Metatarsals: 5
- Phalanges: 14

$$26 \times 2 = 52$$



- Clavicle: 2
- Scapula: 2

Bones in Pelvis



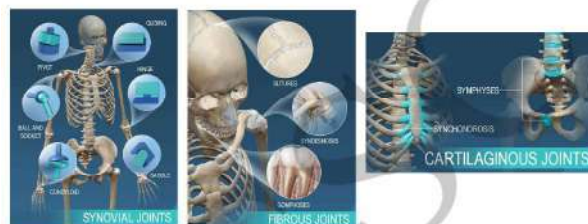
- Total: 2

Joints and it's Types

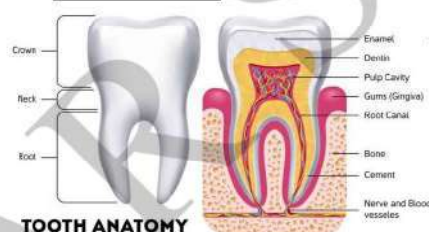
(1) **Synovial Joint:** It a freely movable joint in the body that allows for a wide range of motion

(2) **Fibrous Joint:** A fibrous joint is a fixed joint where bones are connected by collagenous fibrous connective tissue

(3) **Cartilaginous Joint:** Cartilaginous joints allow for more movement than fibrous joints, but less movement than synovial joints

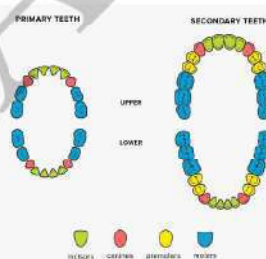


Teeth and it's Structure



→ **Enamel:** Hardest part of the body (made of Calcium phosphate)

TOOTH ANATOMY



Total: 32 (16 in upper jaw + 16 in lower jaw including wisdom teeth)

Incisors

• They are used for biting and cutting of food

• Total: 4

Canine

• They are used for tearing of food

• Total: 2

Premolars

• Used in grinding of food

• Total: 4

Molars

• They are used for chewing and crushing of food

• Total: 6

Dental Formula

$$\frac{2, 1, 2, 3}{2, 1, 2, 3} = \frac{I, C, P, M}{I, C, P, M} \rightarrow (\text{Adults})$$

In children there is no premolars

$$\frac{2, 1, 0, 2}{2, 1, 0, 2} = \frac{I, C, P, M}{I, C, P, M} \rightarrow \text{Total} = 20$$

(Milk teeth)